HEALTH & FITNESS

What exactly is a Chiropodist?

The term chiropody means to treat the foot with one's such as such as heel pain, hands.

Chiropodists and podiatrists are the only health care providers educated exclusively in the assessment, treatment and diagnosis of foot disorders. The difference between the two is that podiatrists receive their training in the U.S.A. and chiropodists in Canada.

Chiropodists treat a wide array of foot problems including:

 inflammatory conditions foot strain, arthritis and athetic injuries,

· bone deformities such as flat feet, bunions and hammer toes,

- · infections,
- disorders of the skin and nails such as warts, corns, callouses, ingrown toenails and athlete's foot,
- symptoms of general diseases such as ulcers and joint
- pediatric foot problems.

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prevention of foot

problems through

the shoe and/or

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SUMMER SESSION BEGINS

Week of June 24 – July 26 AND

Week of July 29 - August 30

WALK FIT CLASSES

Tuesday, Wednesday, Thursday Morning or Evening Classes

LINE DANCE CLASSES Tuesday or Thursday Evenings

PRIVATE BALLROOM CLASSES

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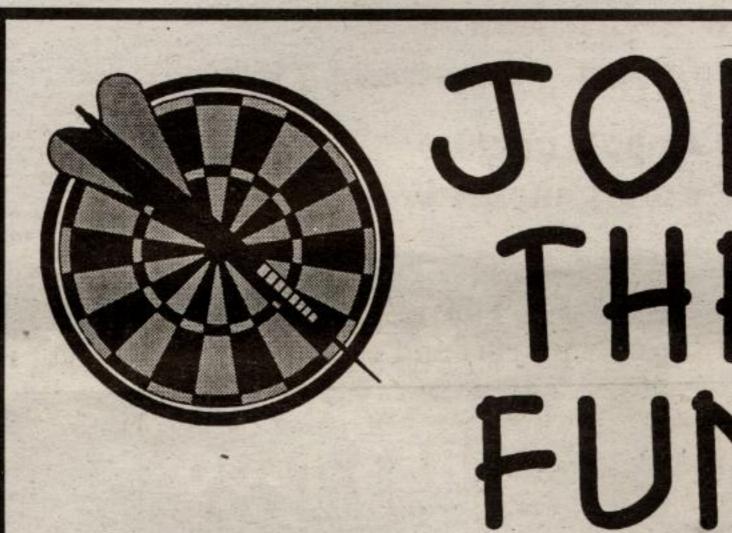
CARE FOR THE GIVER Thursday, June 20th

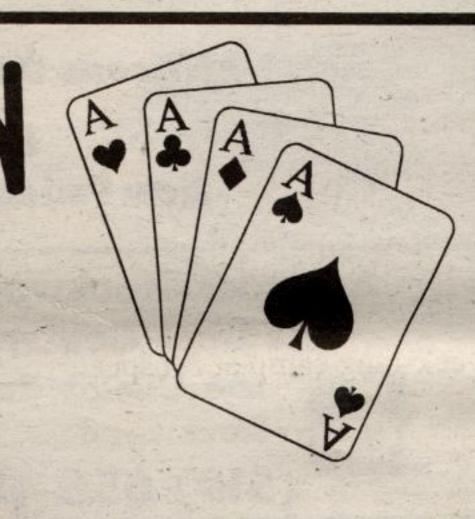
6:30-9:30 pm **Georgetown Seniors' Centre** Workshop for those who are caring

for an aged loved one For more information or to register,

call ASSIC, 853-3310

Halton Health Department, 877-2238





at the

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Activities offered at the Centre: Euchre, Cribbage, Darts, Bingo, Carpet Bowling, Bocce, Walking Club, Horseshoes, Luncheons and Day Trips

We would really like to meet you ... So for more information or a calendar of events, please call or visit the Centre, Mon-Fri, 9 am to 4 pm (except holidays)

Billings Orthotics & Footwear

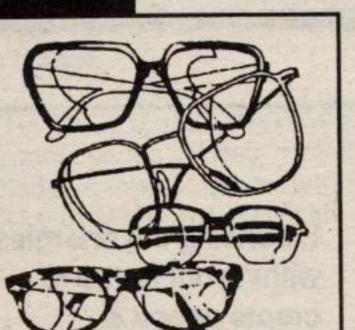
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- · general footcare
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- · flat feet, arch pain
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