

IGA The new way to *save*

**ALLEN'S
JUICES OR
DRINKS**
Assorted Varieties
case of 9 x 3 x
250 mL tetra boxes

5.99
or 3 x
250 mL
tetra
boxes .79

**OUR COMPLIMENTS™
COOKIES**
Assorted Varieties
400 - 450 g bag

1.99

IGA PLU 2618 VALUE .50
**FIVE
ROSES
FLOUR**
All Purpose 10 kg bag
Feature price without
coupon \$8.49

5.99
64313333

**CHEF
BOYARDEE
PASTA**
Assorted Varieties
15 oz. tin

.99

IGA PLU 2619 VALUE .60
**KRAFT
CHEEZ
WHIZ**
Process Cheese Spread,
Regular, Light or Mexican
500 g jar
Feature price without
coupon \$3.59

2.99
44727765

**HABITANT
SOUP**
Assorted Regular
or Pasta Varieties
540 - 796 mL tin

.99

IGA PLU 2620 VALUE 1.00
**BIG "G"
CHEERIOS**
Regular or
Apple Cinnamon
575 g box
Feature price without
coupon \$3.99

2.99
76254693

deli
**MAPLE LEAF
HONEY
HAM**
1 lb.
1.10 100 g

deli

4.99

**IGA
PINK
SALMON**
213 g tin

.99

meat

**BLADE OR
CHUCK SHORT
RIB ROAST**
Cut From Canada
A/AA/AAA Grades Beef,
Semi Boneless
lb.
3.95 kg

1.79

bakeshop
**DEEP DISH
APPLE
PIE**
From our
In-Store Bakery
1 kg

3.99

**PEACHES,
NECTARINES
OR PLUMS**
Product of Chile,
No. 1 Grade
2.18 kg lb.

.99

**SHOPSY'S
WIENERS**
Deli Fresh,
Regular or BBQ
450 g pkg.

1.79

**CHICKEN
BREAST
QUARTERS**
Fresh!
Valu Club Pack
lb.
4.14 kg

1.88

IGA
Prices effective from
Sunday, March 3 until closing
Saturday, March 9, 1996.
We reserve the right to limit quantities.

**NAVEL
ORANGES**
Product of U.S.A.,
Size 72's

12/2.99

**KIWI
FRUIT**
Product of Italy

4/.99