

IGA The new way to **save**

ADMIRAL PINK SALMON

.99

213 g tin

IGA PLU 2707 VALUE .75

FIVE ROSES FLOUR

All Purpose
10 kg bag

Feature price without coupon \$8.74

5.99

64312822

LIMIT ONE BAG PER COUPON. VALID SUN., SEPT. 17 UNTIL CLOSING SAT., SEPT. 23, 1995. N.C.S., BOX 2000, ST. JOHN, N.B. E2L 4L3

IGA PLU 2713 VALUE .70

EGGO WAFFLES

Frozen, Assorted Varieties, Regular or Nutri-Grain
312 g pkg.

Feature price without coupon \$1.89

.99

84762229

LIMIT ONE PKG. PER COUPON. VALID SUN., SEPT. 17 UNTIL CLOSING SAT., SEPT. 23, 1995. N.C.S., BOX 2000, ST. JOHN, N.B. E2L 4L3

PEPSI OR 7UP

Selected Varieties, Regular or Diet

5.99

750 mL ret. btl. plus .40¢ dep. unit cost 8.2¢ per 100 mL

case of 24 x 355 mL tins unit cost 7.0¢ per 100 mL

.69

IGA PLU 2712 VALUE .40

PEEK FREANS BISCUITS

Selected Varieties
400 g bag

Feature price without coupon \$2.89

2.49

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LIMIT ONE BAG PER COUPON. VALID SUN., SEPT. 17 UNTIL CLOSING SAT., SEPT. 23, 1995. N.C.S., BOX 2000, ST. JOHN, N.B. E2L 4L3

IGA PLU 2715 VALUE .90

POST BRAN FLAKES

400 g box

Feature price without coupon \$1.89

.99

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LIMIT ONE BOX PER COUPON. VALID SUN., SEPT. 17 UNTIL CLOSING SAT., SEPT. 23, 1995. N.C.S., BOX 2000, ST. JOHN, N.B. E2L 4L3

LEAN CUISINE ENTREES

Frozen, Assorted Varieties

2.49

226 - 361 g pkg.

deli

PILLER'S POLISH COIL

1.99

lb. .44 100 g

IGA PLU 2708 VALUE .50 + .04 GST

JAVEX BLEACH

Regular Only
3.6 L jug

Feature price without coupon \$1.49

.99

01317998

LIMIT ONE JUG PER COUPON. VALID SUN., SEPT. 17 UNTIL CLOSING SAT., SEPT. 23, 1995. N.C.S., BOX 2000, ST. JOHN, N.B. E2L 4L3

meat

CHICKEN LEG QUARTERS

FRESH!

.69

1.52 kg LB.

bakeshop

OLD FASHION FARMERS BREAD

.99

600 g loaf

P.E.I. POTATOES

Product of Canada, Canada No. 1

.99

4.54 kg/10 LB. Bag

MAPLE LEAF WIENERS

Selected Varieties
450 g pkg.

1.69

BONELESS TOP SIRLOIN ROAST

OR STEAK, Cut From USDA Select Grades Beef

2.99

lb. 6.59 kg

IGA

Prices effective from Sunday, September 17 until closing Saturday, September 23, 1995.

We reserve the right to limit quantities.

SEEDLESS CUCUMBERS

Product of Ontario, Canada No. 1 Greenhouse each

.99

SEEDLESS GRAPES

Red or Green, Product of U.S.A., No.1 Grade,

1.59

lb. 3.51 kg