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New session starts for Rockwood 'Losers'

Rockwood's weight-loss support group – affectionately known as the Lucky Losers – starts a new session Sept. 7 and organizers are eager to attract new participants.

Thursday night, Aug. 31, is Orientation Night. Individuals are invited to drop in to the Eramosa Library meeting room at 5:30 and “see how we help and support one

another with the never-ending struggle of weight loss,” explains group member Dot Polo.

“Come sample our members' favourite recipes,” urges Polo. “This popular night will introduce you to a great bunch of Losers!”

For information contact Polo (856-9441), Jan Osborne (856-4605) or Lois Walker (853-4523).

DINING OUT! WHERE TO EAT TONIGHT:

It has been said that “a good meal makes a man feel more charitable toward the world than any sermon.” At these area restaurants, fine food is like a religion, prepared with care and imagination. Visit all of these featured restaurants – and bon appetit!

Every Day's A Great Day to Visit TimBri!

Soups - Fresh Salads - Pasta & Quiche of the Day
Daily Luncheon Combos



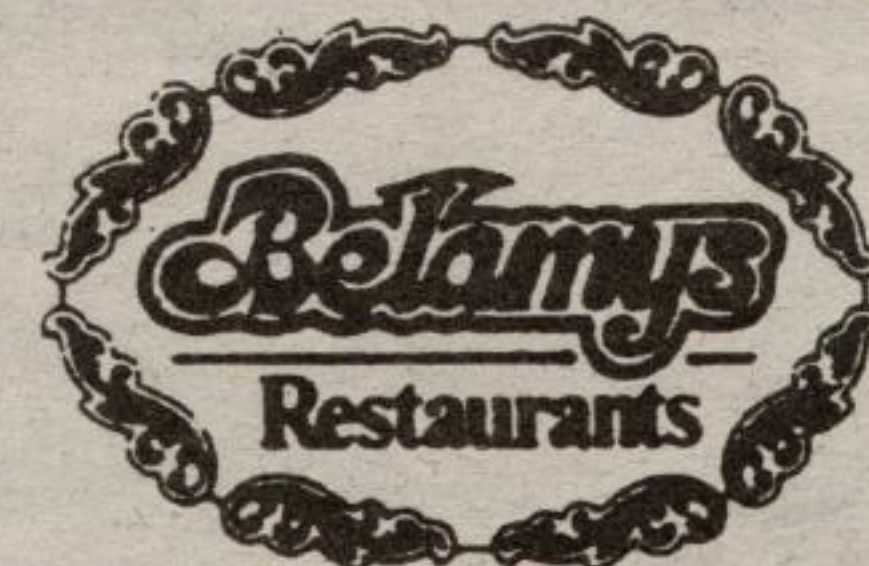
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Andy's

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More Dishes to Choose From



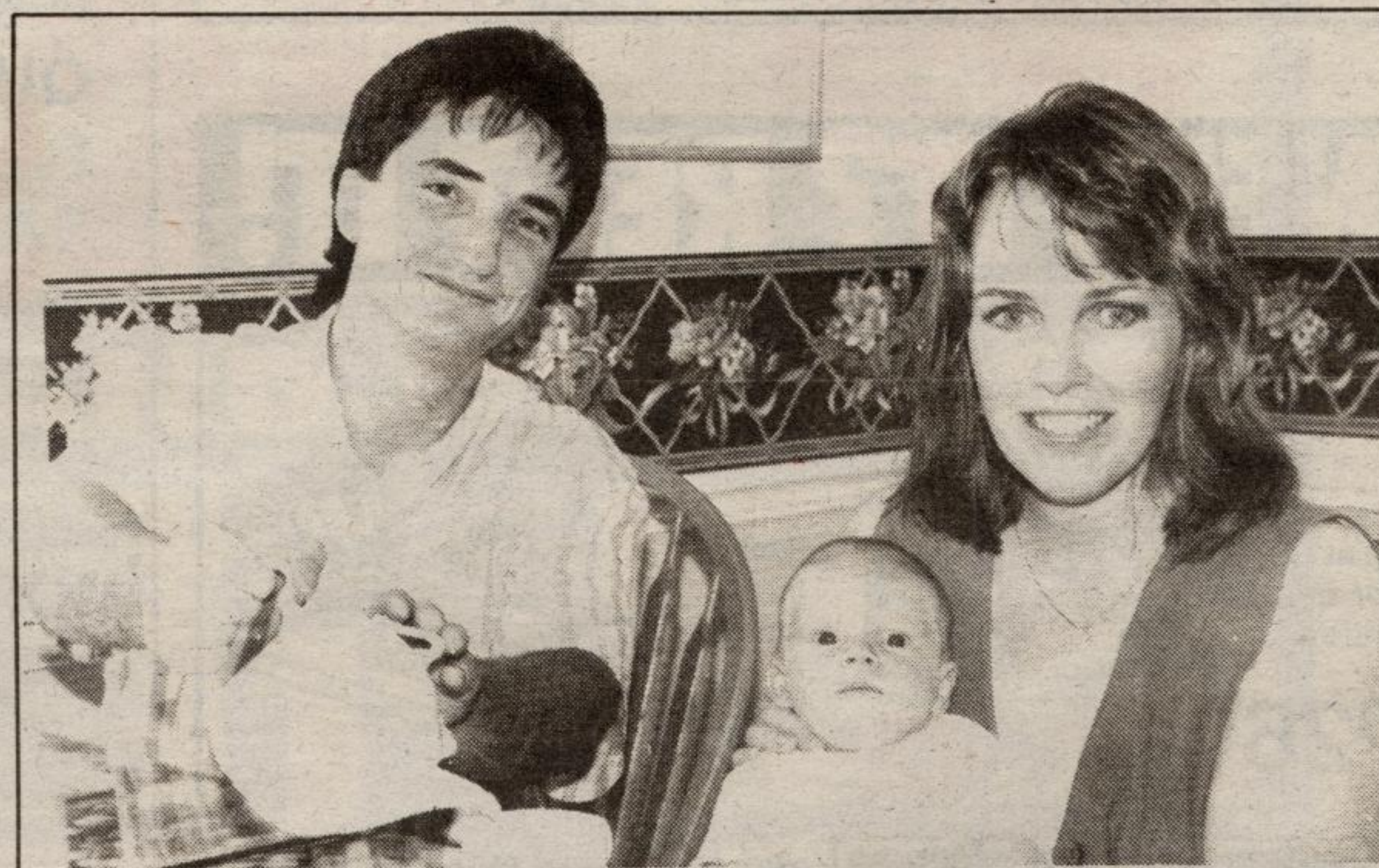
13-15 Mill St. E., Acton 853-0300

— Tim-Bri Teahouse —

Tim and Bridget McElhone opened the popular Tim-Bri Teahouse in July 1992. The house was originally owned by Bridget's grandparents, John and Beatrice Sprowl.

There's something for everyone at Tim-Bri. As well as a light lunch menu featuring good, fast service, there's always a pasta and a quiche of the day. The food at Tim-Bri is innovative and freshly-prepared, from their daily specials to their tempting desserts, to homemade salad dressing. The ice cream take-out is particularly busy on the weekends!

Tim and Bridget invite you to come enjoy the warm, friendly charm of Tim-Bri Teahouse soon!



A COZY CUPPA: Tim, Bridget and baby Brett invite you to enjoy yourself in the comfortable surroundings of the Tim-Bri Teahouse.

The Big Scoop Café

119 Mill Street East, Acton † (519) 853-5066

Soups & Sandwiches

† Daily Soups † Fresh Sandwiches †
† Gourmet Nacho Dips † Chili † Chicken Wings †

From the Grill

† Grilled Lemon Chicken † Home-Made Burgers †
Our Famous “Big Foot” Hotdog † Mexican New York Style Fries

Desserts

† You'll think you're in heaven! †

† We offer a complete line of Ice Cream & Yogurt dishes! †

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Everyone's welcome to come out for lunch or dinner and enjoy the selections off our new menu. We are serving a wide variety of dishes to satisfy everyone's palate including soup, salads, pasta, steaks, chicken, burgers, fajitas, nachos and vegetarian dishes. Open 7 days a week.

Sunday Brunch will be served from
10:30am - 2:00pm

(Reservations required for Sunday Brunch only. Please call 853-0904.)

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