



IGA

COUNTRY & WESTERN DAYS



WHAT A GREAT WAY TO START YOUR SUMMER... WIN YOUR WEIGHT IN STEAKS!!
SEE STORE FOR DETAILS

IGA LEMONADE
Frozen, Clear or Pink
4/1.00
355 mL tins

IGA PLU 2560 VALUE .45 ON 3 TINS
LIBBY'S BEANS
or Pasta Assorted Varieties
398 mL tins
Feature price without coupon \$.64 ea.
.49
each with coupon & purchase of 3 tins
09970188

IGA PLU 2571 VALUE 1.00
KELLOGG'S BRAN FLAKES
475 g box
Feature price without coupon \$1.99
.99
84758952

PARLOUR ICE CREAM
Assorted Flavours, Regular, Light or 1%
2.99
2 L drum

IGA PLU 2568 VALUE .50
PHILADELPHIA PROCESS CREAM CHEESE
Regular or Light
250 g brick pack
Feature price without coupon \$1.89
1.49
44681387

IGA PLU 2569 VALUE .40
KRAFT CHEESE STICKS
All Varieties Except Swiss
227 g pkg.
Feature price without coupon \$2.39
1.99
52409628

ADMIRAL CHUNK LIGHT TUNA
In Water
.79
170 g tin

deli
HONEY HAM
Maple Leaf, or Pepper or Cajun Ham
4.99
lb. 1.10 / 100 g

LAY'S POTATO CHIPS
Assorted Varieties
.99
180 g bag

meat

produce

FRESH! CHICKEN BREASTS
No Backs Attached
BBQ FEATURE
1.79
lb. 3.95 kg

bakeshop
HOMESTYLE WHITE BREAD
or 100% Whole Wheat Bread, Slice Them Thick For Country Style Sandwiches
450 g
.89

LETTUCE
Product of Canada, Canada No. 1
.49
each

SCHNEIDERS WIENERS
Selected Varieties
450 g pkg.
1.79

BEEF BURGERS
Our Compliments™, Regular 4-oz. or Jumbo 6-oz.
7.99
1.36 kg pkg.

IGA
Prices effective from Sunday, July 9 until closing Saturday, July 15, 1995.
We reserve the right to limit quantities.

BLACK PLUMS
Product of U.S.A., No. 1 Grade
1.49
lb. 3.28 kg

HASS AVOCADOES
Product of Mexico
each
.69