

856-9269 Hours: Mon-Thurs 3:30pm-8pm Fri 3:30pm-9pm Sat-Sun 11am-6pm

# WE WANT YOUR TEAM REPORTS! DEADLINE IS SUNDAY NIGHT

DOWNTOWN: FITNESS Son

Special WOMEN \$1450/mth ONLY

Fitness classes, Pool, Hot Tub -Sauna, Life Cycles, Treadmill Steppers, Weight Universal

> 873-9655 11 James St.

Downtown Georgetown



## Hadfield breaks iliac crest, 6 ribs in Japan

BY DOUG HARRISON

The Acton Tanner

Told to stay off his bike for six weeks was too much for Tim Hadfield to digest. Evidently his body agrees.

The Acton cyclist recently returned from a series of five international road races in Japan, where he was one of two riders (Eric Wolhburg the other) representing Canada against 10 other countries.

However, Hadfield failed to cross the finish in the fourth event after he broke the iliac crest in his lefthip and six ribs in a 65-kilometre race in Nagoya.

With only 10km left in the race, the pack of 10 riders broke and Hadfield, who was near the back, got caught with the shift and fell off his bike onto a concrete parking block.

"I was going really fast and

tentional," states the 1993 Ontario Cycling Association Male Athlete of the Year. "It was intense pain instantly. It was black on my left side from my armpit to my hip."

The 22-year-old spent eight days in hospital, where he was told by a sports doctor to refrain from

exercising and that he couldn't ride for six weeks. Hadfield, who felt he could do more each day following his return home, decided to get a second opinion.

"In the hospital I wasn't thinking if I would ride again, but how long it would be before I got out of

there wasn't much room. It was there and back on the bike. (Last genuinely an accident and not in- Monday) I could hardly touch my

> knees, but the next day I was touching my toes," he says.

Hadfield was told by the second doctor that he could exercise and to stop if it became painful. Two weeks ago, just a little over three weeks from the accident, Hadfield was riding a stationary bike for an hour.

"It's definitely a setback, but I feel I have a good chance to make the Commonwealth Games (set for mid-August in Victoria, B.C.)," says an upbeat Hadfield. "I never felt it would take me six weeks to get better. The doctor said it was good that my body was in perfect working condition."

Hadfield says he felt strong in his first three races in Japan, all covering a distance between 140 · wants to be treated," he says. km and 150 km.

Fuji Formula One course. Hadfield broke with a Switzerland rider and had a 50 second lead on the pack for 50 km. Unfortunately, Hadfield was caught with 15 seconds left and didn't place.

"This is the time of year to get in long races, because you're trying to build a base of strength, endurance and speed work before the nationals," explains Hadfield, referring to the Canadian National Track Cycling championships on June 9 and 10 in Calgary.

Nevertheless, Hadfield says the experience on-and-off the track was tremendous.

"The Japanese Cycling Federa-

tion was good at taking care of the riders. They put you on a pedestal as an athlete. It's how everybody

Hadfield headed to Allentown, His first race was on the Mount Pennsylvania on Thursday to join provincial team members for two weeks of short distance, but intense, training on the track.

"I feel very confident," he declares. "I didn't think I would be going until the last week of June."

Hadfield hopes to set the Commonwealth Games qualifying time of four minutes, 49 seconds over 4km. Attaining the mark just weeks after a serious injury would sit well with the Games selection committee in that without the injury, his time could even be better, he says.

Hadfield would like to thank the Acton Rotary Club for their support during his young career.

#### Andy's bats hot in rout over Expos

The Andy's Restaurant Peewee hardball team scored six first-inning runs en route to a 15-4 pasting of the Waterdown Expos at Prospect Park last Wednesday.

Effective pitching by Chris Scully, Adam Ahearn and Joey Thompson was again the key to the Andy's win.

Sandy Chapman opened the game for the locals with a booming triple.

Run-scoring hits by Scully, Ahearn, Joe Field, Paul Kerins and Matt Bodin brought home Ahearn, Kerins, Ronny McCaslin, Wayne Hopkins and Steve Forbes for the early lead.

Andy's upped the lead to 7-0 in the second when Thompson crossed the plate.

The Expos bit into the lead the next inning with four runs.

Acton put the game away in their at-bat with another six-run inning for a 13-4 bulge.

Chapman, Field, McCaslin, Kerins, Forbes and Travis Stewart were cashed in off RBIs by Chapman and Forbes and a pair of RBIs by Scully.

Thompson and Phil Scott ended the Andy's onslaught after scoring in the fourth, courtesy of Bryan Boyko RBIs.

The Expos prevented more Andy's runs with a pretty double play.

However, the visitors couldn't hit the scoreboard themselves as the game ended in the sixth inning with an exciting run-down between second and third base headed by Boyko and Field.

Scully then fanned two batters.



BOYCHUK BLAST: Acton Pharmacy soccer player Steven Boychuk prepares to hoof the ball during an Under-11 match against Acton Vet Clinic last Wednesday at McKenzie-Smith. Boychuk and Co. lost 5-3. (Doug Harrison photo)

### Acton shut out in 6th annual Lions tourney

Acton teams sat 1-2 heading into the playoffs of the Acton Lions Club sixth annual three-pitch softball tourney recently at Pros- bumped by the Elks. pect Park, but couldn't hold on for the title or the consolation win.

The event raised over \$3,000 for such programs as team sponsorship for hardball, hockey, figure skating, Sight First (aid of the blind), Camp Dorset (kidney dialysis camp) Homes for the Deaf, canine vision and donation to the Firefighters Fireworks and Acton High mathematics award.

The tourney featured the following service club teams: the Lions Club, Kinsmen, Optimists, Elks and Newfoundland Clubs from Acton, Georgetown, Milton and Brampton.

The Georgetown Elks captured the championship for the third straight year, while the Eden Mills Guzzlers edged the Georgetown Newfoundland Club for the consolation crown.

Acton fielded five teams, two of which were Lions sponsored (Lions Club I and the Avengers). The Acton AA's, the Pretenders and the Contenders were assembled from local enthusiasts with the help of Willie Moreland.

While they were knocked out in quarterfinal action, the Avengers and Lions Club I squads were 1-2 heading into the playoffs. However, the Avengers were eliminated in their first playoff game by

the Georgetown Optimists. The Lions Club advanced to the semis, beating Zellers Plus, but were later

"The tournament was a great success again and the Club was very pleased with the sportsmanship, fellowship and fine level of play," says event chair Jim Glatt.

Many local umpires under the direction of Rick Coe donated their time for this charitable event. The Club thanks the umpiring families of Tom Rogerson and Terry Reynolds from Mississauga.

The Acton Lions Club expresses its warmest thanks to those who donated prizes and put forth their efforts for a successful event. They include: Caradon (shower entry system); Rick Pole (CD player); Walt Dixon of Park Lincoln-Mercury (a round of golf for two at Blue Springs); Donair (golf shirt); Claude Morisette (Frenchies Fries); Joe at Acton Welding (fencing); Brad and Jennifer Wells and Karl Killingbeck of Acton Minor Ball; Sterling and Alice Gamester of A & S Trophies and Engraving; Pro Joy (sportswear); M & M Pro Sports; Zellers (a bat); Scanner Drum Service (for the Most Valuable Player and Most Sportsmanlike Player awards); wives and friends of the Club who lent a large hand; and Mayor Russ Miller and the Town of Halton Hills for their continued support.

#### IGA takes 2 from Acton W.

The Acton IGA Girls' Atom softball squad handled Acton W. 28-6 and 19-9 in action at Robert Little and Prospect Park recently.

IGA players continue to play to their capabilities no matter where they're situated in the batting order or in the field.

The locals played in Glen Williams last night (Tuesday).