

AWESOME ATOMS: These five players proudly showed off their hardware at Friday's house league hockey awards night at the Legion. Back row, from left, are Robert Morris (Outstanding Goalie), Joe Thompson (Point Leader) and Matt Hall (Best Defenceman). Front row: Aaron Beck (Most Improved) and Philip Goy (Most Sportsmanlike). (Doug Harrison photo)

Stangs vie for Halton swim title

swim team shattered numerous personal best times at the Acton Indoor Pool on Thursday in preparation for today's (Wednesday) Halton final meet at Lord Elgin High in Burlington.

"It was definitely our best event of the year," said coach Sheila Eccles following the McKenzie-Smith meet.

Stang coaches Eccles, Sonya Burns and Lynn Fountain hope today's meet will be even better.

The Mustang swimmers are: Kristy Allen, Chris Ashley, Eileen Banks, Jennifer Beatty, Becca Behling, Lesley Blakey, Ryan Bowen, Sylvia Bragg-Smith, Jennifer Broatch, Josh Campbell, Tanisha Clark, Lee-Anne Couture, Amanda Cunneyworth, Emma Douglas, Erin Douglas, Phillip Eddolls, Kristen Findley, Kristie Goy, Melissa Goy, Matt Hall, Matt Henderson, Donald Hilton, Christopher Inns, Tricia Johnson, Paige Killick, Tara Kirk, Laura Kobsa, Lucy Langer, Gareth Lichty, Amanda Livermore, Amy Lusty, Kim Lusty, Shawna Manuel, Ron McCaslin, Shamus McGuire, Greg McMillan, Julie McKinlay, Jeff Miller, Missy

The McKenzie-Smith Mustang Moore, Melissa Morrison, Tiffany Pursoo, Jennifer Roberts, Sarah Rosenmeier, Jill Rudy, Chloe Savage, David Schmuki, Todd Schonnop, Matt Snyder, Kelly

Soutiere, Travis Stewart, Shalyn Swan, Adam Telford, Cindy Vanderveen, Brooke Whey, Melissa Williams, Amy Yeatman and Melissa Young.

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Rugby team stressing defence

BY DOUG HARRISON The Acton Tanner

Acton Redmen Junior Boys' rugby coach Dave Boycott is encouraged this year by a strong turnout of 22 players, who want to shed a mediocre label thrown their way by other Halton outfits.

There wasn't a Junior Redmen squad last year, but Boycott mentioned on Friday that he has a nucleus of players who played on the Midget team, which finished with a 3-4 record in 1993.

"Defensively we have lots of potential," he said. "We certainly can compete with Bishop Reding and Milton, but O.T. and Appleby College are traditionally tough.

From his talent pool, which includes 10 rookies, Boycott's key players are scrum half Greg Findley, experienced centre Carlos Scappin and kicker Trevor Malloy.

"Findley's a good scrum half, Carlos played with the North Halton Men's League last year and Malloy is a good kicker," said the pleased 15-year coach.

Boycott feels if his troops work on their ball-handling skills, they will be competitive and fight for a third or fourth place finish.

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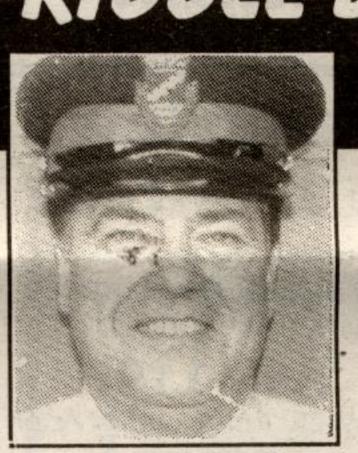
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Rules for the Road

Two weeks ago, I began a list of bicycle safety tips for spring. Since then, we have had a lot of rain and a major snowfall. Despite this, I am optimistic that spring has returned, and it is time to continue my list. Don't forget to post them with your list of pointers from our previous issue.

I will once again emphasize that a bicycle is a vehicle under the Highway Traffic Act, and the driver is required to obey all rules of the road the same as an automobile driver.

6. Bicycle drivers, when making a left turn, shall ensure that such a movement can be made in safety.

7. Bicycle drivers are required to drive on the right hand side as close to the right side as practicable, and not impede the normal flow of traffic.

8. Bicycle drivers must drive with due care and attention when on a highway and have consideration for others using the highway.

9. Bicycles shall be driven with a bell, horn or gong and be kept in good working order.

10. Bicycles shall be driving the same direction as motor vehicles on a one way street, which means obeying all road signs.

11. Bicycle drivers must not drive an unsafe bicycle on the highway.

More to come!



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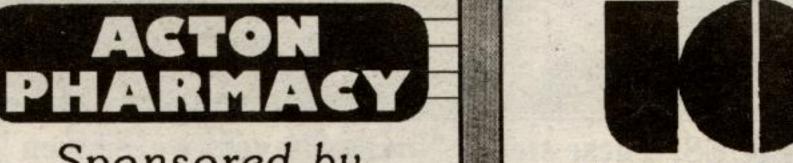
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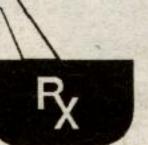
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