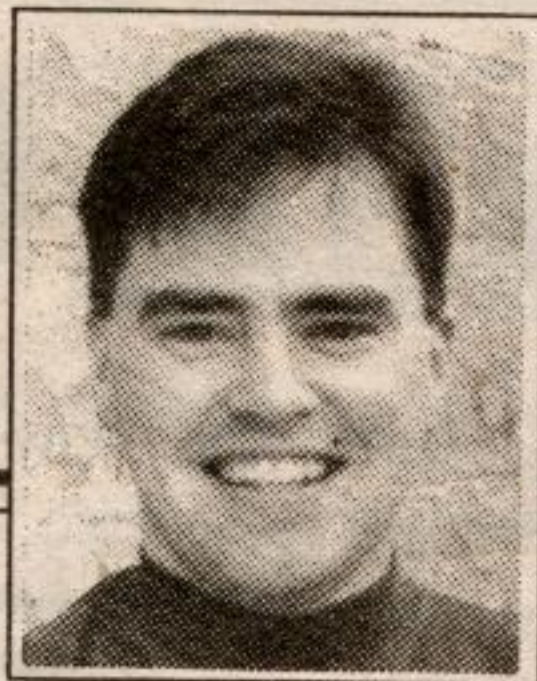


EDITORIAL

With Paul Nolan



Wise up and slow down

I spent lots of time on the highways over the holidays (didn't we all?) and right now I'd like to toss my car keys into a snow bank and forget about driving until the spring thaw.

Area roads have been covered with snow and ice since Christmas Eve and there have been serious accidents too, but many reckless drivers still are paying no heed to the wretched weather.

It's one of the challenges of a Canadian winter: Getting home safe and sound despite those out-of-control drivers who think Black Ice is the newest high-octane beer from Molson.

These fearless souls plow through snow and sleet at top speed, late for an appointment, angry about their job or simply relishing the thrill of living on the edge.

You know these people: Check your rear-view mirror — they're so close to your bumper you can't see their headlights ... if they've bothered to turn them on.

Of course, the sad thing is that these silly people often cause accidents in which innocent drivers are hurt or even killed. And that's not fair.

But why do some people insist on handling their auto in an unsafe manner? Why won't they wise up and slow down? We've all heard the reasons:

- "I never lose control of my car. And if I did, my superior skill and coordination will allow me to avoid a serious collision. Didn't you ever see Steve McQueen in Bullitt?"

- "I'm not following all that close. And besides, it's not my fault I've gotten behind a whole line of idiots who are going barely 80 clicks! You know, it's the *slow* drivers who cause all the accidents ..."

- "This car of mine is no cheap Japanese model. This is one serious machine here; because it's made of real steel, it's not likely to fold up too badly in an accident."

- "Look at those huge snow banks along the side of this road. If my car slipped off the road for a second, I'd bounce right back. As if I'd hit a marshmallow!"

You may have noticed a news story in this issue which reports a three-month delay in the introduction of photo radar on our highways. This new method of nabbing speeding drivers has been pushed back to April, when the worst of winter weather will be behind us.

Better late than never, as a bad winter driver is likely a bad spring and summer driver.

By the way, photo radar was introduced last year in New Zealand and there already has been a marked reduction in highway deaths.

Staff here at *The Tanner* are glad to be back after a short break. We hope your holidays were great and we look forward to seeing you each and every week in 1994.

Medicines and you

ASSIC ALERT

Rational use of prescription medicines is your responsibility. It means using medicines only when necessary, making sure that you take your medicine when your doctor decides it is required, and taking it exactly as directed.

Minor aches and pains are nature's signals to us that we have not been taking care of ourselves, getting enough sleep or eating properly. Often simple measures, without using medication, can be taken to correct the problem.

If you see more than one doctor, make sure that each one knows about the medicines you are taking.

Never take large doses of any prescription medicine over a long period of time unless your doctor has told you to do so. Many medicines can be habit-forming and

can lead to dependency.

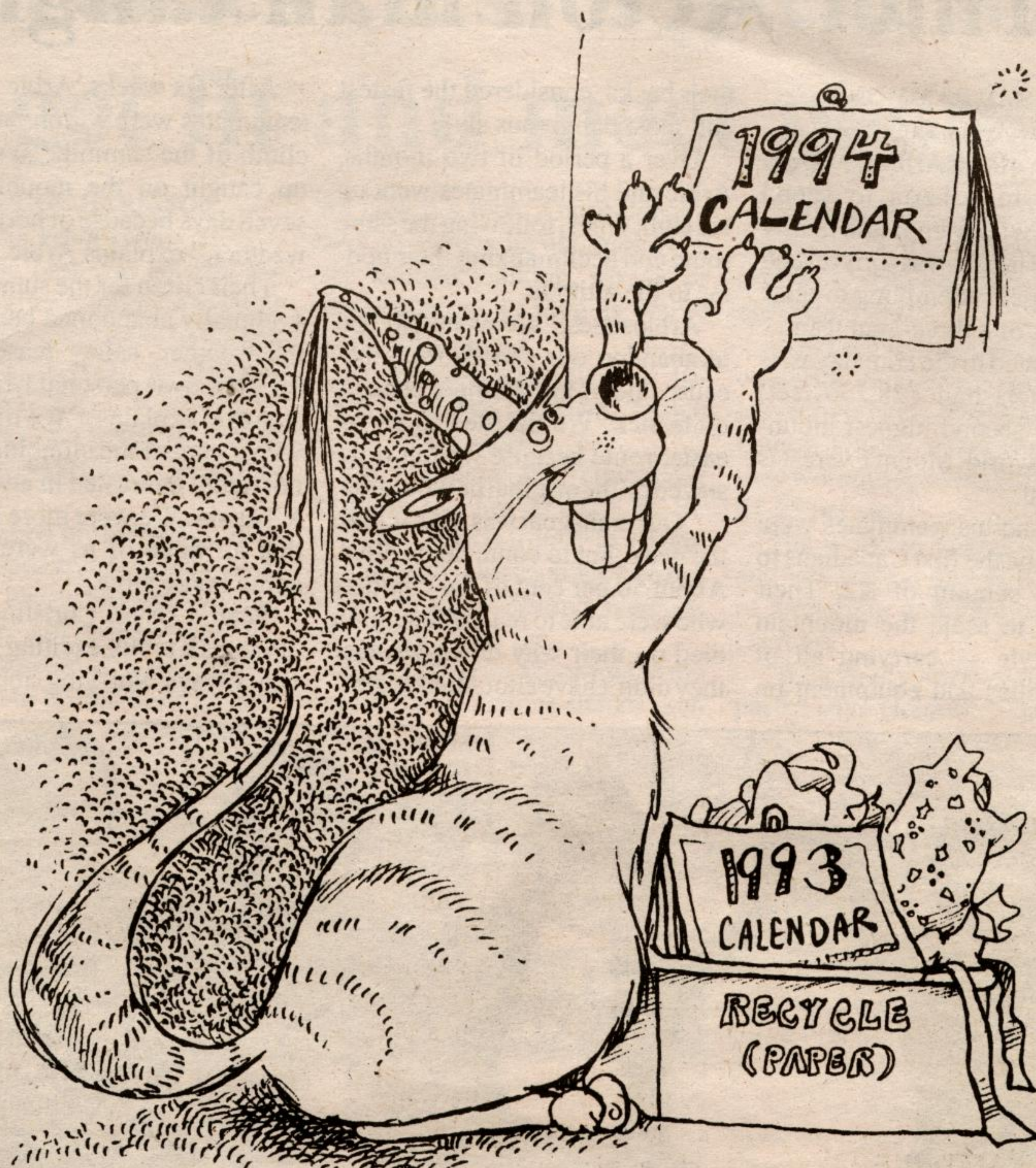
On the other hand, do not stop taking your medicine as soon as the symptoms disappear, unless your doctor approves. To prevent symptoms from recurring, always take medication until it is finished.

Follow your pharmacist's directions for special storage conditions or shaking before use to ensure that each dose retains the full potency required for the duration of your therapy.

The bathroom is not the best place to store medicines. Ideally, they should be kept in a cool, dry place.

Never take medicine in the presence of small children as they will want to follow your example.

For more information, talk to your doctor, pharmacist or call us at 853-3310. We are located at 19 Willow St. N., Acton.



Pauline Suckoff ©
(ACTON TANNER '93)

WHAT'S HAPPENING!

A Weekly Round-Up of Coming Events in Acton & Area

Jan. 15, 16, Saturday, Sunday — 9 am to 4 pm (Saturday), 1 pm to 4 pm (Sunday): CPR course. For more information call Yvon Essiembre at 853-4889.

Jan. 17, 19, 24, 26, Mondays and Wednesdays — 6:30 to 9:30 pm: First Aid course. For more information call Yvon Essiembre at 853-4889.

To Jan. 21, 1994, Monday to Friday — 9 am to 5 pm: "Purely Pastels", the Ontario group of pastel painters are holding their 2nd Annual Open Juried Show at the Oakville Municipal Building, 1225 Trafalgar Road, Oakville. For more information call Ursula Reese, Campbellville, 905-854-0887.

Jan. 23, 1994, Sunday — 1:30 pm to 4 pm: A Robbie Burns Ceilidh at the Guelph Civic Museum, 6 Dublin St. S. Scottish refreshments, Scottish dance and entertainment, kids craft table and activity area. Free admission. For more information call 836-1221.

Jan. 29, 1994, Saturday — 10 am: The Acton Agricultural Society will be holding its annual meeting in the hall of Knox Presbyterian Church, Acton. The meeting will be followed by lunch and the election of officers. New members are welcome.

Jan. 30, 1994, Sunday — 2 pm: The Col. John McCrae Memorial Lecture, at the Guelph Legion Branch, 919 York Road. "The Sharpe End: The Canadian Soldier In Normandy." An exciting lecture given by renowned historian, Profesor Terry Copp. Tickets are \$10. For more information call 836-1221.

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