



HOMETOWN PROUD: Joan Waldie, right, past president of the Acton Horticultural Society and member Wendy Morgan fix up the flower beds on Mill Street recently as part of a Horticultural Society project. (Doug Harrison photo)

Golden Age Club wraps

Just got back from Orillia with 44 "Juvenile Delinquents," or so the sign on the bus read, where we enjoyed a two-hour cruise on Couchiching and at the same time stuffed ourselves with a hot and cold buffet luncheon.

There was chicken, hot potatoes, small carrots and salads galore, followed by apple pie.

We left at 9 am Wednesday morning and when I woke at 6 am I thought "Oh no, it's raining." But we were lucky, with just a little drizzle for about half an hour while we were on the boat and we seemed to stay just ahead of the rain all day.

It was a great day and to everyone's delight when we stopped at

Seniors Scene

With Pat Giguere



McDonald's at Barrie for a coffee break and the use of the necessary rooms, coffee was free to seniors.

Last Wednesday was the last meeting until September for the Acton Golden Age Club and boy, did we ever have a great pot-luck supper. There were over 80 people there and extra tables had to be set up, so you can imagine the spread.

After a short meeting Reverend Andrew Asbil conducted the installation of officers: Pat Giguere, president; Margie Patterson, secretary; and Alice Leech, treasurer.

Continuing to hold office for the next year was Jessie Roden as first vice-president and Maymie Dick as Second Vice-President. We look forward to another good year next year and hope to see many new faces as well as the familiar ones as we start up again at 2 pm on September 7.

Another big day for seniors was the Picnic in the Park on Thursday and it was well-attended with prizes galore. There was a good turnout and once again Bill Riddle making up rules as the game of T-ball went along.

Of course, the men were sure he was favouring the women but what the heck, they outhit us and won by a score of 8 to 5, or was it 6?

But it was a real fun game which we did cut a bit short because it was too darn hot out there on the baseball field.

Let's see now: a meeting of the Seniors' Centre Committee on the 24th, a bowling meeting on the 29th, the Zone 13 picnic on July 7, a day trip with the Milton Seniors on the 13th and the Ontario Senior Games Fun Day on the 14th and then nothing in my date book — gee, maybe I can squeeze in a visit to Kingston to visit my old friends.

My, my, what am I going to do with myself with so much free time until September — guess I'll just laze around.

Help needed at FoodShare

ASSIC ALERT

We recently visited Acton FoodShare and were quite astonished. The shelves were more bare than we have ever seen them. The recipients were being rationed the available goods and were thankful to receive whatever they could.

Acton FoodShare is now looking toward the community for assistance. Do you have extra non-perishable food items? Have you cleaned up your kitchen cupboards recently and found cans of food you will likely never use? Acton FoodShare will pick up your donations, or you can drop them off while FoodShare is still open on Tuesday 9 am to 2 pm and on Thursday 1:30 to 4pm.

There are many drop-off locations around town. These include Acton I.G.A., Foodland, Acton Jug City, Halton Credit Union, Acton Post Office, in addition to ASSIC, 19 Willow St., N. We are open from 8:30 am to 4:30 pm, Monday to Friday.

For more information or for pick-up, call FoodShare at 853-0457. Ask for Loretta.

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Sexual Assault — Date Rape

Sexual assault is any unwanted act of a sexual nature imposed by one person on another without that person's consent. Sexual assault may include kissing, fondling or intercourse.

Until recently people believed that a person was at the greatest risk of being sexually assaulted when walking alone after dark. However, this is a myth as most sexual assault victims are assaulted in a private residence and often in the victim's own home. Further, victims of sexual assault usually know their attackers.

Is sexual assault a problem? Yes it is. Statistics suggest one in four women and one in eight men will be sexually assaulted at some point in their lives. Studies indicate that the majority of people who are assaulted do not report the incident to the police. The reasons for this vary. Many victims fear that they won't be believed, feel ashamed or blame themselves for the incident, fear their attacker may assault them again, or believe that the police can do nothing about it.

Sexual assault is a crime of power, control and violence. If a person says "no" it means "no," not "yes" or "maybe."

In order to prevent these incidents from occurring, we must educate the public. We all must be educated to know what sexual assault is and what we can do about it. In March of this year a pilot project was started in E.C. Drury High School in Milton. An officer attends Grade 11, 12 and O.A.C. home rooms and talks to the students in an effort to increase awareness and educate them in the legal aspects of sexual assault. The program has been well received by the students and staff and will hopefully be expanded into other area high schools in the fall. The true impact of the program may never be known, but if it prevents one person from becoming a victim, it has been a success.

This week's column was submitted by Constable Carol Crowe.

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