



HOW MANY MORE Km? Acton triathlete Greg Woolner tests his endurance in the Teleglobe Triathlon held in Oakville in September. Greg finished fifth overall at that meet and first in his age group.

Nellis ties Hespeler in Hub league action

Acton's Mitchell Moore scored a dramatic goal with just three seconds on the clock to give Nellis Construction Junior Sabres a 2-all tie with Hespeler in Novice I play on Friday at Acton arena.

Hespeler scored first and Nellis's Moore answered with his first goal of the game, assisted by Jason McGuire. The second period went scoreless despite good chances by

both teams. In the third period Hespeler scored and with 11 seconds on the clock, the Acton squad pulled goaltender Jason Strong and Moore scored the evener with help from Ryan Weatherall and Steven Barens.

Nellis's next game is at home tonight (Wednesday) against Guelph. Nellis then travels to Guelph on Saturday.



ACTON HIGH SCHOOL MID-TERM REPORTS

Were Mailed to Parents on
TUESDAY, NOV. 10, 1992

Information regarding Parents' Night
accompanied the subject reports.

PARENTS' NIGHT
has been scheduled for:
THURSDAY, NOV. 19
6:30 TO 8:30 PM

Solitary sport appeals to Acton athlete

BY FRANCES NIBLOCK

Acton's Greg Woolner has come a long way since the day four years ago when he saw an ad for a triathlon in a runner's magazine and decided to try the sport.

Woolner is now one of the top biathletes in Ontario and finished third in the Canadian Championships in September.

What makes Woolner run?

"It's so hard to do. It just feels so good to run and bike the fastest of six or seven hundred men," Woolner said in an interview last Wednesday. "It's a challenge with very simple rules. You run as fast as you can, then you bike as fast as you can and hopefully beat the clock and the course."

Woolner, who said he was not much of an athlete in high school, became interested in biathlons and triathlons after seeing an entry form for a Chicago meet in a friend's magazine. He started training and headed to Chicago, where he fin-

ished 50th in his age group in a triathlon which involved swimming, biking and running.

"A friend and I started training and then entered the Chicago event. Half-way through the race I realized that I could be very good at it and started really working at it, training every day for a couple of hours. I started taking swimming lessons because at that point I wanted to be a triathlete."

Woolner said his late start in the sport hasn't hurt him because what he lacks in the way of lung development, he makes up for with commitment and enthusiasm. "I like the fact that it's just me trying to beat other athletes. I train by myself and don't belong to any track or cycling clubs."

Woolner said after his first event he decided that he wanted to continue. "By the end of 1990, in my age group of men aged 25-29, I was one of the top guys in biathlons. I decided just to concentrate on

biathlons because it would take me years to become a good enough swimmer to be one of the best in a triathlon."

Woolner also intends on turning pro next year, which means he will compete against the best in the field, not just in his age range.

"My best event ever was in September when I finished third overall in the Canadian Championships in Niagara-On-The-Lake. I was the second-fastest Canadian in the race that included a five km. run, a 30 km. bike race and then another five km. run. I beat six or seven other pros and decided that I wanted to compete against the elite professionals," Woolner said.

This past weekend Woolner finished second over-all in the Powerburst Biathlon in Myrtle Beach, South Carolina.

Although top finishers do win big money, Woolner said that's not the lure. "The first-place guy might win \$300. I do it for the love of it."

Three losses for Proplastex Atoms

Acton's Proplastex Atoms dropped three games this week in Hub League action to a very tough Grand Valley squad. Although the teams were very closely matched, Grand Valley had the edge and all three games could have gone either way as shown by the close scores.

Acton dropped Sunday's home

game 3-2 with goals off the sticks of Scott Featherstone and Joe Field. Assists went to Marc Forbes, Brydon Perry and Derrick Inscoc.

The score in Saturday's game was 3-2 and the match featured end-to-end action, great defensive play, fierce checking and excellent goal tending from both sides.

In Thursday's game Grand Valley defeated Proplastex 4-3 in an intense see-saw battle that ended with Acton's first loss of the season. Acton's Marcel Dube found the net twice and Derrick Inscoc had a single marker. Assists went to Marc Forbes, Sam Brunelle and Matt Hebden.

Monmar still searching

Acton Monmar Homes Peevees are still searching for that first elusive win in Hub League play following two losses this week.

On Saturday visiting Monmar missed several scoring opportunities while Stratford bombarded the Acton goal and scored six times. Acton's lone marker was scored by Devon Fraser with help from Philip

McIntyre and Chris Yeatman.

In Tuesday's 4-3 home loss to Arthur the locals played a very strong game but lacked the finishing touch at the net. Acton's Devon Fraser scored twice and captain Derrick McIntyre once with assists from Phil McIntyre, Matt Williams and Chris Brading. Mike Kempton was outstanding in goal for Acton.

Churchill Collision trounces A.T.W. 9-5

Churchill Collision easily defeated Acton Terminal Warehouse 9-5 in Acton Industrial Hockey League play on Sunday at Acton arena.

Churchill's Bart Jacobs led the scoring with a hat trick. Jeff Townsley and Steve Brunelle each scored twice and Ted Saitz and Ron Lesperance each found the net once.

Assists went Gareth Marks, Townsley, Mike Phelan, Brunelle, Lesperance, Jacobs and Mike Chapman.

A.T.W.'s Art Currie found the net twice and single markers went to Neil Starr, Roy Collins and Morgan Vaters. A.T.W. assists went to Vaters, Dennie Swinamer, Phil Shea, Shawn Dryden, Collins and Currie.

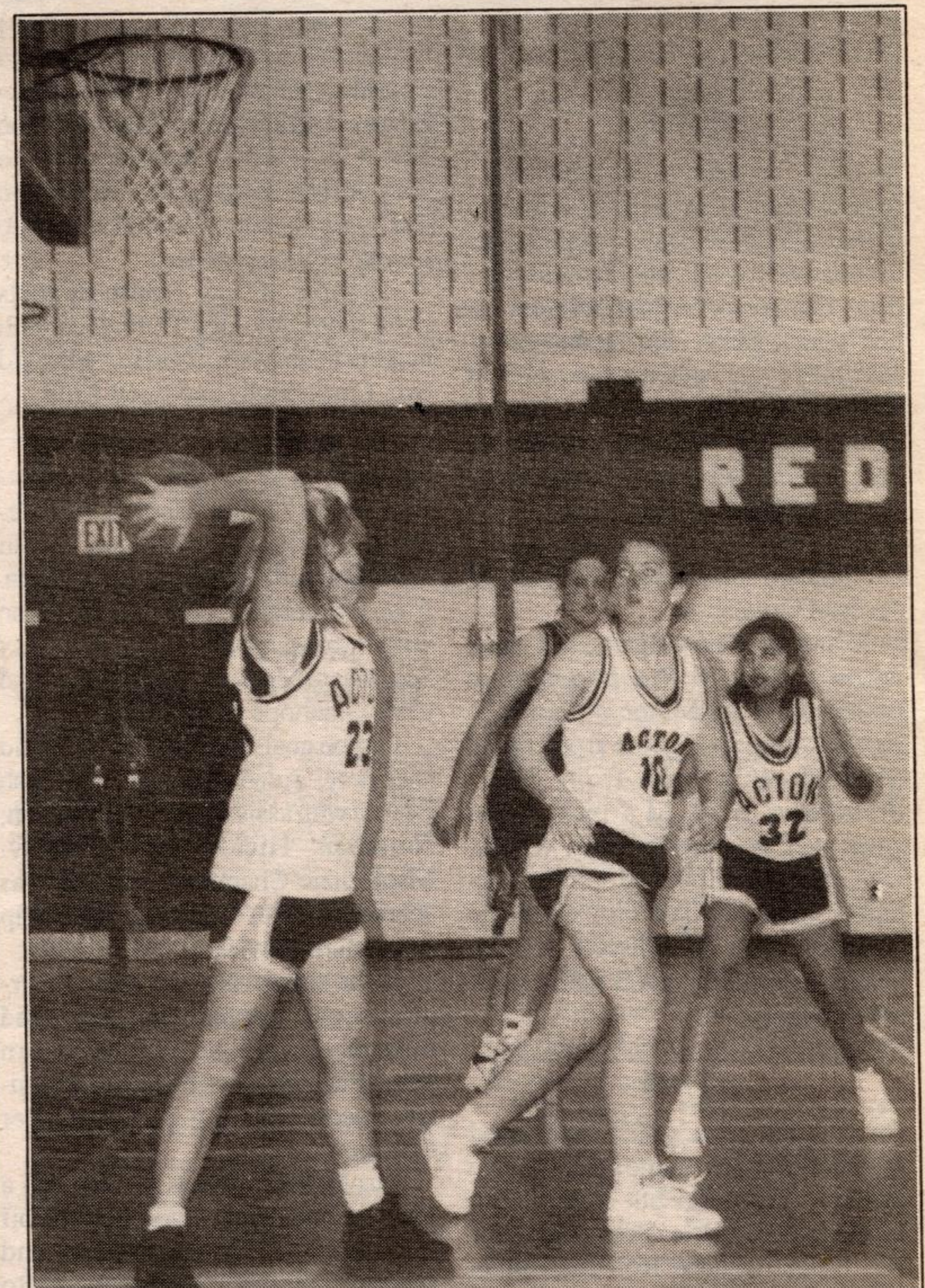
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OUTLET! Shelly Hand (23) looks for an opening to find receivers Krista Keir or Sheila Bapooji in Saturday's Redmen Invitational basketball tournament. (Bruce Andrews photo)