From retiring to volunteering

Retirement is said to be the time when you have finished your prescribed hours of working and you now have time to think back through all the things you would like to have done. Now is the time to do them! The experience of volunteering can add an interesting new dimension to your retirement.

Volunteering is done for a variety of reasons. Senior volunteers cite "personal satisfaction" most often as the reason for pursuing volunteer interests. Other reasons include the opportunity to socialize and the need for one to feel he/she is making a contribution.

Feeling good about what you are doing may also have other significant benefits. Research has proven that performing volunteer work, more than any other activity, drastically increases life expectancy. In fact, it is believed that men who volunteer at least once per week will likely live 2-1/2 times longer than the non-volunteering male.

Of course, taking the initiative to volunteer is something you do on your own. For those who rarely leave home, this task can be monumental. But volunteer work can also be done from your home. The rewards of volunteering are many - new friends, new interests, rekindled interests, improved selfesteem and vitality.

Retirement can be a satisfying reward for your years of toil. You owe it to yourself to make the most of it.

JOHNSON &

ASSOCIATES

877-5165

874-3040



Volunteering may add to your sense of self-fulfillment. Call Acton Social Services and Information Centre at 853-3310 or drop in to ASSIC at 19 Willow St. North, Acton to find out more about volunteering in your community. We can afford you a variety of volunteering in your community. We can offer you a variety of volunteer experiences, the possibilities are endless. (An excerpt from: Good Times Magazine, September

INSTANT **RESERVATIONS**

CANADA 3000

Leading the Way

Return Airfares from:

Vancouver \$339.-Calgary \$269.-Edmonton \$269.-Winnipeg \$199.-Halifax \$199.-St. Johns \$219.-

Add Airport Tax & GST to above prices. Flights operate from Toronto #1 ONT REG # 1120980

ROOS TRAVEL 873-2000

PROVEN PERFORMANCE

Martha Summers'

877-5165 874-3040

833-9714 Erin

873-0655



MARTHA SUMMERS Sales Representative*



NEW PRICE

MOVE IN FOR **CHRISTMAS**

Vendor has relocated. Pretty 2 acres with spacious open concept home. Floor to ceiling stone fireplace, gourmet kitchen, whirlpool n ensuite. There is more than meets the eye!!

93-2-605

SUPER LOT IN GLEN WILLIAMS

Looks can be deceiving - 4 bedrooms, ensuite, hardwood floors, walkout to large deck from eat in kitchen. Mature lot on quiet street all for 93-2-590 \$194,000.



NEW LISTING

nt and spacious with of charm. Private eed lot with inground Greenhouse, sauna and 3+ bedrooms in Terra Cotta.



SPOTLESS IN ACTON

t drive by - come d see this private nced yard with walkout from diningroom. Maintenance free to leave you time to enjoy your family. 93-2-430

LOTS AND LOTS OF LOTS

Views of the fall colours changing in the Niagara Escarpment, watch the horses in the surrounding farms graze, enjoy the easy access to Hwy. 10 or 410 for commuting and the proximity for golf, skiing, riding and tennis. Priced between \$135,000 and \$170,000 - Take your pick of 7 available lots. Vendors will hold some financing.

*10 acres-Erin Driveway is in – sultable for horses, mature trees. \$89,000

*45 acres-Erin – Mixed orchard, bush and farmland, pretty views, paved road. \$189,000



YOU SAID YOU WANTED ...

Privacy - location - water -hardwood bush, but open around the house - quality workmanship - hardwood floors – low maintenance – a fireplace - 2 is even better – a billiard room - a 2 car garage... well here it is, would you like to see it???



LARGE FAMILY POR **COUNTRY LIVING**

47 acres with pond, field and bush. Renovated home with 5 bedrooms, large country kitchen, formal entertaining rooms plus cozy family room with woodstove + 4 car garage. The barn and pool are a bonus.



CALEDON **NEW PRICE**

1868 stone classic with 30 ft. living room with exposed stone interior, floor to ceiling stone fireplace + beamed cathedral ceiling. Log cabin, plus board & batten guest building or office plus pool and barns on 64 prime Caledon acres. 93-2-392



ROCKWOOD MATURITY PRIVACY

ait until you see this d - superb! Character me with vaulted ceilings, hot tub, deck and 4 bedrooms - 2 with ensuites. Quiet mature 93-2-483



YOU'LL THINK YOU'RE DREAMING

But you're not. This house ias everything - well almost - open concept yet cozy, takes advantage of the property and views, guest quarters ~ Please call for the complete list!!



LOCATION LOCATION LOCATION

Great LOCATION, with low maintenance, one level iving, 4+ bedrooms, 17' dining room with fireplace + multi sided living room. A must to see on 20 treed



EXQUISITE RESTORATION

illum with fire. place and slate floors. Main floor family room with fireplace and walkout. Lovely 80 acres with stream, pond, meadow and mature trees.

93-2-332



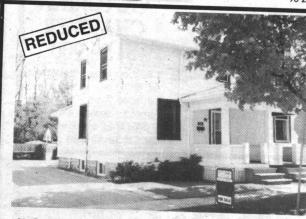
COMMUTING TO TORONTO OR **GUELPH?**

Then look again - 29 private - private acres, paved drive-way with 40x60 outbuilding or shop. Comfortable family home with super sunroom hot tub sauna room over looking your own property. 93-2-347



3+ ACRES ON PAVED ROAD

Bright spacious home with walkouts from both bedrooms, ensuite off master plus walk in closet. Woodstove, sunroom and large country kitchen. \$174,900. 93-2-260



LOW MAINTENANCE IN ACTON

Start here at \$115,000. No condo fees - you enjoy your own yard and pool. Bright and spacious with upgrades including shingles, windows and pool. "HOME OWNER-SHIP MADE EASY"



seeing you there!

Not intended to solicit properties already listed for sale.

From the desk of Marilyn Worrall"...