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Help is available locally for the unemployed

Unemployed and frustrated? Feel like you are alone? Several programs within North Halton are being offered to the unemployed.

Those registered for JobsOntario may register for the following:

In Acton, jobsOntario will be offering a Changes, Challenges and Choices training program. This course will take place Oct. 4 - 8, 12 - 15 and Oct. 18 and is aimed at providing participants with a realistic view of today's job market, the ability to recognize the challenges facing them and how to make the changes appropriate to their situation. Classes run 9 a.m. - 2 p.m. plus one hour of counseling time. Participants will examine the economic and business cycle, deal with



stress and time management, learn communication tools, job marketing skills and assess personal skills.

In Georgetown, jobsOntario is offering a Career Planning course from Oct. 18 - Dec. 24. This course will assist the unemployed in identifying realistic career goals and develop an action plan to attain these goals. Participants will assess and validate personal skills, learn effective time management, examine

values, skills and labor market trends. Participants will also deal with accepting change, overcoming fears, decision-making, resume writing, examining the job market and developing job search skills.

These courses are offered to those who qualify for jobsOntario training. To qualify, you must be receiving social assistance, FBA, be a U.I. exhaustee (your UIC claim has run out), be ineligible for U.I. or receiving workman's compensation. Call the jobsOntario hotline at 878-8113 and ask for extension 7139.

Many other programs are

available to the unemployed. For a complete summary of all that offered in North Halton, call or drop in to Acton Social Services and Information Centre, 19 Willow Street North, Acton, 853-3310. Ask for Lin.

Employment Planning for the 90s, a no fee program starts Monday for four weeks, Monday-Friday, 9 - 3 p.m. Some positions for those receiving social assistance or FBA are still available. Explore careers, aptitudes, interests, and job search strategies. For more information, call Valerie Brooksbank at 873-9210.

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Special training programs

The Town of Halton Hills Recreation and Parks Department is offering three different training opportunities for not-for-profit organizations. The Skills Program for Management Volunteers is a national program designed to "focus on improving the effectiveness of organizations by enhancing the leadership and managerial skills and knowledge of volunteers".

The first workshop is Long and Short Term Planning which looks realistically at what planning can accomplish and helps you determine how well your organization prepares itself for the future. The workshop will lead you through the planning cycle, step by step.

The workshop leader is Shirley Marsden of Etobicoke. Shirley is assistant to Mayor Mel Lastman, Mayor of North York, and is involved in many volunteer organizations, i.e., Canadian Figure Skating Assoc., Big Sister Association and Executive Vice President and Board Member of the Sports Federation of Canada, to name a few.

This workshop is on Oct. 13 at Centennial Middle School, 7 - 10 p.m. Spaces are limited, so please pre-register before this Friday. Call 873-2600, ext. 276 for details.

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