

# Helping seniors is a challenge

By Oksana Buhel

Florence Smith, 10-year resident of Georgetown, has been honored with an appointment to the Halton Region Long Term Care Committee.

The committee, established by the Halton District Health Council, has a mandate of reassessing existing home care, and establishing a centralized network which will enable seniors to phone one telephone number which will provide all necessary information.

Smith is familiar with seniors' needs. The 82-year-old benefited from the services of Home Care and Red Cross when she broke her leg in February 1992 and was stranded at home. Seven months later, Smith broke her hip, and broke it again two months after that. "No more cartwheeling for me," she joked.

Smith does not only take



from the community. Every benefit she has received has been returned multifold. Smith donates a substantial portion of her time to volunteer activities at Georgetown and District Memorial Hospital (GDMH); as a charter member and fund-raiser of the Georgetown Senior Citizen's Recreation Centre Committee and with the Halton Seniors TV. Productions.

Smith was asked to join the

Long Term Care Committee by Eunice McGowan, social worker and project co-ordinator of supporting housing, at GDMH. Fittingly, the long term goal of the committee is to establish supportive housing, considered a compromise between nursing homes and fully independent living.

The two-phased supportive housing proposal has already been submitted to the Ministries of Health and of Housing. The first phase will provide supportive services for the seniors in the eight existing Halton Hills seniors residences.

The second phase entails the construction of a new seniors' housing unit. Support workers will work in the building, for the first time a dining room will be provided, and the home will be open to disabled adults as well as seniors. "This is a new concept in Ontario," boasted McGowan.

"When Eunice asked me if I wanted to join the committee, I answered that I didn't think I could," Smith admitted. "I talked to my family about it and they pushed me to do it - so here I am."

The telephone number and location from where the committee will work has not yet been determined, but Smith added "this will be our first priority." Persons interested in finding out about the committee can call the Halton District Health Council, at (416) 842-2120.

Smith is excited about her future venture. This is my challenge," she said. "I like getting in on the ground floor of things."

## Recreation News

### Fall Fitness Programs

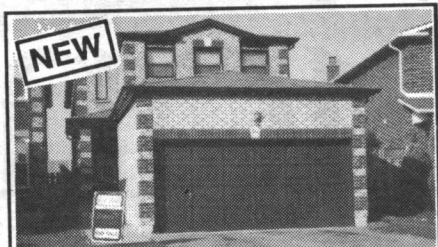
It's time to get into shape! Join one of the many Halton Hills Recreation and Parks Department's fitness programs. There are programs being offered in both Acton and Georgetown areas, for both men and women. Choose any day of the week, Water Exercises, Countdown to Fitness, Dance to Fitness, Stretch and Swim, High Energy-Low Impact and Gentle Fitness. For more information see our new Fall and Winter brochure or call 873-2600, ext. 268.

### Pool Closures

Both the Acton and Georgetown Indoor Pools will be closed for annual maintenance from September 6 to 19, 1993. They will reopen September 20.

### Fall Swimming Lessons

Registrations are still being accepted for Fall swimming lessons. Pick up registrations at the Civic Centre (1 Halton Hills Dr., Georgetown), Acton Arena or use those in the Fall & Winter brochure. For more information call 873-2600, ext. 275.



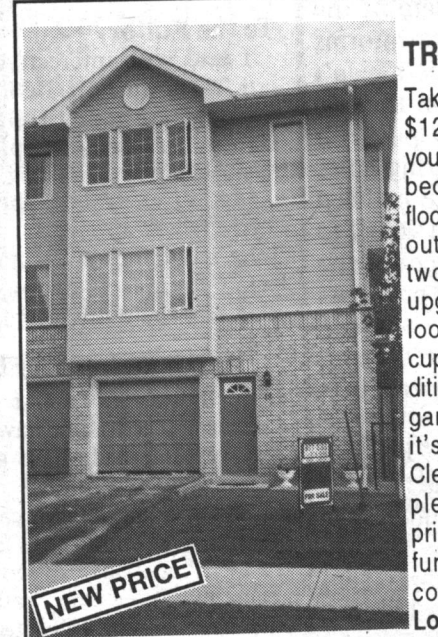
### HEART LAKE - \$204,900

Mrs. Clean lives here. Mint condition 4 bedroom home, thousands spent in upgrades. Sky light over circular oak staircase, ensuite with Roman tub and separate shower stall, main floor family room and laundry room, family sized kitchen with walk out, mirrored closet doors in foyer, neutral decor, large fenced lot, double car garage. You won't be disappointed, show with confidence 10+++ Contact Nick Lorito\* 93-2-495



### GREAT LOCATION

Priced to sell, well maintained 3 bedroom bungalow. Finished recreation room, central air, full fenced yard, deck, in a mature quiet residential area. Walking distance to shopping, schools, etc. For further information regarding this spotless home offered at \$169,900, contact Nick Lorito\* 93-2-470



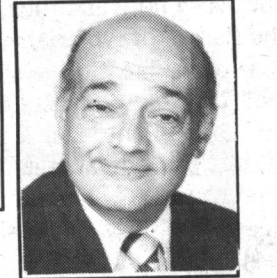
### 877-5165 873-3040

ARTHUR F. JOHNSON & ASSOCIATES LTD., REALTOR \* Sales Rep.

### VENDOR TRANSFERRED

Take a look at what \$122,000 can get you. Two good sized bedrooms + main floor den with walk-out to patio area, two washrooms, upgraded broadloom, oak kitchen cupboards, air conditioning, main floor garage access and it's an end unit. Cleanliness+++ A pleasure to show, priced to sell. For further information contact Nick Lorito\* 93-2-478

For further information regarding either of these properties, call Nick Lorito\*.



Nick Lorito\*  
Dedicated To Service



ANGIE CORMPILAS, Sales Rep.\*  
877-5211



THE AGENT THAT WON'T DISAPPEAR

AFTER THE SIGN IS UP!

RE/MAX SUBURBAN (91) INC.  
360 Guelph St., Georgetown

Allow an award-winning Sales Rep. to help you sell your home  
Your home advertised every week until sold



### ABSOLUTELY BEAUTIFUL \$239,900

Located in Georgetown's Park area on a quiet cul de sac. Extras include, large master with w/i closet and jacuzzi ensuite. Separate dining room with detail to finishes. Oak bright kitchen. Main floor laundry and family room. A must to see... Please call me for a personal showing. RM218-93



### LOOK, SEE, BUY. \$129,900.

Great 3 bedroom home on Ravine lot, features include, new roof, garage, huge new solid oak kitchen, central air, 2 baths, finished basement and more. Call for personal viewing. RM221-93



### GEORGETOWN BUILDING LOT

Ravine property with services on street, level land, 276 feet deep and 98 feet frontage. Asking \$99,000. An Exclusive Listing. Call me personally on this one. RM-NEW



### TRULY GORGEOUS HOME

Upgrades galore & fresh modern decor on a quiet street. Interlock walkways, French doors & ceramics, large bright kitchen with b/i dishwasher & w/o to deck and cozy yard, fin. bsmt., CAC/C Vac, upgraded windows & gas f/p. A 10+++ \$189,800. Call me for personal showing. RM231-93



### STOCKMAN CRESCENT BEAUTY

Mature location, main floor family room, 4 bedrooms and finished basement. Gorgeous inside and out, large yard on quiet crescent. Walk to school. Asking \$207,000. Call for personal showing. RM155-93