

Recreation and Sports

"PROMAR KARATE"
INSTRUCTION FOR
CHILDREN & ADULTS
AT 318 GUELPH ST.
GEORGETOWN
Clubs also available in
Acton & Erin
877-9009

NORTHEND
NISSAN
SALES SERVICE LEASING
HWY. #25 & 401
878-4137 MILTON

RUST CHECK
610 MARTIN ST., MILTON 878-4137

Acton athlete ready to soar

By Mike Zrostek

Starting a sport and in three short years reaching top status isn't heard of everyday, but 18-year-old Acton resident Brent Edwards, has achieved a number one ranking in Canada in the long jump in that short time.

"My goal is to be ranked in the top three in the world, but I would be happy in the top five," said the affable Edwards.

The six-foot, 157-pound Edwards, who was born in Toronto, is ranked number one in Canada in the 19-and-under long jump and fifth in the senior division behind a couple of impressive athletes, Ian James and Canadian decathlete star Michael Smith.

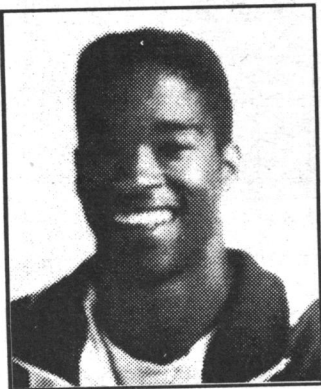
Edwards, will be attending Acton High School this fall after graduating from Cawthra Park in Mississauga, where he lived for 14 years.

Edwards placed second in both long jump and high jump at OFSSA this year and first in his specialty at the Canadian Junior Championships in Sherbrooke, Quebec.

"It was really great (at Sherbrooke) because the competition was tough and that pushes you to do better," he said.

Edwards winning jump was 7.04 metres, but claims he could have done better except the wind threw him off. His best jump of the year was at the Southern Ontario Regionals at McMaster University where Edwards leaped 7.19 metres. James best jump is 7.83 and Smith's is 7.76.

From Sherbrooke,



Brent Edwards

Edwards advanced to Winnipeg for the Pan-Am games, where he finished 12th in the long jump.

"I could have finished better," he maintains, "I just didn't jump that good. It was probably just from a lack of experience, but I wasn't nervous. I jumped really low the first time and couldn't find my marks the second and third times," he said.

Edwards isn't just a one dimensional athlete either.

Last year at Cawthra Park he made the honor roll in basketball, soccer, volleyball and track and field. He was also a Peel All-Star in volleyball and basketball.

Other sports keep him in shape, says Edwards, but his heart and talent are geared to the long jump.

"I train at the University of Toronto with my coach Carl (Georgevski) and it's a really great atmosphere. James is there and the facility is great."

"When I started three years ago, I was jumping 6.14 metres and then I got up to 6.65 metres. Now, I'm consistently jumping 7 metres. In practise I have jumped 7.35-metres." The Canadian record is 7.88-metres, something Edwards

would like to break and thinks he is capable of doing.

In describing his training, he is very articulate and precise about the process. You realize that just being able to jump won't get you to the point Edwards is at.

"There are basically five parts I train for in long jumping. I practice my take-off, speed work, my run up approach, positioning in the air and the landing. This year we'll be working on more detailed parts of long jumping so I'm looking forward to that," he said.

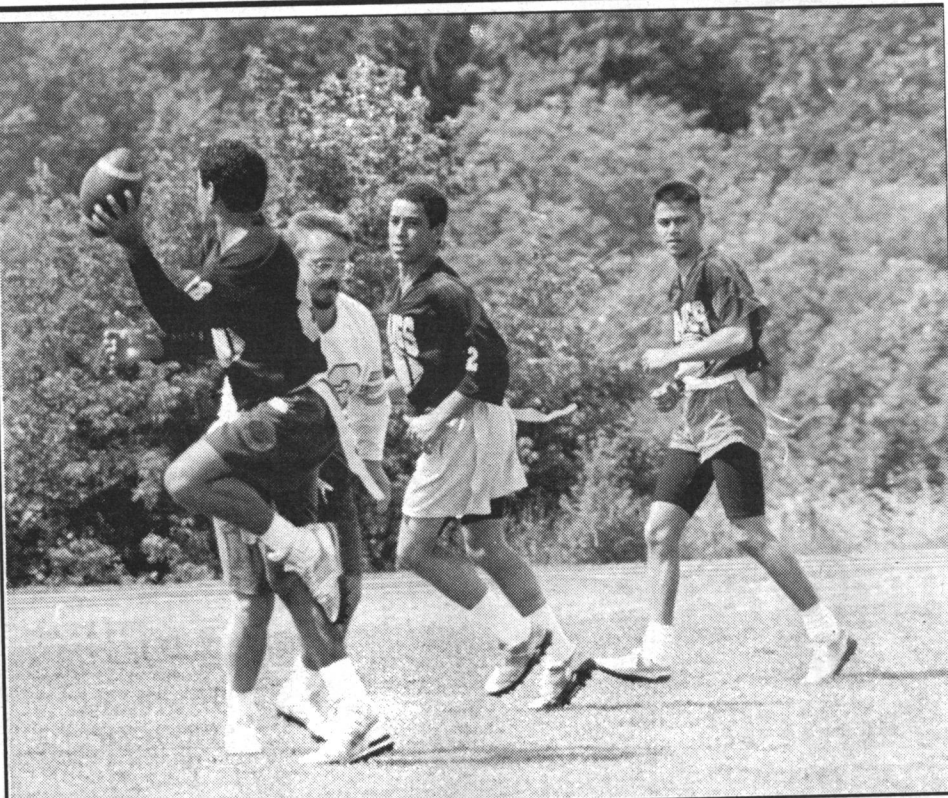
Included in Edward's training regimen are practicing four days a week and going to both indoor and outdoor meets throughout the year.

"If I see something I like I'll try and get it technically correct, it's really what works for you. Carl Lewis has a great take-off the way he climbs before he actually jumps, but you always have somebody trying to tell you how to jump. You just have to find something and see how you like it," said Edwards.

Edwards would like to go as far as he can, up the athletic ladder, including a possible date in the Olympics.

"I'll go to the Olympic qualifying meets and see how I do. Right now, I'll probably have to jump 8 metres to qualify so I'll have to see how much I improve."

Edwards would like to compete at the World Juniors again next year, take part in both the World University Games and the Commonwealth games, leading up to a shot at the Olympics in 1996.



Dawgs receiver Dave Clements makes a one-handed snare of this toss from quarterback John Egan (No. 2) in the Dawgs 36-13 win over Meznic Electric. Clements scored two touchdowns in the game.
photo by Simon Wilson/HHTW

Pelland tops league scorers

By Colin Gibson

Maybe it was the gorgeous weather? Maybe it's holiday time? Maybe it was too much to ask to crawl out of the sack after the night before.

Whatever, depleted squads were the order of the day last Sunday in Georgetown Men's Flag Football League action at GDHS and surprisingly, spirited and top-notch play highlighted the games - for the most part.

Longhorns almost took their hoofs off too soon, but held on to down Muscle Pit, 20-12; Plus Welding toyed with M&M Pro Sports before putting the reds away 20-7 and Dawgs remained knotted with the Longhorns atop the league standings by defeating a gritty Meznic Electric squad, 36-13.

Al Pelland of the Dawgs took over the league scoring lead with a 20-point effort against Meznic, he now has 80 points. Jim Lindsay was held off the scoresheet in the win over Muscle Pit and sits in second place with 66 points. Dave Clements of the Dawgs eased into third place by scoring 12 points, for a total of 42 scoring points.

Mike DelGuidice of the Dawgs is the league's interception leader with four.

He made one scoop against Meznic on Sunday, but his corralling of an attempted lateral during a kickoff return the previous week will be credited as an official interception.

Longhorns 20 Muscle Pit 12

Neither team had enough players to start the game, and in fact, Muscle Pit played with seven players throughout the contest.

Garry Hulbert was the star off the game, returning to the 'Horn' herd and scoring three majors.

It should have been a walkover for the Horns, who led 14-0 at the half, then extended their lead to 20-0 and settled back to graze.

In the waning minutes, however, lanky Rob Walker of the Pit crew latched on to two long bombs from Stew Teetzel and suddenly, the Longhorn win was in jeopardy.

A short kickoff backfired for Muscle Pit and Longhorns were allowed to retire from the field with a win and some of their pride intact.

Bob Davey rounded out the Longhorn scoring with a two-point convert catch.

Bill Taylor had an interception for the 'Horns.

Plus Welding 20 M&M 7

Stacey Brown started at quarterback for the seemingly snake-bit M&M squad (in place of regular pivot Horace Thomas) but dropped passes and overthrown balls, plus missed assignments on defence, all contributed to another defeat.

Plus Welding QB Paul Sargent, on the other hand, relied mostly on the short game to move his squad in the second half, to seal the win.

Plus Welding led 7-0 after a desultory first half, then outscored M&M 13-7 in the second half to put up just enough firepower for the win.

Greg Lawr had a fine game for the winners, scoring two majors and collecting an interception.

Jeff Wood scored the other PW major, with Dan McIntosh kicking two singles.

Stu Hirst scored the M&M touchdown, with Richard Garden converting, while veteran Gord McNeilly had an interception.

Dawgs 36 Meznic 13

Meznic was forced to start behind the eight-ball in this contest, when regular quarterbacks, Mitch LeBlanc and Hal Hulme were no shows. In addition, several other veterans couldn't make the start time for one reason or another.

Rather than give up the ghost, however, the offense was entertaining behind Stu Lunn and the defence played like Meznic squads of old; battling for every foot of turf.

Dawgs led by a meagre 15-6 at the half, thanks largely to two successful goalline stands by the pumped-up Meznic defenders.

A serious scoring surge in the last 15 minutes, however, fueled by a Mike DelGuidice interception, sealed Meznic's fate.

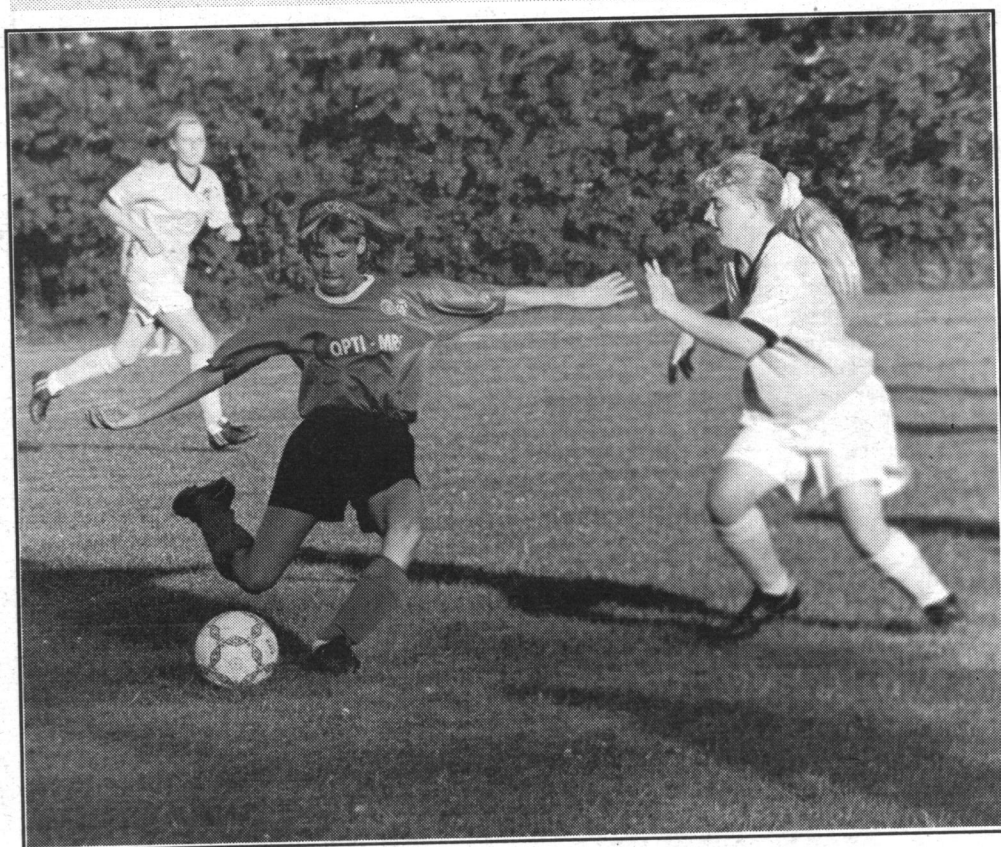
New league scoring leader Al Pelland romped for 20 scoring points (he now has 80), steady Dave Clements scored two majors, Frank Bruno kicked two converts and John Egan had a two-point convert.

For Meznic, Kevin Brown and Howie Hulme (returning from an injured leg and putting in a gutsy performance) scored majors, with Dale Mieczanec kicking a convert.

The league now takes a week off, with action resuming Sunday, Aug. 8 at the GDHS field.

Upcoming Games Sunday, Aug. 8

08:45 a.m. - Meznic Electric vs Longhorns
10:00 a.m. - Plus Welding vs Dawgs
11:15 a.m. - Muscle Pit vs M&M



Bashing Brampton

Under-15 girls house league soccer action continued last Tuesday at Acton High School soccer field, with the Georgetown Opti-Mrs. thrashing the Brampton Golden Angels 5-0. Georgetown forward Kim Moore's aggressive play (pictured above) helped to keep the pressure on the Brampton defense.

photo by Simon Wilson/HHTW