

M&M meat shops Centre Cut ~Boneless

New York Striploin Steaks

Premium quality. "Super Steaks" Choose either 6 x 6 oz. or 4 x 9 oz.

19⁹⁹

box

M&M meat shops Individually Frozen ~Skinless

Boneless Chicken Breasts

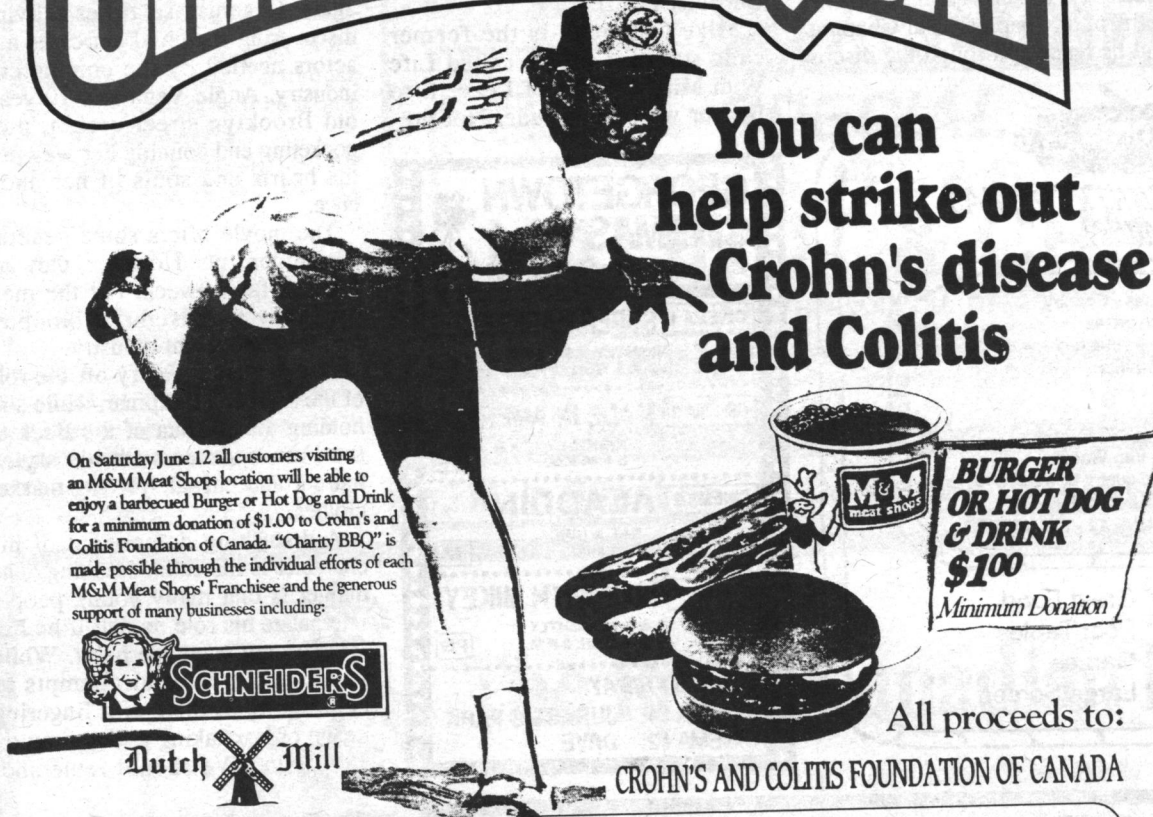
Tender, juicy and wholesome

16⁹⁹

3 lb. box

M&M meat shops

CHARITY BBQ DAY



You can help strike out Crohn's disease and Colitis

On Saturday June 12 all customers visiting an M&M Meat Shops location will be able to enjoy a barbecued Burger or Hot Dog and Drink for a minimum donation of \$1.00 to Crohn's and Colitis Foundation of Canada. "Charity BBQ" is made possible through the individual efforts of each M&M Meat Shops' Franchisee and the generous support of many businesses including:



All proceeds to: CROHN'S AND COLITIS FOUNDATION OF CANADA

Saturday, June 12, 10 a.m. ~ 6 p.m. at all M&M Meat Shop locations. Enjoy Karaoke

Canada's Largest B.B.Q. Party

M&M meat shops Lowest price of the year

Our #1 Selling Burger

Tasty Burgers

Produced exclusively for M&M Meat Shops by J.M. Schneider. 20 x 3.2 oz. beef burgers.

7⁸⁹

Limit 4 boxes per customer 4 lb. box

M&M meat shops Microwave or Oven Heat

Stuffed Potatoes

Choose from:
• Cheddar Cheese
• Gourmet Blend or
• Broccoli & Cheese

6 x 155 g portions

3⁹⁹

930 g box

M&M Guaranteed Tender

Bacon Wrapped Filet Mignon

Beef tenderloin aged for optimum tenderness and taste, wrapped with bacon.

6⁴⁹

each 10 oz. portion

M&M Fresh ~ Refrigerated

Wieners

Quality wieners. Produced exclusively for M&M Meat Shops by J.M. Schneider.

1⁹⁹

450 g pkg. of 12

M&M Authentic ~ Precooked

Oktoberfest Sausage

It's the official Oktoberfest sausage. Produced by J.M. Schneider.

10⁹⁹

3.3 lb. box 16 - 18 pieces

M&M Barbecue or Microwave **NEW!**

Ball Park Style Sausages

Jumbo smoked pork sausage. 7 sausages.

7⁹⁹

1 kg pkg.

M&M Deluxe Trim

Pork Back Ribs

A BBQ favourite.

14⁹⁹

3 lb. box

M&M Mirabel ~ Thaw n' Serve

Shrimp Ring

20 - 25 shrimp

4⁹⁹

2 lb. tray

M&M McCain Microwave or Oven Heat

Pepperoni or Deluxe Pizzas

A family favourite. Cheese and pepperoni or cheese, pepperoni, mushrooms and peppers.

14⁹⁹

case 30 x 5" pizzas

M&M Boneless ~ Skinless

Haddock Filets

Natural haddock filets. Individually frozen.

15⁹⁹

2.2 lb. box

M&M Oven Ready

Cabbage Rolls

Homemade quality without the work. 21 cabbage rolls.

11⁹⁹

4.5 lb. tray

M&M Microwave or Oven Ready

Lasagna

Ground beef, cottage cheese, tomato sauce between layers of noodles topped with mozzarella.

6⁴⁹

2 lb. tray

M&M Oven Ready

Chicken Nuggets

Breaded all white meat. 50 - 60 nuggets.

10⁹⁹

6 oz. ring

M&M Microwave or Oven Heat

Honey Garlic Chicken Wings or Hot n' Spicy Chicken Wings

Fully cooked wings.

10⁴⁹

2 lb. box

M&M A new taste sensation!

Bacon Wrapped Turkey Breast

Tender juicy solid turkey breast, wrapped with bacon.

7⁹⁹

tray 4 x 5 oz. portions.

M&M Microwave or Oven-Ready

Chicken Italiano, Chicken Cordon Swiss or Chicken à la Mer

Sold individually. 6 oz. portion.

2⁹⁹

each

M&M Thaw n' Serve

New York Style Cheesecake

Choose from: Amaretto, Black Forest or Chocolate Swirl.

4⁴⁹

each 1.25 lb.

M&M Microwaveable

Popcorn

Net proceeds to the Crohn's and Colitis Foundation of Canada.

99¢

100 g pkg.

M&M

Rotini Pasta with Vegetables

Rotini pasta, zucchini, broccoli, peas, carrots, onion and red peppers.

2⁹⁹

2.2 lb. bag

M&M Limited Time Special

French Fries

Straight cut.

2⁹⁹

6 lb. bag

M&M Microwave or Oven Heat

Pizza Rolls

Great for lunch or snacks! Pizza toppings wrapped in an egg roll crust.

5⁹⁹

880 g box 12 portions.

M&M Thaw n' Serve

Irish Cream Naniamo Bars

Irish cream flavoured custard filling on a coconut graham cracker crumb crust, topped with rich dark chocolate.

9⁹⁹

3.12 lb. 8" x 12" tray

So Good To Come Home To.

Prices in effect Sun. May 30 to Sat June 12, 1993

On June 12 BBQ Saturday Be A Star at our KARIOKE

OPEN 7 days a week!

873-2151

211 Guelph St., GEORGETOWN

