Recreation 4- and S







Rebels dominate Golden Horseshoe championships

By Mike Zrostek

Georgetown District High School will be taking 32 athletes to the southwestern Ontario regional championships today (Wednesday) as a result of their dominance at the Golden Horseshoe Athletic Conference track and field championships held lastThursday at McMaster University in Hamilton

 GDHS ended the day with 11 first place finishes from various age groupings as the Rebels displayed their versatility in both track and field events.

The midget boys have six athletes going after some strong performances. Tim Grant finished runners second through five being separated by only three-tenths of a second. Rick Vivian won the boys 800-metres while Peter Mashinter finished fourth in the same event.

The midget discus competition saw Darin Finlayson finish second while in the midget javelin, Mike Kamoroski finished fifth.

Pete Mashinter struck again in the long jump taking fifth place and Ryan Mowitt was fourth in the high jump.

In the junior boys division, Matt Brain and Dave Sands each qualified for two events, with Sands finishing first in the 110-metre hur-

third in the 100-metre hurdles with dles and third in the 300-metre hurdles. Jorge Schmidt was third in the 110-metre hurdles. Brain won both the junior discus and javelin while Kevin Taylor was third in the discus and Ryan Coutts was third in the javelin. Other placings in the junior division included Andy Ellinsky, fifth in the shot put and Paul Ingram winning the triple

The senior boys division was highlighted by Scott Hobbs' second place finishes in the long jump and triple jump. Randy Bond won the 400-metre hurdles while Mike Coutts finished second in the shot put and Jake Mashinter was fifth in

the 4x100-metre relay in a time of 44.9 seconds. MacNab of Hamilton was second in 45.0 seconds. The open boys had Bruce Ryan fourth in the 2000-metre steeplechase, while GDHS finished fifth in the 4x400 open relay.

The midget girls had Shannon Nolan and Melanie McFarlane finish fourth and fifth respectively in the 300-metre hurdles. Lisa MacDonald won the javelin, while Haley Brown was fifth. Kate Potosky took fourth in the shot put while Karen Walker was third in the long jump.

The junior girls had Andrea Le

the javelin. The senior boys won Bannister finish fifth in the 300metre hurdles and fifth in the 400metre hurdles. Jodye Johnson won the 3,000-metres and was third in the 1500-metres, while Esther Copland was fifth in the 1500metres. Kim Wiltshire rounded out the junior girls placings with a fifth place finish in the triple jump.

The senior girls saw Kristy Johnson emerge as a double winner in the 1500 and 3,000-metres, while Alexis Kerr won the 400metres with Becky Couling finishing third. The open girls 4x400 relay team finished third, to round out a very successful day for GDHS.

Activity Line Participaction day

By Laurie Burns

FACT: 30% of Halton Hills reswere active Participaction Day in 1992.

FACT OR FICTION: 70% of Halton Hills residents were out of town on Participation Day in

Whether or not you were part of the 30% or the 70% in 1992, Halton Hills did not win last years' Participaction Challenge.

We can win in 1993. How? With every citizen in Halton Hills participating in this year's event. All you need to do is be active for a 15 minute period on June 2, and then call in your name to the Participaction Hotline. The number is 873-2600.

Choose any activity you like. Walking, cycling, gardening, dancing, playing with the children, soccer, baseball, etc...the list is endless.

ORGANIZED EVENTS: The staff of Work That Body has for the past 10 years volunteered our services to organizations wishing to have an instructor-led workout. We are available to groups, schools, and corporations to lead your 15 minute workout. Just give us a call at 877-0771 to arrange it. Also, our instructors will be at the Georgetown Marketplace on June 2 leading many workouts throughout the day at the Participaction Day booth. Join us and we will make sure your exercise counts.

THE CORPORATE COMMU-NITY CHALLENGE: The Town of Halton Hills and Work That body Fitness Programs, Inc. invite your group or company to join in our Second Annual Corporate Community Challenge.

WHAT IS IT? In conjunction with Participation Challenge, local



companies and organizations will have an opportunity to compete against each other for the "COR-PORATE CUP". The Corporate Community Challenge is a fun, fitness event that brings employees, employers and fellow community group volunteers together for an evening of friendly competition.

WHEN IS IT? Wednesday, June 2, 1993 - 7-9 p.m.

WHO? Any local business or community group is welcome to enter a team of eight persons, spouses, family and friends.

WHAT'S INVOLVED? Teens will participate in many fun Olympic Events such as: Company Chaos, Red Tape Shuffle and Climb the Corporate Ladder. No athletic experience necessary, wear running shoes and comfortable clothing.

WHERE? Georgetown District High School

For more information and to register, please call Joanne Bodnar (416) 873-2600, ext. 276 at The Town of Halton Hills.

Laurie Burns is an Exercise Physiologist and operates Work That Body Fitness Programs Inc. in Georgetown.

Pre-competitive gymnasts post excellent results

Pre-competitive gymnasts from the Halton Hills Gymnastic Club which operates out of top floor facilities at the Georgetown Memorial Arena on Mill St. - had excellent results in recent meets in Orangeville and Oakville.

Orangeville

5 & under:

Kristin Lockwood - bronze medal all-around. Chantel Lockwood - silver medal

all-around.

6 & under:

Megan Burke - 5th all-around. Erica Wilson - 6th all-around.

Lindsay Burns - 6th all-around. Chantelle Evans - 1st, floor; 2nd, vault and 2nd, beam. Taryn Donoghue also competed.

8 yrs:

Brooke Szeltner - 1st, beam and vault; 2nd, floor; 6th bars; silver medal all-around.

Erica Mroweitz - 4th, floor and 8th all-around.

Oakville

6 & under:

Erica Wilson - 6th, beam. Lindsay Burns - 5th, beam; 2nd, floor; 7th all-around.

Chantelle Evans - 1st floor; 1st beam; 2nd vault; 4th bars; 1st all-

Taryn Donoghue - 4th beam.

8 yrs:

Brooke Szeltner - 5th bars; 2nd floor; 6th vault; bronze all-around. Erica Mroweitz - 4th beam; 4th floor; 4th all-around.

The Halton Hills Gymnastic Club sent three of its competitive gymnasts, Daniela Soria, Ainslee Emerson and Jennifer Stocks, to the Northern Classic competition staged in Thunder Bay last weekend.

At press time, results were not available.

The trio qualified for spots on the Central Region team based on three qualifying meets held in Milton, Guelph and Burlington.

For information on the Halton Hills Gymnastic Club telephone 877-4330.



Pre-competitive gymnasts of the Halton Hills Gymnastics Club recently competed in two Invitational competitions turning in outstanding performances. Team members include; kneeling in front, Erica Wilson. Second row, from left, Brooke Szeltner, Kristin Lockwood, Lindsay Burns, Chantel Lockwood and Erica Mroweitz. Back row, from left, Taryn Donoghue, Chantelle Evans and Megan Burke.

photo by Simon Wilson/HHTW

Special early-season offer applies to the 18-hole 'Turtle Lake' championship course. Limited time only. Reserve your tee-off time up to 7 days in advance. Challenge the home course of the Canadian PGA!!

Season Passes for the 9-hole, par 3 Trillium Course are now available.



GOLF CLUB