

# Image enhancement course offered for young females

By Oksana Buhel

Cathy Milne remembers going through an extremely awkward stage while entering high school. This is why she is offering Image Enhancement: A Self-Improvement Program, for girls between the ages

of 10-14, at Georgetown's Cheri Lindsay's Dance Studio. Milne explains the course can be adapted for all ages for other interested ladies.

Before teaching the course, Milne consulted with experts in the

fields of fragrance, aesthetics, make-up application, fitness, nutrition, fashion, hair, poise -presentation, self-development and photography. Many of these experts appear as speakers during the classes.

She insists this is not a modeling course.

"For our purpose, modeling is too concerned with physical appearance," Milne said, adding that her course is more general. "Of course, we can branch into modeling if there is an expressed inter-

est." Image Enhancement was first offered in the fall of 1992. Ongoing classes begin when enough girls express an interest in the course. Milne says that classes are no larger than 10 students because this is a comfortable number for those who may, at first, be a little inhibited.

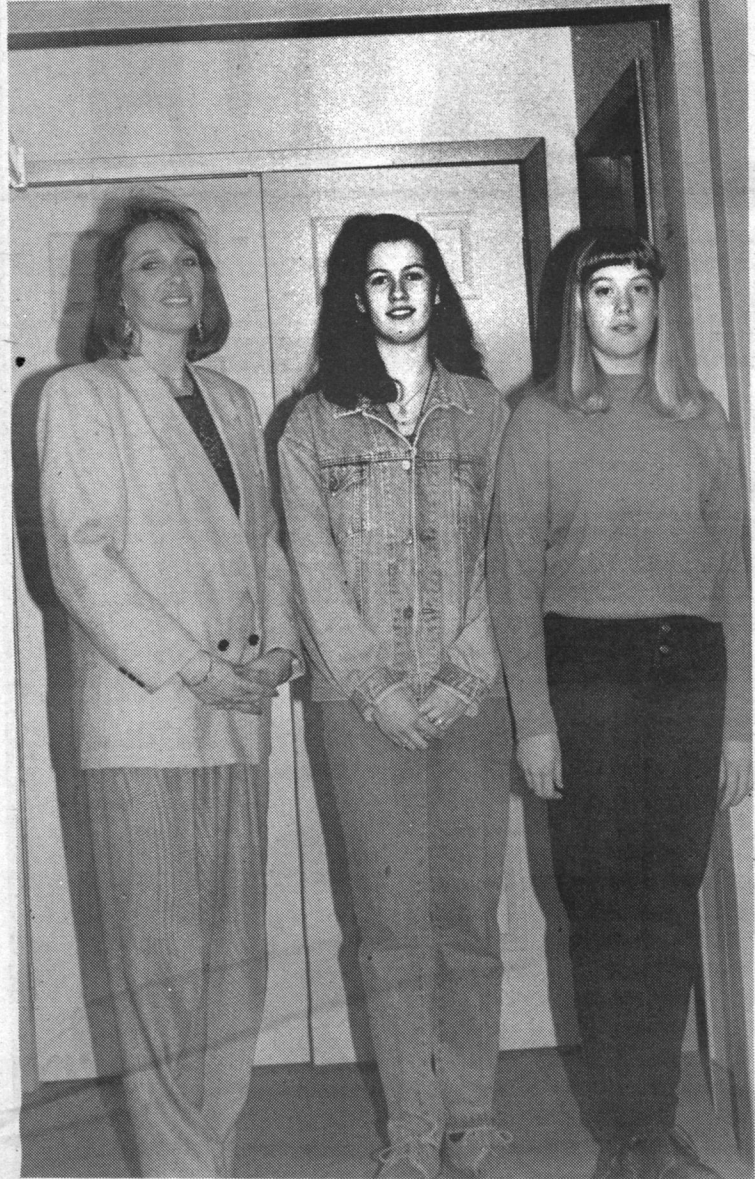
At the end of the classes, the girls put their newly-acquired knowledge to use in an end-of-session fashion show.

Jenny Allen, an Image Enhancement graduate, enthusiastically

admits the course was very helpful. "I really like the aesthetic aspect," she says. "I was always interested in skin care and when I saw them do the facials, it looked like fun."

Christy Busby, also a graduate, similarly praises the course. "It was really good - it was fun," she maintains. "I learned a lot - especially about nutrition."

For further information on the course, contact Cathy Milne at 873-2989.



Cathy Milne (left), with students Christy Busby (middle) and Jenny Allen (right), is offering an Image Enhancement course out of the Cheri Lindsay's Dance Studio in Georgetown. Applications are currently being accepted for the 10 session course. HHTW photo

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