hotography exhibition is a must-see event

By John Sommer

Photoart '93, the yearly juried exhibition of the Halton Hills Camera Club, is at present in the Gallery of the Cultural Centre in Georgetown and will continue to be there to March 27.

This exhibition is a must for every person interested in the art of photography. I missed the opening but enjoyed a quiet hour a few days later with the 120 exhibits. That is

an awful lot of photographs and in my opinion, less would have been more. Thirty or even 40 fewer photographs would have made a stronger display.

While I sympathize with a jury that does not want to be too exclusive, the whole point of having a jury is to select rigorously the best show possible. Some subjects have been photographed to death and are not worth doing anymore or, at the

Ideas & the Arts

least, new ways and fresh approaches are needed to bring them back to life. This slight criticism of the bloated size of the show does not mean that I did not enjoy

On the contrary, much of what I saw has delighted me. My favorite color photographs are "Red and Gold" and "Columns", both by

Judy Robertson. My favorite black and white photograph is "Untitled Abstract" by Poley Papa.

Further outstanding images are "Ashford Mill" by Bruce Gemmel, "Georgetown Time" by Eric Connolly, "Grain" by Mary Campbell, "Bruiser" by Sharon Feren, "Lyseboton Fjord, Norway" by Marilyn Milton, and the pugnacious "Tough Guy" by Miles

I am sure that every visitor to this exhibition will be impressed. Some may even buy one or the other of the works displayed. The prices are very low.

The Market Gallery, located on the second floor of the south St. Lawrence Market on 95 Front Street East in Toronto, is the City of Toronto's official exhibition facility. It displays paintings, artifacts, photographs, maps and documents from the City's extensive and diverse archival and fine art collections. The very room in which the Market Gallery is located was once the council chamber when this part of the South St. Lawrence Market served as Toronto's City Hall from 1845 to

Right now and continuing to June 6 of this year, a fascinating exhibition is on view there, that

illustrates how many generations of printmakers portrayed a constantly changing Toronto. The exhibition is called "Toronto" Impressions: Historical and Contemporary Prints from the City's Collection".

There are artworks from many of the best Toronto artists in this show, from William Bartlett to Harry Wallace, Owen Staples, Nicholas Hornyawsky, and David Milne. Closer to the present are the works of Julius Griffith, Jeannie Thib, John Ward, Harriet Wolfe, Judy Gonin, and Lorie Schinko. Even some near-abstract artists like Claude Breeze, Graham Coughtry, Jan Winton, and David Bolduc are represented.

The Market Gallery overlooks the hustle and bustle of the St. Lawrence Market. Only a few steps divide you from one of the most lively parts of Toronto, where you can shop to your heart's content for whatever you need for a great and unforgettable dinner.

And by the way, the admission to the Market Gallery is free. The place is closed on Mondays and Tuesdays. From Wednesday to Friday it is open from 10 a.m. to 4 p.m., on Saturdays from 9 a.m. to 4 p.m. and on Sundays from noon to

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Should You Fight the Fire?

Before you begin to fight a small fire:

Make sure everyone has left, or is leaving, the building.

Make sure the fire department has been called.

Be certain that the fire is confined to a small area, such as a wastebasket, and that it is not spreading beyond the immediate area.

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It is reckless to fight a fire with an extinguisher in any other circumstances. Instead, leave immediately, close off the area, and leave the fire for the fire department.

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There are also multipurpose or "combination" portable fire extinguishers on the market - the ABC type.

Be sure you are fighting a fire with the proper extinguisher. It is particularly dangerous to use water or a Type A extinguisher on a grease or electrical fire.

If You Do Fight the Fire, Remember the Word PASS

PULL

SQUEEZE

the pin: Some extinguishers require releasing a lock latch, pressing a puncture lever, or taking another first step.



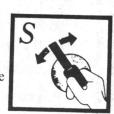
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low: Point the extinguisher nozzle (or its horn or hose) at the base of the fire.



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Job loss causes stress

Job loss is one of the most serious life crises a person can experience. And in the current economic recession it is one which has become increasingly prevalent.

CMHA Halton Region Branch, as a branch of a national, voluntary association, provides people in Halton with opportunities to enhance their mental health and to increase their understanding and acceptance of mental health issues through: support services, consumer and community involvement, education, advocacy.

According to the Canadian Mental Health Association (CMHA), Halton Region Branch, unemployment is associated with a number of related problems, such as increased major and minor illnesses, depression, anxiety, and family violence. Despite this, there is still little anxiety, and family violence. Despite this, there is still little systematic support for the unemployed. They are generally left on their won to rationalize the job loss and handle the many problems which arise. Various organizations offer assistance in resume writing and job search skills, but few offer the emotional and practical assistance people need when coping

courtesy of



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with unemployment over extended periods of time.

In response to this need, the CMHA presents its first ever Handling Unemployment Group (HUGS). A six-week series of lectures and group support is being; offered in Acton and is open to all. those who have become unemployed in the past two years. This group is designed to capitalize on the individual's strengths, yet also recognizes the value of mutual support. Facilitators encourage members to share, in a supportive environment, their concerns and identify their needs.

Discussion topics include stress management, dealing with family and friends, handling depression, assertiveness and communication skills and job search techniques. These issues are handled in a variety of ways such as group discussions and guest speakers.

Although as a community agency we cannot create jobs or stop the rising number of the jobless, we can help to support people through some of the personal problems associated with unemployment. The Canadian Mental Health Association believes it is important to assist people experiencing this difficult process and give them the support needed to come through it with their self esteem intact.

The HUGS group will be held on Wednesday, March 24th from 1 to 3 p.m. at the Acton Community Social Services Offices. There is no fee for this course, but registration is required. To register contact Lin Sally at 853-3310.

For more information contact Peggy Grall at 681-6776 or Lin Sally at 853-3310.

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