

Public health nurse Shirley MacKay pours juice for the kids Monday morning at the official opening of the Photo by Wendy Long. Dine and Dash Acton Children's Breakfast Club located at St. Alban's Church.

Over 20 children per day have stopped in for breakfast at the Dine and Dash Acton Children's Beakfast Club since January 18, when the program began. The official opening was held Monday with the help of Mayor Russ Miller and MPP Noel Duignan.

Acton churches and volunteers began the club when Joan Waldie, coordinator of the Acton Foodshare, noticed the increasing demand placed on the Foodshare by families with young children. The churches are spearheading the program as a Christian Outreach project.

Each morning between 8 and 8:30 a.m. children can head to St. Alban's and have a nutritious, buffet-style breakfast for 25 cents. Children that can't afford the quarter will not be turned away.

To avoid placing stigma on children, Dine and Dash welcomes all children to come and enjoy breakfast The organizing force of the club, who call themselves the Dream Team, stress that there are other ways children can be deprived such as in companionship or parental support.

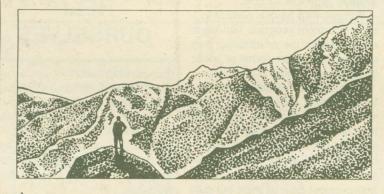
Dine and Dash coordinator Janet Cullen thanked the community and local and churches and volunteers for their support; and local businesses for their donations: Acton IGA, Acton Bakery, Acton Home Hardware, Al and Al's Red Brand Meats, Canadian Tire, Feedback Canada, Loblaw's, MacMillan's Fruits and Vegetables, Mr. Muggs Coffee and Donuts, Neilson's, Purity Life Heath Products, Freezer Frenzy and Tupperware.

They are still in need of donations of breakfast foods, money and volunteers to help continue the program. If you can provide any of these or would like more information, contact Janet Cullen at 853-2712.





How Do You MANAGE TO REACH YOUR FINANCIAL GOALS?



TRIMARK WE MANAGE. MUTUAL FUNDS TO OUTPERFORM.

TRIMARK FUND

29% 1 YEAR

14.2% 3 YEARS 5 YEARS
PERFORMANCE TO DECEMBER 31, 1992

16.2% **15.7%** 10 YEARS

All returns, audited by Ernst & Young, Chartered Accountants, are historical annual compounded total rates of return and reflect changes in unit value and distributions reinvested. They do not take into account sales charges or administrative fees payable by unitholders which would have reduced returns Past performance does not guarantee future results. Your unit value and investment returns will

REGAL CAPITAL PLANNERS LTD.

Canada's Largest Independent Financial Planning Organization



William T. Hopkins 20 Black Creek Court Georgetown, Ontario L7G 4S5 873-2381

Peter C. Masson 10 Fagan Drive Georgetown, Ontario L7G 4P3 877-7216



"STOCK UP FOR THE BBQ NOW" BEEF STRIP LOIN

WHOLE OR HALF LOIN

\$11.00 / kg cut & wrapped to your specifications at no extra charge **STEAKS**

\$13.21 / kg. counter trimmed

"FRESH BAKED DAILY" ITALIAN PANINI ROLLS

pkg. of 6

KNECHTEL **ORANGE JUICE**

Frozen 12.5 oz. tin

T.D. CASH MACHINE IS NOW OPEN!

OPEN SUNDAY NOON - 5 p.m., Phone 873-3963



"A Part Of Your Neighbourhood"

MOORE PARK PLAZA

With this Coupon Save 50¢ off the purchase of 1 lb. of

KNECHTEL

Coupon

With

Coupon

Special Price without coupon \$2.99 (Coupon effective Sun. Jan. 24 through Sat. Jan. 30/93.) Valid only at Georgetown Food Market

With this Coupon Save 50¢ off the purchase of 1 lb. of

KNECHTEL

Special Price without coupon \$2.99 (Coupon effective Sun. Jan. 24 through Sat. Jan. 30/93.) Valid only at Georgetown Food Market

Values in effect from Sun. Jan. 24 through Sat. Jan. 30/93