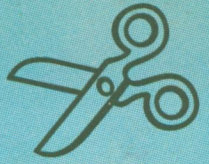


# CLIP THESE COUPONS & SAVE \$17.43



With This Coupon **SAVE 1.17**  
Off The Purchase of 4 -  
220 g Bag

**HOSTESS  
CHIPS**

Special Price With This Coupon  
**4/3.99**

Special Price Without Coupon 1.29  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Nielsen 2100

02500179

With This Coupon **SAVE 1.00**  
Off The Purchase of 1 -  
2 kg

**UNCLE BEN'S  
RICE**

Special Price With This Coupon  
**3.99**

Special Price Without Coupon 4.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2101

08239310

With This Coupon **SAVE .30**  
Off The Purchase of 1 -  
24's

**GLAD  
KITCHEN  
CATCHERS**

Special Price With This Coupon  
**1.69**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2102

11691  
5 67489 00000

With This Coupon **SAVE .40**  
Off The Purchase of 1 -  
60 Metre Box

**GLAD  
CLING WRAP**

Special Price With This Coupon  
**1.99**

Special Price Without Coupon 2.39  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2103

11692  
5 67489 00000

With This Coupon **SAVE 1.00**  
Off The Purchase of 1 -  
Pkg. of 20

**Glad  
Tie'N Toss  
Garbage Bags**

Special Price With This Coupon  
**3.99**

Special Price Without Coupon 4.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2104

11693  
5 67489 00000

With This Coupon **SAVE .50**  
Off The Purchase of 1 -  
20's or 15's

**GLAD LOCK  
STORAGE  
BAGS**

Special Price With This Coupon  
**1.49**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2105

11694  
5 67489 00000

With This Coupon **SAVE .60**  
Off The Purchase of 1 -  
250/275 g Box

**POST  
SUGAR CRISP  
or ALPHABITS**

Special Price With This Coupon  
**1.99**

Special Price Without Coupon 2.59  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2106

Nielsen  
41902976

With This Coupon **SAVE .30**  
Off The Purchase of 1 -  
142 g Chimichangas or

**OLD EL PASO  
BURRITOS**

Special Price With This Coupon  
**99¢**

Special Price Without Coupon 1.29  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2116

63101632

With This Coupon **SAVE .50**  
Off The Purchase of 1 -  
450 g Box PremiumPlus

**CHRISTIE  
SODA  
CRACKERS**

Special Price With This Coupon  
**1.49**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2109

01115866

With This Coupon **SAVE .40**  
Off The Purchase of 1 -  
250 g Snack Crackers or

**CHRISTIE  
TRISCUITS**

Special Price With This Coupon  
**1.59**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2110

01116029

With This Coupon **SAVE .50**  
Off The Purchase of 1 -  
1 Litre Bottle

**SAFFLO  
SUNFLOWER  
OIL**

Special Price With This Coupon  
**2.49**

Special Price Without Coupon 2.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2111

Nielsen  
79100478

With This Coupon **SAVE 2.29**  
Off The Purchase of 3 -  
385 mL Tin

**Carnation  
Follow-Up  
Infant Formula**

Special Price With This Coupon  
**3/4.59**

Special Price Without Coupon 2/4.59  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2112

09948365

With This Coupon **SAVE .40**  
Off The Purchase of 1 -  
350 g Tin With 60% Peanuts

**TROPHY  
MIXED NUTS**

Special Price With This Coupon  
**3.29**

Special Price Without Coupon 3.69  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Nielsen 2113

63101573

With This Coupon **SAVE .75**  
Off The Purchase of 1 -  
700 g Jar

**TROPHY DRY  
ROASTED  
PEANUTS**

Special Price With This Coupon  
**3.99**

Special Price Without Coupon 4.74  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Nielsen 2114

63101586

With This Coupon **SAVE .70**  
Off The Purchase of 1 -  
525 g Box

**KELLOGG'S  
RICE  
KRISPIES**

Special Price With This Coupon  
**2.99**

Special Price Without Coupon 3.69  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2115

63101629

With This Coupon **SAVE .50**  
Off The Purchase of 1 -  
Assorted Varieties 8 Oz. Pkg.

**Philadelphia  
Dip**

Special Price With This Coupon  
**1.49**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2117

Nielsen  
41902989

With This Coupon **SAVE .70**  
Off The Purchase of 1 -  
525 g Box

**KELLOGG'S  
RICE  
KRISPIES**

Special Price With This Coupon  
**2.99**

Special Price Without Coupon 3.69  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2115

63101629

With This Coupon **SAVE .75**  
Off The Purchase of 2 -  
Ready To Serve 325/470 g

**QUAKER  
OATMEAL**

Special Price With This Coupon  
**2/2.99**

Special Price Without Coupon 2/3.74  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2107

CMS Canada  
85312766

With This Coupon **SAVE .50**  
Off The Purchase of 1 -  
1 Litre Bottle

**SAFFLO  
SUNFLOWER  
OIL**

Special Price With This Coupon  
**2.49**

Special Price Without Coupon 2.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2111

Nielsen  
79100478

With This Coupon **SAVE .30**  
Off The Purchase of 1 -  
142 g Chimichangas or

**OLD EL PASO  
BURRITOS**

Special Price With This Coupon  
**99¢**

Special Price Without Coupon 1.29  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2116

63101632

With This Coupon **SAVE 1.00**  
Off The Purchase of 1 -  
Pkg. of 20

**Glad  
Tie'N Toss  
Garbage Bags**

Special Price With This Coupon  
**3.99**

Special Price Without Coupon 4.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

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5 67489 00000

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**GLAD  
CLING WRAP**

Special Price With This Coupon  
**1.99**

Special Price Without Coupon 2.39  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2103

11692  
5 67489 00000

With This Coupon **SAVE .30**  
Off The Purchase of 1 -  
24's

**GLAD  
KITCHEN  
CATCHERS**

Special Price With This Coupon  
**1.69**

Special Price Without Coupon 1.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Watts 2102

11691  
5 67489 00000

With This Coupon **SAVE 1.00**  
Off The Purchase of 1 -  
Regular or Honey Flavoured 900 g

**SCHNEIDERS  
BUCKET OF  
CHICKEN**

Special Price With This Coupon  
**3.99**

Special Price Without Coupon 4.99  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993

Nielsen 2118

11108069

With This Coupon **SAVE 1.17**  
Off The Purchase of 4 -  
220 g Bag

**HOSTESS  
CHIPS**

Special Price With This Coupon  
**4/3.99**

Special Price Without Coupon 1.29  
Valid Only At Knechtel Assoc. Stores  
Coupon Expires Sat., Jan. 30, 1993  
Retail Tax(es) Applicable  
On Price Without Coupon

Nielsen 2100

02500179