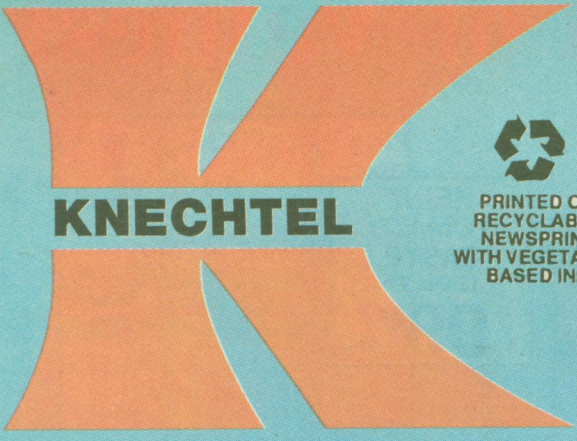


12700 - Jan 23rd



KNECHTEL



PRINTED ON RECYCLABLE NEWSPRINT WITH VEGETABLE BASED INK

Play & Win!

SUPER GROCERY

BINGGO

"A Part Of Your Neighbourhood"

MORE THAN \$445,000⁰⁰ IN PRIZES!

1. ENTER TO WIN!

PLUS! Win 1 of 4

1993 Buick Regals

In Our Super Grand Prize Sweepstakes!

2. COLLECT TO WIN EXCITING PRIZES!

Including VHS Camcorders, 21" Colour TV's, AM/FM Portable Stereos, CD Player and Speakers, 5 Disc CD Changers With Remote and Universal Remote Controls. Plus More Than 2,000 Grocery Certificate Prizes Worth \$65,000.00!

Over \$150,000.00 in Collector Prizes to be Won!

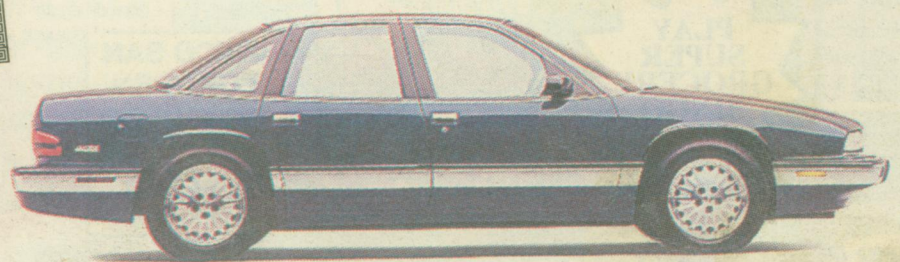
3. INSTANT WIN!

More Than 72,000 Grocery Prizes To Be Won Instantly!

See Store For Full Details

You Could Win 1 of 36 Prizes of \$500.00 in Grocery Certificates. Three Draws Weekly Of

\$500.

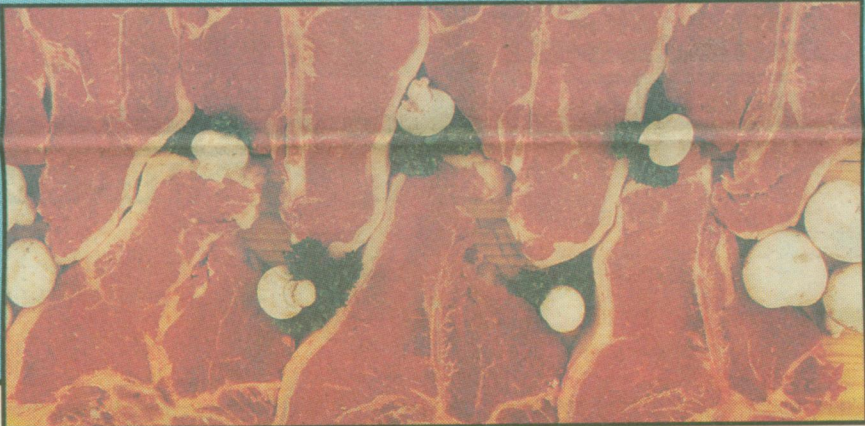


1/2 PRICE STOCK UP



HEINZ TOMATO SOUP
10 Oz. Tin

5/1.00



Cut From Canada "A" Grades Beef Loin Wing or

T-BONE STEAK

8.80 kg

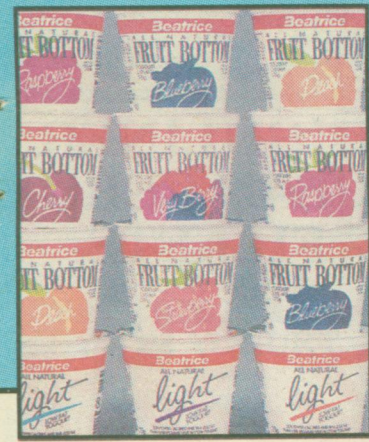
3.99 lb.

250 mL BONUS SIZE



HEINZ KETCHUP
750 mL Bottle
Plus 250 mL Bonus

1.99



BEATRICE Fruit Bottom YOGURT
Assorted Flavours 175 g Cup

12/4.99

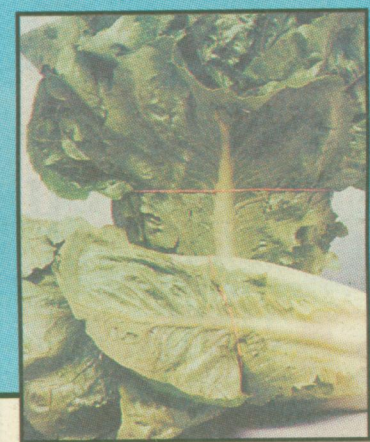


SCHNEIDERS BUCKET OF CHICKEN

Regular or Honey Flavoured 900 g
Special Price With Coupon On Page 11

3.99

Special Price Without Coupon 4.99



Product of U.S.A.
FRESH CRISP ROMAINE LETTUCE

59¢ ea.

Values In Effect From Mon, Jan. 25, Until Closing Sat., Jan. 30, 1993 Savings Based On Our Regular Retail We Reserve The Right To Limit Quantities To Normal Family Requirements Text Prevails When Photo Does Not Correspond To Description