

# FEET FIRST

Primary Foot Health Care

OPENING FEBRUARY 2, 1993

Care Provided by: Isabel Brown, RN, BScN,

Do you have a condition such as arthritis, diabetes or poor eyesight that makes it difficult to care for your own feet?

or  
Have you a foot problem such as a corn, ingrowing toenail, or athlete's foot that can cause discomfort?

If so, this new foot care service may help you.

CONSULTATION HOURS:  
TUESDAY to FRIDAY, 9 a.m. to 5 p.m.  
THURSDAY Evening 6 p.m. to 8 p.m.

Carol's Hair & Beauty Salon  
68 Main Street South,  
Georgetown

Home visits may be made by special arrangement for anyone who is too infirm to attend the clinic.

FOR THE MONTH OF FEBRUARY ONLY:

The initial assessment and treatment session (up to one hour) is only \$15.00 [starting in March - \$25.00]

MAKE YOUR APPOINTMENT NOW - Call (416) 877-2981

# Foot care clinic set to open February 2 in Georgetown

By Wendy Long

A former director of nursing at St. Joseph's Hospital in Hamilton is opening a foot care clinic in Georgetown.

Isabel Brown, R.N., will open her clinic called Feet First: Primary Foot Health Care Feb. 2. The clinic will be located in the back of Carol's Hair and Beauty Shop on Main Street.

Brown accepted early retirement from St. Joseph's in March of last year after 38 years in nursing and was looking for a new direction. "I wasn't ready to stay home and do nothing," she said in an interview.

Brown thus enrolled in an advanced foot care course at Sheridan College for nurses only, and graduated with first class honors last fall. She and a friend purchased the Georgetown salon (Brown has been a Georgetown resident for 11 years) in the summer as an investment. Brown hopes to be busy in her foot care practice for several years.

Those who will use her service include people with diabetes mellitus, arthritis, corns, calluses, even hard skin. Often the elderly cannot care properly for their feet, said Brown, and eventually this may stop them from getting around and lead them to become shut-ins.

Brown feels her five years of research at Baycrest Geriatric Centre has given her much experience in working with older people. "Many of them had problems with their feet," she said.

She also welcomes anyone, young or old, that find it difficult to care for their own feet or have various other foot problems.

Brown will charge \$25 per hour, \$13 per half hour.

"The initial assessment will probably be an hour," Brown said. "We'll come up with a plan of care



Isabel Brown is set to open her Feet First: Primary Foot Health Care clinic Feb. 2. She hopes to service people with diabetes mellitus, arthritis, corns, calluses, even hard skin.

depending on the individual problem."

Brown feels that there is a need for a foot care clinic in Georgetown. Often citizens with regular foot care needs are forced to drive into Brampton or Mississauga.

Brown said women are especially vulnerable to foot problems because of high heels. "Let's face it, it's social pressure," she said, adding that most women in administrative positions don't wear flats because heels are a part of the stereotypical business profile.

"My background is people," Brown said. "Nursing is people. I like people and it allowed me to go into semi-independent practice with my own client base. I have a lot of experience, a lot to offer people."

Feet First will be open from 9 a.m. to 5 p.m. Tuesday to Friday, and Thursday evenings from 6 to 8 p.m.

Special appointments can be made as well. If someone is housebound, Brown will make home visits by special arrangement. For information, call 877-2981.

## ATTENTION!

Homes needed in Georgetown and Acton! I have purchasers waiting!

If you are thinking of moving please call me now for a personal appointment.

Not intended to solicit properties already listed.



DAVE KRAUSE  
\* Sales Representative



OPEN HOUSE  
SUNDAY, JAN. 24 1:00 - 3:00 P.M.  
97 PENNINGTON COURT, GEORGETOWN  
You'll wonder how you get so much for so little in this 3 bedroom brick & aluminum bungalow in Georgetown. Roof, windows, soffit & fascia three years old. Home features eat-in kitchen, broadloom in l/r & d/r, hardwood floors in bedrooms. Finished r/r with wall to ceiling stone f/p. Priced to sell at \$176,900. Call Dave Krause\*. CW93-004



THE PRICE IS RIGHT  
Only \$145,900 for this two storey 3 bedroom link home with garage. Comes with a finished rec. room in basement with a 2 piece wash-room. w/o from living room to a 8' x 19' deck and a 16' x 24' above ground pool. Central air also included. To see it for yourself, call Dave Krause\* today. CW92-155



### THE 21st CENTURY

Before you know it, your investment in this commercial property in Acton will pay off! The property covers almost .2 acres & 7500 sq. ft. made up of a retail store facing on Mill St. and 6 apartments all updated with a vacant lot located behind the Bank of Montreal. Priced at \$499,000. Call Dave Krause\* for more information. CW92-164



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1 year rate 7.50%  
5 year hi-ratio rate 9.24%  
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### THE BUSINESS OF SUCCESS

Make it your's with this strategically located commercial property on the corner of Mill St. E. & Wilbur St. in Acton. Property incl. a 3 bdrm., 2 storey residence with large eat-in kitchen, a 900 sq. ft. ice cream & fast food restaurant (leased) & a 500 sq. ft. office fronting on Mill St. with 3-pc. washroom. Property incl. 12 parking spaces. All for \$289,000. Call Dave Krause\* for all the details. CW92-163

### VACANT LAND

Building Lot in Erin on Cedar Ridge Court

2.67 acres.  
Potential for 5 building lots in Glen Williams.  
\$289,000

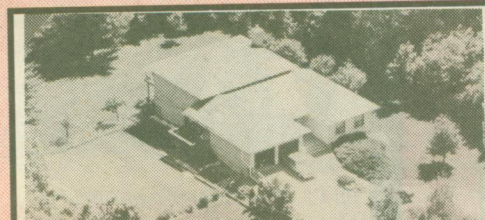


POPULAR COUNTRY SQUIRE  
This home is tastefully decorated, huge family room with brick fireplace, walkout to backyard, fully fenced with inground pool. New broadloom in L/R, D/R & R/R. Spacious hardwood floors in F/R & M/B. New aluminum soffits, fascia & eaves in 1991. \$229,900. Call Dave Krause\* 873-3377. CW92-145



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Fabulous spread, spacious and open, 5 bedrooms, huge family rm. with fireplace, many skylights and walkouts, quality windows, energy efficient heat pump, large games rm., main flr. laundry and soft pastel decor...don't miss out - It's gorgeous. Call Sandra Naim\*. 92-2-264



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Updated, immaculate bungalow with fireplace, country kitchen, quality ceramics, new bathroom, bright rec room with woodstove, 4th bedroom and office. Just \$219,900. Call Sandra Naim\*. 92-2-537

SANDRA NAIRN  
\*Sales Rep.

877-5165  
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ARTHUR F.  
JOHNSON & ASSOCIATES LTD., REALTOR



### BRIGHT & SPARKLING

Immaculate and bright, 3 bedrooms, many upgrades, fully fenced, 2 decks, uniloc drive, central air. Hurry for this one. Call Sandra Naim\*. 92-2-452



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3,000 sq. ft. beauty - main floor family room and office, gourmet kitchen with Jennair, jacuzzi in master bedroom, french doors, large bright windows. \$369,900. 92-2-511

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Tor. 874-3057 Res. 873-4991

328 Guelph St., Georgetown

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