

# Shop Knechtel For Service!



SAVE .30

## HABITANT SOUP

Assorted Varieties 28 Oz. Tin

**99¢**



Christie Ritz Plain  
450 g Box

**1/2 PRICE**

With Coupon

You Pay 1.99 With Coupon or 2.49 Without Coupon



GREAT VALUE

## HEINZ Ready To Serve SOUP

Assorted Varieties 8 Oz. Tin

**3/99¢**



GREAT VALUE

## COTT POP

2 Litre Unit Price 5.0/100 mL

**99¢**

R.C. Cola or Cott Pop 750 mL 2/.99  
Unit Price 6.6/100 mL Plus Deposit



GREAT VALUE

## Humpty Dumpty POTATO CHIPS

190 g Bag

**1.29**



SAVE .70

## RITZ BITS SANDWICH

Cheese or Peanut Butter  
250 g Box

**2.49**



GREAT VALUE

## McCORMICK VIVA PUFFS

or Tin Tie Cookies Assorted 400 g  
Special Price With Coupon

**2.49**

Special Price Without Coupon 2.99



GREAT VALUE

## POST PEBBLES CEREAL

Cocoa or Fruity 375 g  
Special Price With Coupon

**2.99**

Special Price Without Coupon 3.59



GREAT VALUE

## POST FRUIT & FIBRE CEREAL

Assorted Varieties 425 g Box  
Special Price With Coupon

**1.99**

Special Price Without Coupon 2.99



GREAT VALUE

## COLONIAL COOKIES

Assorted Varieties 400 g Bag  
Special Price With Coupon

**1.99**

Special Price Without Coupon 2.59



SAVE 1.00

## Laura Secord JAM

500 mL Jar

**2.99**

**MOLSON EXEL BEER**  
De-Alcoholized 6x355 mL  
Special Price With Coupon  
**4.49**  
Special Price Without Coupon 4.99

**POST HONEYCOMB CEREAL**  
275 g Box  
**2.99**

**COLONIAL SNACK CRACKERS**  
250 g Box  
**1.79**

**TREBOR CANDIES**  
Assorted Varieties 200 g  
Special Price With Coupon  
**1.39**  
Special Price Without Coupon 1.59