

# Chicken



**M&M** Microwave or Oven Heat

## Hot n' Spicy or Honey Garlic Chicken Wings

Fully cooked  
and seasoned  
wings.

**9<sup>99</sup>**  
2 lb. box

**M&M** Microwave or Oven Ready

## Chicken Cordon Swiss

Lightly breaded solid chicken breast stuffed with  
smoked ham and Swiss cheese. 6 oz portion.

**2<sup>99</sup>**  
each

**M&M** Microwave or Oven Ready

## Chicken Newburg

Lightly breaded solid chicken breast stuffed with  
shrimp in a creamy white wine sauce. 6 oz portion.

**2<sup>99</sup>**  
each

# Burgers

**M&M** Our highest quality  
ground beef product.

## Sirloin Beef Patties

Lightly seasoned  
ground sirloin with  
no fillers or  
binders added.  
12 x 4 oz patties.

**11<sup>49</sup>**  
3 lb. box

**M&M** Our #1 selling burger

## Tasty Burgers

Produced exclusively for  
M & M Meat Shops by  
J.M. Schneider.  
20 x 3.2 oz. beef burgers.

**8<sup>99</sup>**  
4 lb. box

**M&M** Quality Cheese

## Brick with Onion & Parsley Brick with Garlic Monterey Jack

400 g package.

**3<sup>69</sup>**  
each

# Pork

**M&M** Oven Heat or Pan Fry

## Oktoberfest Pork Schnitzel

Lightly breaded and seasoned solid  
pieces of pork.

**15<sup>99</sup>**  
2.2 lb box

**M&M** #1 Quality

## Bacon

3 individually wrapped  
1.1 lb. packages.  
Produced by J. M.  
Schneider. \$7.56 per  
case. Sold by case only.

**2<sup>29</sup>**  
lb.

**M&M** Lean & Meaty

## Canadian Pork Side Ribs

Deluxe trim.

**12<sup>99</sup>**  
3 lb. box

**VH  
Honey Garlic  
Sauce**  
341 mL jar  
**\$2.69**

# Steaks

**M&M** Centre Cut - Boneless

## New York Striploin Steaks

Premium quality. "Super Steaks"

**21<sup>49</sup>**  
6 x 6 oz

**M&M** Boneless

## Texas Sirloin Steaks

Deluxe trim and aged  
to perfection.  
6 x 6 oz steaks.

**13<sup>99</sup>**  
box

**M&M** Guaranteed Tender

## 4 oz Bacon Wrapped Filet Mignon

Beef tenderloin aged  
for optimum  
tenderness and taste,  
wrapped in bacon.  
6 x 4 oz portions.

**12<sup>99</sup>**  
pkg.

# Vegetables

**M&M** Canada Grade A

## Classic Stir Fry Vegetables

Green beans, broccoli,  
snow pea pods, onions,  
water chestnuts,  
mushrooms and red  
peppers.

**3<sup>69</sup>**  
2.2 lb. bag

**M&M** Canada Grade A

## Peaches & Cream Corn

Sweet whole kernel  
corn.

**2<sup>49</sup>**  
2.2 lb. bag

**Taste the World... departing soon  
from M&M Meat Shops!**