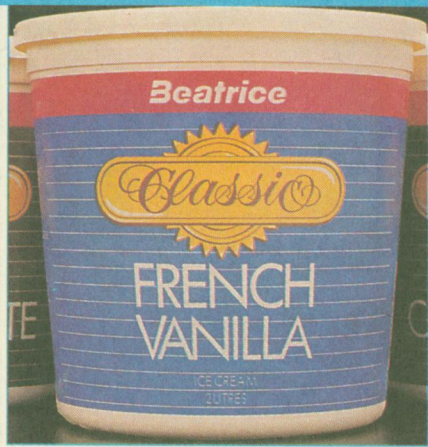


IGA GREAT Canadian VALUES

DAIRY



Kraft Singles
Assorted Varieties,
Process Cheese Food
24 or 16 Slice Packs
2.99
500 g pkg.



Beatrice Classic Ice Cream
Assorted Flavours
3.49
2 L tub



Chef Boyardee Pastas
Assorted Varieties
15-oz. tin
.99



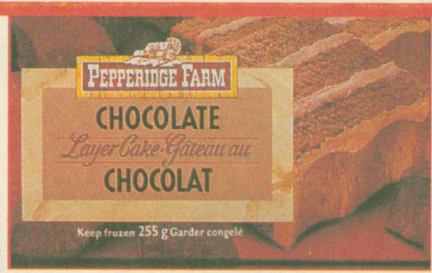
Kellogg's Corn Flakes
675 g box
1.99
with coupon on page 9



Schneiders Cheese Sticks
Assorted Varieties
2.49
227 g pkg.



Sealtest Light 'N Lively or Muppets Yogurt
Assorted Varieties
125 - 175 g cup
.59



Pepperidge Farm Layer Cakes
Frozen, Assorted Varieties
255 - 301 g pkg.
1.29



McCain Regular French Fries
Frozen, Assorted Varieties
1 kg poly bag
1.29



Minute Maid Orange Juice
100% Pure From Concentrated, Regular or With More Pulp
1.89 L ctn.
2.39



Blue Water Entrees
Frozen, Assorted Varieties
250 - 270 g pkg.
2.99



Minute Maid Punches or Lemonade
Frozen, Concentrated, Assorted Varieties
355 mL tin
.79

Kraft Tri-Pack Handi Snacks
Assorted Varieties
96 g pkg.
1.29

Kraft Snackeroots
10-Pack Family Size
210 g pkg.
2.99

Tyson Stir Fry
New! Frozen, Chicken Stir Fry or Chicken Breast Fajita
601 - 687 g poly bag
.699

Green Giant Vegetables
International Mixes, Frozen, Assorted Varieties
500 g poly bag
1.99

Nature's Path Cereals
Oat Bran Flakes & Raisins or Multigrain Flakes
400 g box
2.49

Kraft "Mini" Marshmallows
White or Fruit
250 g pkg.
.99

High Liner Fish
Family Size, Frozen, Assorted Varieties
700 g pkg.
3.99

McCain Lite Delite Dinners
Frozen, Assorted Varieties
265 - 305 g pkg.
2.49

IGA GREAT CANADIAN VALUES