

# MAMMA MIA!

**Knechtel**  
Pure Parmesan  
Cheese  
250 g With Coupon  
**3.29**  
Without Coupon 3.79



## KNECHTEL PASTA

Spaghetti, Spaghettini or Ready Cut Macaroni 900 g

**59¢**

This week's recipe winner is Greta Masse, Tilbury. Greta shops at Tilbury Food Market and receives a \$25.00 Knechtel Food Voucher. Congratulations!

## JUMBO PASTA SHELLS

- |   |                                     |                           |
|---|-------------------------------------|---------------------------|
| 1 - pkg. jumbo shells   | 1 - carrot                          | 1 - egg slightly beaten   |
| 1 - 28 oz. can Thick & Rich plus stir in 6 oz. of water or tomato juice | 1/2 - green pepper                  | 1/4 - cup bread crumbs    |
| 1/2 lb. - ground pork   | 2-3 pices cauliflower or broccoli   | 1/8 - tsp pepper          |
| 1 lb. - ground beef   | 2-3 sticks celery                   | 3/4 - tsp salt            |
| 1 - large onion   | 5-6 mushrooms                       | 1/4 - cup grated parmesan |
|   | 3 - cups shredded mozzarella cheese |                           |

Cook shells according to package directions, drain. Brown meat and onions. Chop vegetables coarsely. In a large bowl combine meat, vegetables, mozzarella, egg and bread crumbs. Mix well, fill shells. Spread 3/4 cup sauce on bottom of 9x13 baking dish. Arrange shells in a single layer, cover with remaining sauce. Sprinkle parmesan on top. Bake at 350 for 45 minutes.

Send your recipes to the Knechtel Corp. Attn: Lynda Tiffin P.O. Box 1358 Kitchener, ON N2G 4H8. Please include your name, address, phone number & the name of the Knechtel store where you shop.

**Primo**  
Tomato  
Paste  
5.5 Oz. Tin  
**59¢**



## PREGO SPAGHETTI SAUCE

Assorted Varieties 750 mL Jar

**1.69**

**SAVE**  
.50



## NESTLE INSTANT CAPPUCCINO

10x15 g Box

**3.39**

**Success**  
Whole  
Mushrooms  
10 Oz. Tin  
**99¢**



## PRIMO TOMATO SAUCE

28 Oz. Tin

**1.29**

**McCain**  
5" Pizza  
425 g Box  
**2.99**



## Fearmans Fresh Italian SAUSAGE

Hot or Sweet 5.05 kg

**2.29** lb.

**GREAT**  
VALUE



Product of U.S.A.

## Fresh Crisp ROMAINE LETTUCE

**2.29**

**GREAT**  
VALUE



## KNECHTEL RANDOM CHEESE

8.79 kg

**3.99** lb.

**Brownberry**  
Oven  
CROUTONS  
Selected Varieties  
170 g Box  
**1.49**

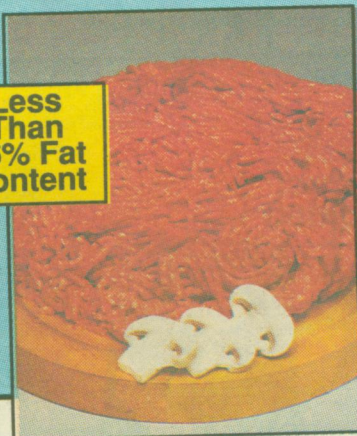


## BERTOLLI OLIVE OIL

500 mL Bottle

**3.79**

**Less**  
Than  
16% Fat  
Content



## Freshly Minced LEAN GROUND BEEF

4.39 kg

**1.99**

**1/2**  
PRICE



Product of Ontario

## SNOWY WHITE MUSHROOMS

8 Oz. Cello Tray

**1.49** ea.

**OLIVIERI**  
GARLIC  
BREAD  
284 g

**1.89**

**CLUB HOUSE**  
ITALIAN  
SEASONING  
18 g

**1.99**

**CLUB HOUSE**  
GARLIC  
POWDER  
53 g

**2.99**

**CLUB HOUSE**  
OREGANO  
LEAVES  
13 g

**2.29**