

# First Of The Year Savings!



**GREAT VALUE**

**CRUSH TETRAS**

Assorted Varieties 3x250 mL

**69¢**

Case Sale 9/5.99



**GREAT VALUE**

**COKE or SPRITE**

Selected Varieties

24x355 mL Tins  
Unit Price  
8.2/100 mL

**6.99**

750 mL Bottles  
Unit Price  
7.9/100 mL  
+ Deposit

**59¢**



**SAVE 1.00**

**LAREDO SMOKEY SALSA**

454 g Jar

**2.99**



**SAVE .40**

**LAREDO TORTILLA CHIPS**

200 g Bag

**1.29**



**GREAT VALUE**

**Cheerios**



MADE WITH WHOLE GRAIN OATS  
FAIT AVEC GRAINS ENTIERS D'AVOINE

**General Mills CHEERIOS**

or Apple Cinnamon 575 g Box  
Special Price With Coupon

**3.49**

Special Price Without Coupon 3.99



**GREAT VALUE**

**Post MARSHMALLOW ALPHA BITS**

400 g Box  
Special Price With Coupon

**2.99**

Special Price Without Coupon 3.99



**GREAT VALUE**

**MAZOLA OIL**

1 Litre Bottle  
Special Price With Coupon

**2.99**

Special Price Without Coupon 3.59



**GREAT VALUE**

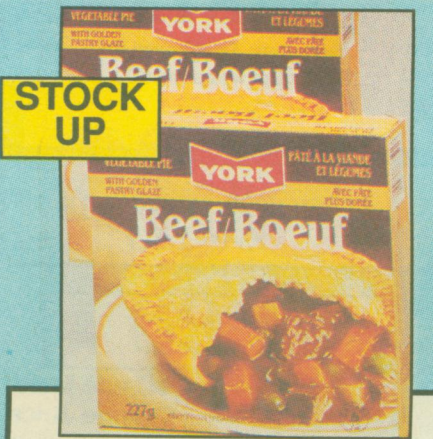
**KRAFT CHEEZ WHIZ or CHEESE SLICES**

or Velveeta 1 kg Jar or Pkg.  
Special Price With Coupon

**4.99**

Special Price Without Coupon 5.99

## Frozen Food Favourites!



**STOCK UP**

**YORK MEAT PIES**

Frozen 227 g

**2/1.00**



**Less Than 1/2 Price**

**YORK VEGETABLES**

Frozen 1 kg Bag

**1.49**



**SAVE .70**

**McCAIN DELITE CAKES**

Frozen 284 g

**1.29**



**1/2 PRICE**

**Minute Maid ORANGE JUICE**

or Five Alive Frozen 355 mL

**99¢**

**HEALTHY CHOICE DINNERS**

325 g Box  
Special Price  
With Coupon

**3.49**

Special Price Without Coupon 3.99

**McCAIN 5" PIZZA**

425 g  
Box

**1.29**

**CATCH O'THE DAY PERCH**

400 g

**4.29**