12700 - JAN 2/93

KNECHTEL

First Of The Year Savings!

SAVE 16.23 With Coupons In This Flyer

"A Part Of Your Neighbourhood"

SUNLIGHT LAUNDRY DETERGENT
12 Litre Box
5.99

Country Harvest Bread
675 g
1.29

KRAFT CHEEZ WHIZ or CHEESE SLICES
or Velvetta 1 kg Pkg. or Jar
Special Price With Coupon
4.99
Special Price Without Coupon 5.99

York Vegetables
Frozen 1 kg Bag
1.49

Product of U.S.A.
Fresh Crisp
Romaine Lettuce
1.49 ea.

YORK MEAT PIES
Frozen
227 g Pkg.
2/1.00

Nestle Instant Cappuccino
10x15 g Box
3.39

KNECHTEL PASTA
Spaghetti, Spaghettini or
Ready Cut Macaroni 900 g
59¢

Kraft Mayonnaise
500 mL With Coupon
2.19

KNECHTEL SLICED SIDE BACON
Regular or 33% Salt Reduced 500 g Pkg.
1.69

Dainty Fried Rice
Assorted 350 g
1.49

Knechtel Ketchup
1 Litre Squeezable
With Coupon
1.99

Fresh Part Back Attached
CHICKEN LEGS
1.74 kg
79¢ lb.

Minute Maid Orange Juice
or Five Alive 355 mL
99¢

Product of U.S.A.
Florida Grown
JUICY PINK GRAPEFRUIT
12/1.99

Values In Effect From Mon, Jan. 4, Until Closing Sat., Jan. 9, 1993 Savings Based On Our Regular Retails We Reserve The Right To Limit Quantities To Normal Family Requirements Text Prevails When Photo Does Not Correspond To Description