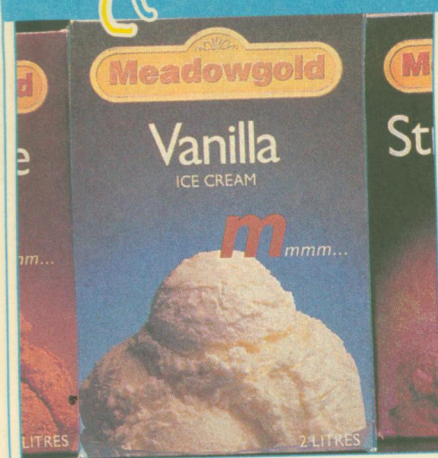


GREAT *Canadian* VALUES

IGA GREAT CANADIAN VALUES

DAIRY



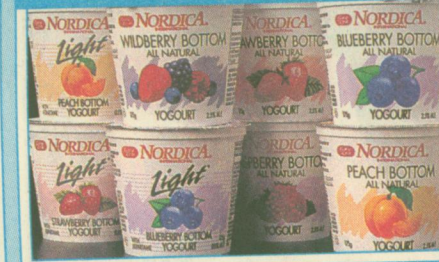
Meadowgold Ice Cream
Assorted Varieties
2 L ctn. **1.99**



IGA Cheese Bars
Assorted Cheddars or Mozzarella
700 g pkg. **5.99**



IGA Cheese Spread
Regular or Light
500 g jar **2.69**



Nordica Yogurt
Assorted Varieties, Regular or Light or Fruit On The Bottom Style
175 g cup **.49**



Kraft Snackerops
Assorted Varieties, 5-Pack Individually Wrapped Cheese Snacks
105 g pkg. **1.49**

Old Mill Oats
Assorted Varieties
1.35 kg bag **1.69**

Quaker Oatmeal Cereal
Ready To Serve Assorted Varieties
325 - 470 g box **2.49**

Dempster's 100% Whole Wheat Bread
675 g loaf **.99**

Neilson or Cadbury Multi Pack Chocolate Bars
Selected Varieties pkg. of 4 bars **1.99**

FROZEN



Minute Maid Orange Juice
Frozen, Concentrated, Assorted Varieties
295 - 355 mL tin **.99**



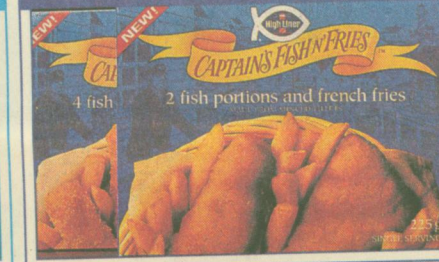
Cavendish French Fries
Frozen, Assorted Varieties
1 kg poly bag **.99**



Swanson Meat Pies
Frozen, Assorted Varieties or Macaroni & Cheese
200 - 227 g pkg. **.99**



Weight Watcher Entrees
Frozen, Assorted Varieties
with coupon on pg. 7 202 - 319 g pkg. **2/2.99**



High Liner Captain's Fish & Fries
Frozen, Assorted Varieties
225 g pkg. **.99**



Savarin Dinners
Frozen, Assorted Varieties
295 - 307 g pkg. **1.69**

Honeydew Fruit Drinks
Frozen, Assorted Varieties
341 mL tin **.79**

McCain Deep & Delicious Cakes
Frozen, Assorted Varieties 18 - 19-oz. pkg. **1.99**

Prairie Fresh Pack Perogies
Frozen, Assorted Varieties
with coupon on pg. 7 1 kg poly bag **1.99**

Sara Lee Apple Pie
Frozen, Fully Baked
with coupon on pg. 7 624 g pkg. **1.99**