

Poultry

M&M Oven Ready

Chicken Strips

Solid strips of chicken breast with a crispy bread crumb coating.



14⁹⁹ 3 lb. box

M&M Individually Frozen - Skinless

Boneless Chicken Breasts **16⁹⁹**

Tender, juicy and wholesome.

M&M Microwave or Oven Heat

Turkey Canadiana **12⁹⁹**

Lightly breaded turkey breast, stuffed with mozzarella cheese, cream sauce, smoked ham and bacon bits. 8 x 5 oz.

12⁹⁹ 2.5 lb. box

M&M Roadhouse Style

Chicken Wings **10⁹⁹**

Tips removed. Uncooked. Ready to spice the way you like.

10⁹⁹ 4 lb. box

Desserts

M&M Ready to Bake

Apple Pie

Made from fresh apples. 8 inch - 24 oz.

2⁴⁹ each



Cinnamon Buns

M&M No preservatives, Thaw n' Serve

A swirl of sweet pastry together with brown sugar, molasses and cinnamon. 6 portions.

2⁹⁹ 606 g box

M&M Ready to Bake

Cherry Pie

Homestyle flavour 8 inch - 24 oz.

2⁹⁹ each

Vegetables

M&M Canada Grade A

Farm Fresh Blend **3²⁹**

A unique blend of snow peas, cauliflower and baby carrots.

3²⁹ 2.2 lb. bag

M&M Canada Grade A

Corn **1⁹⁹**

Young, tender whole kernel corn.

1⁹⁹ 2.2 lb. bag



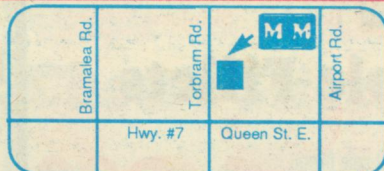
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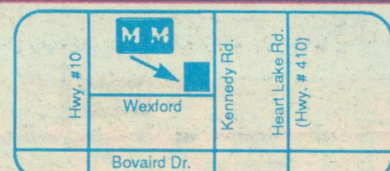
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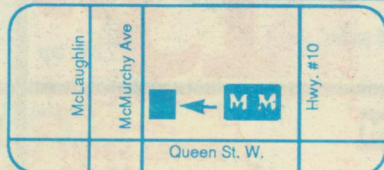
BRAMALEA
9185 Torbram Rd.
791-4486
(just north of Hwy. 7)



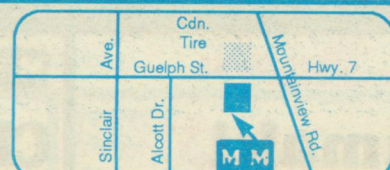
BRAMPTON
220 Wexford Rd.
840-7293
(north of Bovaird at Kennedy)



BRAMPTON
5 McMurphy Ave. N.
454-3224
(just north of Queen St.)



GEORGETOWN
211 Guelph St.
873-2151
(Hwy. 7 across from Canadian Tire)



a location near you

ORANGEVILLE
47 Broadway St.
942-2573
(beside Blockbuster Video at Fourth St.)



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