Nowadays one can not be too careful. Women especially should take extra precautions to be protected and safe while alone. This is the first of a two-part series presenting some tips for women alone from the Halton Regional Police Service. On The Street:

-Plan your route and avoid short cuts through parks, vacant lots, or

-Do not carry too many packages or a bulky purse.

-Walk near the curb and away from alleys and doorways.

-If you suspect you are being followed, cross the street; go to the nearest home, service station, or open business premises and call the

If Attacked

-Scream and run to the nearest residence or business. Cries for help can discourage criminals and may result in their arrest.

-If you choose to physically resist, take advantage of any "weapons" you may have - such as a purse or umbrella.

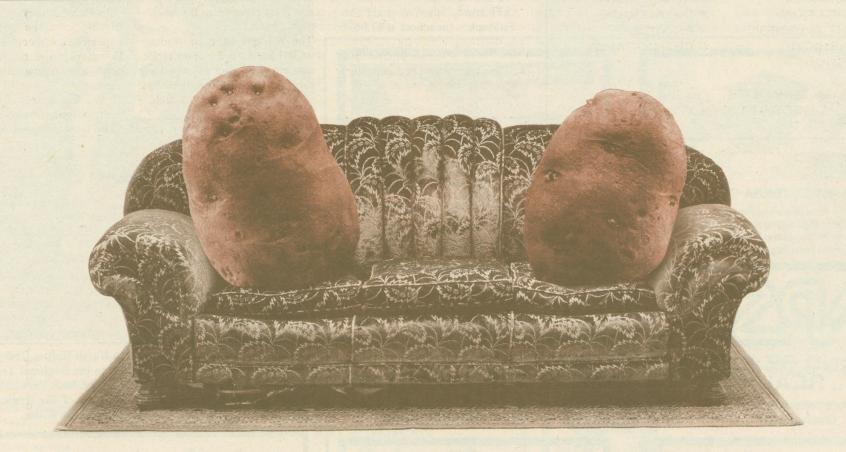
-Note points of identification

Halton Hills This Week, Saturday, October 17, 1992 - Page 13 such as clothing, glasses, scars, hair color, and height. Call the police

immediately.

For more information drop in to Acton Social Services and Information Centre (ASSIC) at 19 Willow St., North, Acton or call us at 853-3310. A pamphlet with complete information for "women alone" can be obtained at ASSIC or visiting your Village

Constables' office or police station. Wanted: On a clients behalf, ASSIC is seeking a Dehumidifier. Since this is a rare item, we are finding it difficult to locate one. If you have a dehumidifier in working order and wish to donate it, call Lin at Acton Social Services and Information Centre, 853-3310. (Arrangements may be made for ASSIC to pick up this item).



So what do you wanna do? I dunno. What do you wanna do? I dunno. What do you wanna do? I dunno. You think of something. I can't. Can you? Oh, I know! Nah, that's no good. What were you going to say? Nothing. You never want to do anything with me.

So what do you wanna do then? I dunno. What do you wanna do?

Sure I do.

May We Suggest Horse Racing?



If you're new to the sport, no problem, just visit our information booth. You'll find horse racing fun and easy, with out, great lounges and dining rooms, and non-smoking areas for your comfort. Bring the family, spuds under 12 get



comfortable seating indoors and

free admission to the grandstand.

RACING MONDAY, TUESDAY, FRIDAY, SATURDAY, SUNDAY AT 7:30 P.M. COUPONS WILL BE ACCEPTED AT ANY ONTARIO JOCKEY CLUB RACETRACK, EXCEPT WOODBINE RACETRACK ON OCTOBER 18, 1992. 416-854-2255

CLUBHOUSE ADMISSION Mohawk Raceway

Valid any racing day until November 1, 1992.

Mohawk Raceway

Valid any racing day until November 1, 1992.

Mohawk Raceway

Valid any racing day until November 1, 1992.

Mohawk Raceway

Valid any racing day until November 1, 1992.
