

A lasting memorial to Georgetown conservationist and fisherman George Hoare was presented to the Town of Halton Hills Monday by Fly Fishing Canada. A painting of a brown trout, entitled Conservation at the Forks, was presented in Hoare's memory to Mayor Russ Miller, far left, by the executive director of Fly Fishing Canada, Jack Simpson, of Mississauga, second from left. Also on hand was artist John Harrington, of Mississauga. The painting now hangs in the mayor's office at the Civic Centre. Hoare, a longtime member of Fly Fishing Canada and Outdoor Writers of Canada, was a well-known fisherman and fly tier. He died two years ago, about a month after his wife, Dolly, died. **Photo by Dianne Cornish**

Low-cost Rabies vaccinations offered

Two low cost rabies vaccination clinics for dogs and cats (\$8 per animal) will be held in Halton Hills on Saturday, Oct. 17 from 1 to 3 p.m. at the Boathouse in Acton and Cedarvale Park in Georgetown.

The clinics are sponsored jointly by the Halton Regional Health Department and the North Halton Veterinary Association.

Rabies is a common, fatal disease of wildlife in Southern Ontario. Often, it can spread to domestic animals (including dogs and cats), and sometimes, to humans.

Foxes, skunks, raccoons, and bats are the most common carriers of the virus causing the disease. Rabbits, squirrels, rats and mice are rarely infected.

Local chairs conference

ing the Wilfrid Laurier University Education Conference October 23, 24 at the University's Waterloo campus.

Ramautarsingh co-founded the WLU Conference in 1977 when he was a member of the WLU Board of Governors, Senate and Alumni President.

This is the fifth conference and Ramautarsingh said "we must join together in partnership to understand, collaborate and to take action in dealing with the unprecedented social changes.

"The conference will introduce a broad and wide scope of topics to promote lifelong learning skills. The topics of Gender Issues, the Environment, Equity in the Workplace, Equity and the Elderly, The Empowered Worker, Violence in Relationships, Technology, Family Balance Multiculturalism are most paramount in our minds today," the local educator added.

The feature address will be given

Tom Ramautarsingh is co-chair- by Riane Eisler. She is an internationally known scholar, writer, futurist and thinker. Her books have been sold out in Canada and people are waiting to receive their orders.

"To have her in person is quite the steal," Ramautarsigh said. "We had to book her two years ago. She will bring a message for parents, educators, administrators, negotiators, business people, unions, media people, trustees, students and the public at large."

Organizers include University, Conestoga College, Waterloo County Board of Education, Waterloo Roman Catholic Board, the teachers' federations, Mutual Group, Ministry of Education, Alumni Association, Social Workers and individuals.

The registration is 475 which includes a wine and cheese evening and a lunch. For registration forms and information please contact Tom Ramautarsigh at 877-6696 or the Halton Hills Chamber of Commerce at 877-7119.





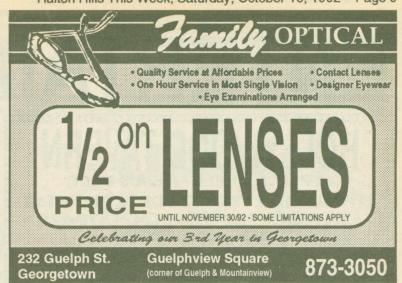
SUNDAY OCTOBER 11 1992

1:00 - 5:00 p.m.

110 Mill St. West ACTON

Now offered for sale at just \$149,900. As a Thanksgiving special, the vendor will include the stove, the fridge, the microwave, the washer, the dryer, all window coverings including drapes and blinds, the bedroom swag lamps and one antique "C.D. Pease" square grand piano circa late 1800 in any offer received before midnight, Monday, October 12, 1992. See you there. Don Hearn, Sales Rep. 877-5165.

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The importance of an active lifestyle does not change during or after pregnancy. Exercise makes the circulatory system, which nourishes your baby, work more efficiently. You will have more energy and experience less fatigue. Often backaches, varicose veins and extreme weight gain can be prevented with exercise.

We've designed a balanced program of exercises specially selected to keep you fit during pregnancy!

Days:

Starts: October 19/92 for 6-week session

Monday & Wednesday Please come 7:30 - 8:10 p.m. in to register. Time:

\$50.00

Work That Body Georgetown

232 Guelph St. 877-0771

Drom the kitchens of Weight Watchers

PLE COFFEECAKE

1¹/₂ cups all-purpose flour 2 teaspoons double-acting bak-

MAKES 8 SERVINGS

ing powder 1/2 pound Golden Delicious or

Granny Smith apples, cored, pared, and thinly sliced

1/3 cup plus 1 tablespoon granulated sugar, divided

- 1 tablespoon lemon juice
- 1 teaspoon ground cinnamon 2 tablespoons whipped butter
- 2 tablespoons plus 2 teaspoons margarine, divided
- ¹/₂ cup low-fat buttermilk (1% milk fat)
- Preheat oven to 350°F. On sheet of wax paper sift together flour and baking powder; set aside.
- 2. In small mixing bowl place apples, 1 tablespoon sugar, the lemon juice, and cinnamon and stir to combine; set aside.
- 3. Using mixer on high speed, in large mixing bowl beat together butter and half of the margarine until combined; add remaining sugar and continue beating until light and fluffy. Beat in eggs. Reduce speed to low and gradually beat in flour mixture. Add buttermilk and beat until thoroughly combined.
- 4. Spray an 8 x 8 x 2-inch baking pan with nonstick cooking spray and spread batter evenly in pan. Arrange apple mixture in a single layer over batter. Dot apple mixture with remaining margarine. bake in middle of center oven rack for 35 to 40 minutes (until a toothpick inserted into center comes out dry).
- 5. Set pan on wire rack and let cook at least 5 minutes. EACH SERVING PROVIDES: 1 FAT; 1/4 PROTEINS; 1 BREAD; 1/4 FRUIT; 65 OPTIONAL CALORIES
- PER SERVING: 215 CALORIES; 5 g PROTEIN; 7 g FAT; 35 g CARBOHY-DRATE; 87 mg CALCIUM; 204 mg SODIUM; 59 mg CHOLESTEROL; 1 g

Recipe from "Simply Light Cooking 250 Recipes from the Kitchens of Weight Watchers", ©1992 Weight Watchers International, Inc." For information on our September special or a meeting location near you, call 1-800-387-8227.