

Georgetown Men's Flag Football League Games

By COLIN GIBSON

Whoa! Hey! Work with me on this, people, let's keep it going.

Last Sunday dawned sunny with clear skies, the paddles were stored for at least a week, and pigskin antics took precedence over the weather report in Georgetown Men's Flag Football League action at Neilsons Field.

Unfortunately, all three games were one-sided affairs and the respective losers must have indeed felt as if they were in the eye of a storm.

League-leading Longhorns thumped Plus Welding 41-12, Meznic Electric got back on the winning track by easily handling M&M 21-6 and Dawgs spanked the New Kids on the Block 40-6.

Longhorns 41 - Plus Welding 12
Plus Welding players always seem to show up for the early morning game in a bit of a daze. They only seem to revive after a bit of exercise interspersed with copious amounts of water.

Unfortunately, by that time the game usually is out of hand and out of reach for Plus Welding.

The Longhorns found the seams in the PW defense and played bullish when challenged by the limited PW offense to post this easy win.

Rob Rivers was a force to be reckoned with on both sides of the ball for the Longhorns as he scored a touchdown and snared three interceptions.

Strong-armed Longhorn quarterback Greg Hubert showed no favorites hitting five different receivers for majors.

Aside from Rivers, Paul Allison, Jim Lindsay, Rob Hamilton and No. 10 (not listed on the scoresheet) scored touchdowns.

Dave Patterson kicked five singles for the winners.

Marcus Noel and Jeff Couligan scored touchdowns for Plus Welding. **Note:** Joe Montana, Ken Stabler and Earl Campbell were listed on the Plus Welding scoresheet. Shows how desperate the team is. Stabler and Campbell are long gone from the gridiron scene while Montana is just playing out the string before he retires.

Meznic 21 - M&M 6

Led by quarterback Hal Hulme's accurate tosses, a composed Meznic Electric squad thoroughly dominated an at time disorganized M&M squad to cruise to this win.

Meznic opened up a comfortable halftime 15-0 lead and extended

the lead to 21-0 before M&M scored the game's final touchdown.

Gary Lockwood turned in another stellar performance for the winners, counting two touchdowns and collecting an interception.

Randy Lunn had the other Meznic major while Jeff Lockwood kicked for three points, one single coming off a missed field goal.

Roger Thomas scored the lone M&M touchdown.

Dawgs 40 - New Kids 6

The Hounds of Hogtown proved once again that old Dawgs can still teach new pups a few things as the defending league champion easily disposed of the league's newest entry.

Dawgs led 20-0 at halftime en route to the convincing 40-6 win.

Player of the game for the Dawgs was Dave Clements who put on his game face and was a one-man wrecking crew for the winners.

The normally easy-going Clements scored three touchdowns and snared two two-point converts in collecting 22 scoring points. For good measure, Clements also recorded an interception.

LEAGUE STANDINGS

(AS OF JUNE 28)

TEAM	W	L	T	PF	PA	PTS
Longhorns	5	0	0	192	55	10
Meznic	5	1	0	167	51	10
Dawgs	4	1	0	157	63	8
M&M	2	3	0	58	106	4
Plus Welding	1	4	0	63	114	2
Oldtimers	1	4	0	48	146	2
New Kids	0	5	0	14	164	0

SCORING LEADERS

(AS OF JUNE 21)

PLAYER	TEAM	PTS
Gary Lockwood	Meznic	50
Bob Davey	Longhorns	42
Dave Clements	Dawgs	40
Rob Rivers	Longhorns	26
Kevin Brown	Oldtimers	22
Jim Lindsay	Longhorns	20

INTERCEPTIONS

(AS OF JUNE 21)

PLAYER	TEAM	INTS
Jim Lindsay	Longhorns	5
Gary Lockwood	Meznic	3
Dave Clements	Dawgs	2
Patrick Litowski	Dawgs	2
Mark Waters	Plus Welding	2
Stu Hirst	M&M	2

UPCOMING GAMES

(JULY 5 AT NEILSONS FIELD)

8:45 A.M.	Oldtimers	vs. M&M
10:00 A.M.	Dawgs	vs. Longhorns
11:15 A.M.	Plus Welding	vs. New Kids
	Bye-Meznic Electric	

Glen Softball

By WENDY GOODHEW

The town of Glen Williams may be small and softball games are one of the biggest events which happen there but thanks to President Shirley Inglis and her executive, they plan to make a grand showing this year in the softball circuit. On her executive are: Lyn Lafleur, Linda Armstrong, Brenda Leslie, Carol Telford, Cindy Crawford and Wayne Norton. This

group along with many hard working coaches, umps and parents, have already made the Glen the team to beat in many of the divisions this year.

The Atom girls are full speed ahead this season being undefeated so far. Coaches Keith Annette, Jim Evringham and softball veteran Beth Haines are thrilled with the fine effort the team has shown. Squirrel boys coached by Murray

House League Soccer

Under 10 Girls

From a distance, the shouting of the parents and coaches relayed the thrill of the game between Wendy's Winners and Armstrong Insurance when these two Under 10 girls' soccer teams met this week. The score of 2-2 demonstrated all round playing by both teams despite injuries on both sides from heavy duty running.

Meghan Gogan and Rebecca Culp made good defense moves with their chests that stopped the ball and their breath momentarily. The tying goal was made with a green ball on the goal line and a good rolling catch by gold goalie Krystal Dutkowski but it was in by inches.

Samantha Arnold, Joey Stansfield and Heather Stephens played well for the gold Wendy's Winners team with Rebecca Culp and Heather Stephens getting the goals. Noteworthy players for aqua Armstrong Insurance were Karen Killabough, Cheryl Eagleson Shannon Longland with Karen and

Janine Taylor getting goals. Leandro Sperduti referred a tight game.

The Recochem Turbos scored one goal early in their game with Sharilyn Kogan shooting against the orange Millieres TV and the Turbos played a very strong first half. The Millieres TV equalized at half time and then the orange team scored 4 more goals as the Recochems tired. Sarah Czerwinski, Jennifer Morgan and Julie Thompson were noteworthy for the Recochem Turbos with Alanna Zelek, Stephanie Young and Caroline Seack playing well for the orange team. Melissa Hill refereed.

When the red Elks Lodge faced the Municipal Trust Blue Bombers, the resulting score was 2-1 for the Elks. Katie McIlveen scored for the Elks in the first half from a scrum in front of the net with Tara Rafferty scoring in the third quarter on a clear run. Jacquie Bajic kicked one in the Blue

Bombers in the final minutes of play. Noteworthy players for the Blue were Lisa Butler, Jackie Spittal and Vanessa Taberer and for the Elks were Kim Nielsen, Emily Thompson and Melanie Sherren.

The game between Andrew Murray Motors and the Burger Kings was sizzling with end to end action. Leah Crane did some great goal poaching with 2 goals for the Motors by half time and then Laura Shields got one for the Motors in the last quarter. Jennifer Kilmer as the Burger King goalie made some super saves while her teammates Bethany Booker and Kira Lawrence each scored for the Burgers. Final score was 3-2. Noteworthy playing for the burgers was demonstrated by Jennifer and Kira with great running by Jill Pembleton. For the Andrew Murray Motors team, noteworthy defense and Stephanie fielding. Thanks to referee Kimberley Timmings.

Georgetown Ladies Flag Football League Results

CIBC stands alone in top spot

By LEANNE FOURNIER

CIBC continued their undefeated streak with a 21-6 thrashing of Burns Transport. JV Jets posted a convincing 36-0 win over O'Tooles while Living Lighting pulled the rug out from under QES with a 14-11 score.

CIBC shook the Burns monkey off their back as they took total command of the game. Marg Walinga picked off a pass early in the first and returned it for 6. Nancy Hoover had a fine day sporting a CIBC jersey, a new last name and 8 points and an interception.

Lori Hofing had the other major and Monica Mastalerz chipped in the convert. With 4 plays left in the game Linda Donais dodged players to stop a shutout.

The second game saw an undermanned JV Jet squad take control. It looked like the Rosemary Gale Wysocki, Lisa Allen show.

Rosemary posted 14 points while Allen picked off a pass and ran it back for the major. Chris Smith pulled in 8 points and Ineke Booth scrambled in for the other six.

The last matchup saw one

former team split into two. QES had victory within reach with the help of a Michelle Robertson major and 5 points at the foot of Tammy McLaughlin. Living Lightings only score came on a Roseann Harrison run. With time winding down, Roseann tossed a timed pass to the out-stretched arms of Melody McNeil. Jeanine Larusso snagged two points to censor the victory.

Game Stars: (L) Melody McNeil, (C) Lori Hofing, (B) Brenda Hamilton, (Q) Michelle Robertson.

ACTIVITY LINE

Fitness is active living

By Laurie Burns
Exercise Physiologist

Over the last two decades, more Canadians are active on a regular basis. As our activity levels increased, our understanding of fitness has also evolved.

Our understanding of "physical fitness" has expanded to an understanding that physical activity encompasses the whole person; body, mind and spirit.

We have also become more aware of how physical activity is an integral part of our daily lives. Our level of physical activity is affected by our daily schedule, our relationships, the physical environment, the economy and various aspects of our life.

The "no pain, no gain" approach to activity is long gone, and an approach toward a more personal type of physical activity is here. People are better informed and are feeling more comfortable about deciding what kinds of activities they like to do.

Participating in physical activity helps a person to feel more vigorous. It creates opportunities to develop confidence, skills, or camaraderie through a variety of enjoyable and meaningful activities.



Active people have more energy; they cope with stress better. They experience improved well-being and an enhanced quality of life.

Baseball Camp

Come on out and brush up your skills at our new baseball camp and see yourself become the next Roberto Alomar. Our trained leaders will be working on improving your skills for both hardball and softball, covering all aspects of the game. So therefore, please join us! For further information contact the Halton Hills Recreation and Parks Department at 873-2600, ext. 270.

Studio Art Camp

Professional artists workshops, crafts, games and swimming are all part of our exciting Studio Art Camp. Register now. Limited space available. Sessions start August 10 in Acton and July 27 in Georgetown. For more information contact the Town of Halton Hills Recreation and Parks Department for more information at 873-2600, ext. 270.

FOR THE FAMILY



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