

I write to you this evening as I am sitting at my kitchen table, looking at my snowy yard, and thinking how peaceful and quiet it is... And how truly fortunate every one reading this is to be in this place - Halton Hills...as war rages in Ukraine, political duress continues south of the border and the economy is unstable, I feel truly blessed to be able to appreciate this calming silent night.

This time of year, count your blessings instead of the gifts you feel you still need to buy. Always be there for people you can help with kindness and love. They don't need to be related to you, just smiling at a stranger and wishing them happy holidays can brighten someone's day.

Appreciating the little things and slowing down to breathe is the key to true happiness. This Christmas, as always I wish everyone reading this a wonderful holiday filled with much love and happiness today and always.

Sincerely,
Cory Soal


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