



By Cory Soal
R.H.A.D.

... Lend Me Your Ears

PLEASE BE AWARE OF SALES PRACTICES

Avoid being pressured into buying a hearing aid. As with any other medical decision, you should be given the opportunity to seek additional information or a second opinion. Sales personnel using high pressure approaches demonstrate little concern for your well being.

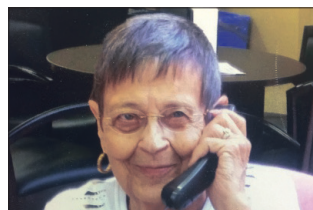
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OPINION

LOOKING AHEAD TO 2023 AT HILLSVIEW

PLENTY IN THE WORKS FOR THE YEAR TO COME, WRITES FLORENCE RIEHL



FLORENCE RIEHL
Column

I just can't help moving to the sounds of our very own Centre Band. Every Thursday morning, band members practise at 10 a.m. You are welcome to come and listen, and maybe even dance in the hall.

Or join us for a hot

lunch. The aroma will make your mouth water. It sure smells good in there.

Membership renewals for 2023 are due Jan. 1. What a deal it is for just \$35, and it's valid at both the Georgetown and Acton Living Centres. Only \$2.92 a month — what a value.

It has been a busy December at our centre, and as 2022 comes to a close we look forward to a new year full of adventures.

That begins with a Diamond Dot Social on Monday, Jan. 9 at 1 p.m. This new craft is similar to a paint by numbers, but instead of paint, we use diamond dots to create a work of art.

The kits are provided and, of course, refreshments. Come join in the fun. Sign up is at reception and on a first-come, first served basis.

The men's breakfast will

continue, with the first in the new year on Wednesday, Jan. 18. What is for breakfast, you ask? Scrambled eggs, bacon, sausage, home fries, toast and jam — and of course a continuous cup of coffee. You will need to sign up and pay in advance so we can get sufficient food.

Book a Librarian has become a great source of help to those of us who continue to struggle with all of the electronic devices we have. The librarian will be at the centre on Friday, Jan. 20 from 9 to 11 a.m. Book your time slot at reception.

What will happen to all those treasures we have collected throughout the years? Who will get what when we pass on? How do we make the necessary decisions about our affairs? Come out to our Estate Matters workshop on Monday,

Jan. 23 at 11 a.m. I am sure you will get help in planning.

Active Living programs resume the week of Jan. 9. If you haven't registered, you may want to do so before we close for the holiday season.

A reminder that your centre will be closed from Dec. 26 and reopens Monday, Jan. 2.

Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown. She can be reached at freeflo@sympatico.ca.

MORE ONLINE

SIGN UP FOR OUR WEEKLY NEWSLETTER AT THEIFP.CA

DOUBLE your donation this holiday season!



Scan the QR code to donate today!



Every dollar you donate by December 31 will be matched by generous members of our community, and will significantly increase our ability to fund the highest priority equipment needs at Georgetown Hospital.

georgetownhospitalfoundation.ca

