



Did you know?  
Every \$10 you  
donate provides  
more than \$62 of  
GOOD food.



## Helping People and the Planet

We rescue **GOOD** surplus food from all parts of the supply chain and share it with neighbours who need access to healthy food.

- 5 million lbs of **GOOD** food rescued last year
- 3,200 households supported each week
- 7 million kgs of greenhouse gas diverted

### Double Your Impact!

The Becel® Kind Hearts Fund will match every donation up to \$115,000 this holiday season.

Donate today. [FoodForLife.Ca/holidays](https://www.foodforlife.ca/holidays)