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## legal matters | ESTATES & TRUSTS

### Helping your parents as they Age



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Certified Specialist in  
Estates & Trusts

Wills, Powers of  
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Estate Litigation and  
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As the Canadian population ages, children of seniors are increasingly challenged with parents who need support.

In many instances, parents resist this assistance, as it often represents a loss of independence. How can we plan for these changes?

As is the case with most things in life, we can make the most progress with an open honest discussion. Families should include all interested parties in the process – siblings, friends, neighbors. This will ensure that down the road when important decisions need to be made, everyone will feel included.

If it has not been addressed recently, this is a good time to revisit your Will, and Powers of Attorney. In the process of discussing wishes, it can lead to a discussion on current personal needs. Although these can often be difficult discussions to have, a proactive approach will likely help the parent to accept life stage challenges with grace.

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### MIRACLE ON MAIN STREET UNDERWAY



Graham Paine/Metroland

Halton police Deputy Chief Roger Wilkie and former pro wrestlers Tiger Jeet Singh and his son Tiger Ali Singh kick off the 14th annual Miracle on Main Street, a team effort between Halton police and the Tiger Jeet Singh Foundation, who are once again collecting toys for less fortunate children across Halton this Christmas.

#### NEWS

### TOWN LOOKING TO HEAR LOCAL STORIES OF KINDNESS

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Pexels photo

The Town of Halton Hills' Be Kind campaign is back.

Small acts of kindness can make a big difference — a community trend the Town of Halton Hills has noticed.

Paying for a drive-thru order or taking a brief moment to help someone, the Town wants to hear resident stories of kindness.

"By being kind, we have a better society," said former Mayor Rick Bonnette, who

started a two-month Be Kind initiative in July 2020.

With the growing conflicts among people during the pandemic — often leading to harsh behaviour towards others — Bonnette said he aimed to remind residents to simply be kind.

Since the recent relaunch of the campaign, it has received numerous responses.

These show "people in our community will help each other when presented with the opportunity and I know there're a lot of other stories out there to be told," shared communications specialist Meagan Cooper.

Visit [letstalkhaltonhills.ca/bekind](http://letstalkhaltonhills.ca/bekind) to access the kindness calendar, read resident stories and share your own.