

# TACOS ON TUESDAY ... OR ANY DAY!

TACOS ARE THE PERFECT WAY TO REPURPOSE YOUR LEFTOVERS, WRITES AMY STOPNICKI



AMY STOPNICKI  
Column

Are Tuesdays usually "Taco Tuesdays" at your house? At our place, we love good tacos. It's one of

my favourite ways to repurpose leftovers.

One of the most important components of this composition is the cabbage salad, which adds texture and flavour. At home, I used leftover salmon, adding avocado, corn, and spicy mayo.

### PURPLE CABBAGE SALAD

#### INGREDIENTS

2 to 3 cups shredded red cabbage

1 to 2 tbsp olive oil  
1 to 2 tbsp lemon juice or vinegar

2 tbsp of honey  
Salt and pepper to taste  
Chili flakes to taste

#### INSTRUCTIONS

1. Combine all ingredients together.
2. Let salad marinate for 20 to 30 minutes before serving.

*York Region resident Amy Stopnicki is an award-winning cookbook author, event planner, food blogger and mother of four. You can find her on Instagram at @amystopnicki or email her at amy.stopnicki@gmail.com.*



Amy Stopnick photo

Tacos are the perfect way to repurpose leftovers or anything that's sat in the fridge for awhile. In this recipe, make a delicious cabbage salad, using avocado, corn and a spicy mayo mix.

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