

# REMEMBERING THEIR SACRIFICE

LET'S HONOUR OUR VETERANS ON NOV. 11, WRITES GARY CARR



GARY CARR  
Column

In the month of November, we gather to reflect on the courage of all Canadian veterans and soldiers, including our Indigenous veterans who have deep roots of service in the Canadian armed forces.

We thank all of our veterans for their great sacrifices — at home and abroad — to

serve our country and protect our freedom and security. We remember all those who made the ultimate sacrifice in the First and Second World Wars, the Korean War and the War in Afghanistan, and in ongoing peacekeeping missions and exercises.

Current members of Canada's armed forces continue to bring aid and stability to areas in conflict, in addition to crises at home — including essential support during the COVID-19 pandemic. For over 100 years, we have used the poppy as a symbol of remembrance in Canada. This tradition began with Madame Anna Guérin, who was inspired by John McCrae's iconic poem 'In Flanders Fields.'

The poppy was distributed as a way to raise money for veterans' needs and to remember those who had given their lives during the First World War.



Metroland file photo  
Halton residents are encouraged to wear a poppy and support our veterans.

Since 1921, the Great War Veterans Association, which unified with other veteran groups and became the Canadian Legion in 1925, has adopted the poppy as the flower of Remembrance.

The Legion and its members have since upheld this tradition of Remembrance.

On Remembrance Day, we honour the bravery of members of the armed forces,

"On Remembrance Day, we honour the bravery of members of the armed forces, both past and present."

es, both past and present. I encourage you to wear your poppy proudly on Nov. 11 as a symbol of recognition and remembrance.

To purchase other items from the Royal Canadian Legion's online Poppy Store in support of Canada's veterans, please visit legion.ca.

Thank you to our veterans for helping keep Halton a great place to live, work, raise a family and retire.

*Gary Carr is regional chair of Halton Region. To contact him, email gary.carr@halton.ca.*



By Cory Soal  
R.H.A.D.

... **Lend Me Your Ears**

**MEDICATIONS CAN BE DANGEROUS TO YOUR HEARING!**

Ototoxicity is the term for medication that can be hazardous to your hearing health. If you presently take medication, be sure to ask your physician about possible effects on your hearing. Keep in mind that combinations of prescriptions increase the risk of ototoxicity. If you suspect your medication could be ototoxic, or develop a ringing in your ears, report this to your physician. For more information, please call.

The Georgetown

**HEARING CLINIC**

*We care about your hearing!*

Professional Arts Building  
99 Sinclair Ave., Suite 210, Georgetown  
**905-873-6642**

*Serving the community of Halton Hills and surrounding areas since 1992*



**SERVING HALTON HILLS, DUFFERIN COUNTY AND SURROUNDING AREAS WITH OVER 15 YEARS OF DIVERSE NURSING CARE.**



Lisa Zabloutny, RPN OWNER



**Elite Home Nursing Care**

Every day there are people on hospice waiting lists hoping a bed becomes available in time for comfortable end-of-life care, that their journey won't end in a hospital or with multiple healthcare providers at the bedside. Many wish for dignified and competent care at home with loved ones present in familiar surroundings.

With over 15 years of experience serving the Halton community, I provide highly compassionate and well qualified private nursing services at home for peace of mind and fulfillment of wishes including 24 hour live-in end-of-life care.

Please contact me with questions or requests for more information.

416-833-8203 [www.elitehomenursingcare.ca](http://www.elitehomenursingcare.ca)