## COMMUNITY PALLIATIVE CARE EXTENDED IN HALTON

Halton Healthcare has announced that Community Palliative Care Physician Groups (CPCP) will now offer their services across Halton Hills, Milton and Oakville.

Each of the dedicated CPCP groups provide home-based care for patients with palliative and end-of-life needs.

Palliative care is an approach that improves the quality of life for patients and the families of those diagnosed with life-threatening illness.

"With these programs we've simplified the process so patients can get the compassionate care they

need and won't have to keep retelling their story at every point in their journey," said Dr. Tarek Kazem, palliative medicine physician lead, Halton Healthcare.

"Our Community Palliative Care Physician Groups make it easier for end-of-life patients and



Graham Paine/Metroland

Halton Healthcare extends support to community palliative care.

halton.ca ( 311



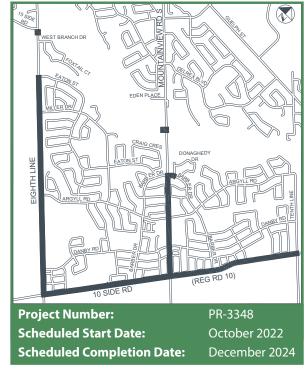






## **NOTICE OF CONSTRUCTION**

**Watermain and Wastewater Main Improvements on** 10 Side Road (Reg. Rd. 10), Eighth Line and Mountainview Road South, Town of Halton Hills (Georgetown)



For more information about Regional improvement projects:

- visit halton.ca;
- sign up to receive email notice and updates; or
- email accesshalton@halton.ca or call 311.



## **Meetings at Halton Region**

Regional Council meetings are taking place through web conferencing until further notice. Videos will be posted to halton.ca.

their families to access seamless care at home, in hospice or hospital, thanks to their work with our partners to improve communications, streamline processes and connect community services."

Dr. Deborah Marshall. co-lead of Milton palliative care physicians noted the community palliative care physicians have Halton Healthcare privileges, which allows them to see their patients and their health records, should they be admitted to the hospital.

The CPCP groups work as partners with Halton Healthcare, Home and Community Care Support Services Mississauga Halton and the Connected Care Halton Ontario Health Team.

"Improving access to care for palliative patients and their families is a priority for our team and the system as a whole," said Daniel Ball, director of palliative care, patient flow, rehab and geriatrics with Halton Healthcare.

"We want to provide patients with the best possible care and keep them at home where they feel more at ease, while helping them avoid a visit to the emergency department."

Dr. Lynne Benjamin, palliative care physician with Oakville palliative care physicians said the first goal of palliative care is to maximize the quality of life for patients facing a life-threatening illness.

"We come into the journev of these patients at the most vulnerable time in their lives." she said.

"We want to provide them with the best options for pain and symptom management and to be able to spend their final moments at home, surrounded by loved ones, if that is their wish. Not everyone has the same requests, but this incredible group of physicians and services allows patients and families to make the choices that work for them."

Patients and families referred into the palliative care program also have access to a 24/7 help line that can connect them to confidential counselling and emotional support services, including on-call palliative care nurse practitioners.

## HALTON HEALTHCARE SEEKS PATIENT, FAMILY ADVISORS

Halton Healthcare is accepting applications for patient and family advisors (PFA). The volunteer position, introduced in 2015, has been directly involved in a variety of projects to improve the quality of care for patients and their family members.

The only requirement of the position is that you have had a recent experience (within the past five years) at Halton Healthcare as a patient, family member or caregiver of a

patient and have an interest in making a difference.

"Becoming a PFA provides an opportunity to share your experiences with staff to provide feedback and suggestions from a patient and family perspective for continuous quality improvement," said Cheryl Murphy, quality specialist - patient engagement for Halton Healthcare, PFAs collaborate with members of the healthcare team to provide input into policies, pro-

grams and practices that affect patient care and services. PFAs have been involved in creating educational and informational materials, participating on interview panels and working on short-term projects, such as the recent implementation of the new hospital information system.

PFA participate in ways that best match their interest, experience and availability, committing two to four hours per month, depending on the engagement opportunity.

For more information about becoming a PFA, or to fill out an online application, visit www.haltonhealthcare.com.