

MOURNING THE QUEEN



Byron Thomas photo

Byron Thomas, Halton Hills resident and member of the Monarchist League of Canada, displays a tribute to the late Queen Elizabeth II at the entryway to his home. He joins many local residents in mourning the passing of the Queen, who reigned for over 70 years.

NEWS

HALTON HILLS A HUB FOR CULTURE DAYS

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Halton Hills has been chosen as one of the hub locations hosting Ontario Culture Days from Sept. 23 to Oct. 16.

The festival invites the public to get hands-on and behind-the-scenes experiences to highlight the importance of community arts and culture.

"It's (Halton Hills') natu-

ral beauty, historic hamlets and charming villages have captured the hearts of artists, encouraging many of them to call this place home," shares the festival website.

Life drawing, rug hooking, art in the park, Acton Arts Market, and National Day for Truth and Reconciliation events are planned for Halton Hills this year.

For a complete list of

events and further information, visit the Ontario Culture Days website.

"This year, Halton residents can connect with local artists and hone their ... skills with free with self-directed sessions," said festival senior accounting manager Michael Usling.

Ontario Culture Days is held in towns and cities across the province each fall.



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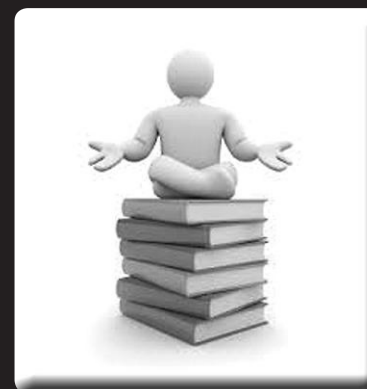
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Q: How do I get my kids to brush their teeth?

A: You know it's important for your child's health. As a parent, you want to do the right thing. When it comes to regular tooth brushing, though, it's become a struggle just to get your child to brush their teeth.

Some parents, unfortunately, give in and allow their children to neglect good oral hygiene. Don't make the mistake! Your children should be taught very early how to brush. This can be encouraged as a regular habit by using some of the flavored children's toothpastes now available. Try to reserve brushing for the same time each day so it comes to be an expected activity. If your child still resists, make a game of it. You may even wish to pretend to be a "dentist" for your child, in the process doing the needed brushing for them. Older children may respond to a reward system that you establish.

Perhaps most important, set a good example. Your daily brushing, flossing, and avoidance of sweets will do more to develop good dental habits than anything else.