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## Get boosted this fall!

- The bivalent COVID-19 booster dose is now available for eligible groups at Halton Region's vaccination clinics.
- The bivalent COVID-19 vaccine is an updated version of the COVID-19 vaccine, that targets the original COVID-19 virus and the Omicron variant.



### Important:

- Before receiving the COVID-19 bivalent booster dose, you must first complete your primary series (usually 2 doses) of COVID-19 vaccine.
- It is recommended you receive the bivalent booster dose 6 months (168 days) after your last dose of COVID-19 vaccine or after experiencing a COVID-19 infection, however you may receive the vaccine at a minimum interval of 3 months (84 days) since your last dose.

To learn more about eligibility or find locations to get vaccinated, visit [halton.ca/COVIDvaccines](http://halton.ca/COVIDvaccines) or scan the QR code:



092222

## OPINION

# PERSONNEL SHAKEUP AT HILLSVIEW ACTON

## NEW ROLES TAKEN ON AT CENTRE, WRITES JULIE CONROY



JULIE CONROY  
Column

We welcomed a new face at Hillsview Acton earlier this month.

Matas Eimantas is our recreation programmer. Some of you may remember him from the lunch programs. He is replacing Michelle Durham, who has stepped into the position of recreation supervisor for senior services in Acton.

She replaces Wendy

Krever, who has recently retired. There was a farewell reception for Wendy on Sept. 13. There were many well-wishers and a few tears.

Wendy has been with us through many changes, and we will miss her and her positive attitude. She received a beautiful painting by Dave Gordon to help her remember the members of Hillsview, Acton. We wish her the best in this new chapter of her life.

On Sept. 6, 65 people enjoyed tea or coffee and cake. Twenty were new members and the remainder were members celebrating their July, August and September birthdays.

Everyone enjoyed meeting old friends whom they haven't seen since before the pandemic.

It's great to see things returning to normal and programs returning.

On Tuesday, Sept. 27,

you can enjoy a roast beef dinner complete with Yorkshire puddings, mashed potatoes, vegetables and gravy. And if you still have room, there's pie. This will be followed by dancing (or listening) to the popular Michael Kelly Cavan.

We will be holding a pancake breakfast on Tuesday, Oct. 4.

You will be enjoying pancakes, sausages, juice and coffee. There will be four sittings — 9, 9:30, 10 and 10:30 a.m. Tickets are on sale now.

The local flour mill (P & H Milling) generously donated the pancake mix, so I know they will be delicious.

Tickets are now on sale at the Centre for the Halloween dance at the Acton Legion on Friday, Oct. 21. Everyone is welcome.

Everyone's favourite D.J. Ilio (The Right Sound) will be providing the music.

*Julie Conroy is the public relations director for Hillsview Active Living Centre Acton. She can be reached at [hillsviewacton@gmail.com](mailto:hillsviewacton@gmail.com).*

## SEND US YOUR LETTERS TO THE EDITOR

The Independent and Free Press values the opinions of its readers, and the community at large.

With that said, we welcome your letters to the editor on all matters that impact area residents.

We ask that letters be no more than 275 words, and include the full name and town of the writer.

Your address and telephone number must also be included for verification purposes only.

We do not publish anonymous letters. Letters will be edited or rejected for offensive content, factual errors, legal issues or space restrictions.

Send your letters to [newsroom@ifp.ca](mailto:newsroom@ifp.ca).

## New Patients and Emergencies Welcome!

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## CULTURAL CONSIDERATIONS AT END-OF-LIFE

Thursday October 20, 2022

Gellert Community Centre,  
10241 Eighth Line,  
Georgetown, ON L7G 4S5

Registration: 9:00 am  
Presentations: 9:30 am 11:30 am

### Themes:

- Talking about dying in a Culturally Sensitive Way
- Rituals on the end-of-life journey, at time of death and post death
- How grief is expressed in various Faiths and Cultures
- Supporting families through the grief journey

### Panelists:

- Harmohan Singh Parmar, Trust Secretary, Halton Sikh Cultural Association
- Rabbi Stephen Wise, Shaarie-Beth El Congregation, Halton
- Daood Butt, Islamic Community Centre of Milton
- Rev. Steve Boose, Knox Presbyterian Church/ Limehouse Presbyterian Church

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