



By Cory Soal  
R.H.A.D.

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The Georgetown



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## WHAT'S ON

# NEW RUNNING GROUP LAUNCHED

HERB GARBUTT  
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When Darryl Ford moved to Georgetown two years ago, he started looking for a running group. Unable to find one, he decided to start his own.

Not wanting to overthink it, he named it the Georgetown Runners. As he sought out members, he quickly learned that a group named the Georgetown Runners had operated for 35 years, from 1982 to 2017.

"Once I started to touch base with these guys, I started to learn their history," he said. "They sort of aged out and they weren't attracting too many new runners."

Ford hasn't had too much trouble finding interested runners though, including

many of the members of the previous incarnation of the club.

"The biggest part for me was how (the club) was going to work," he said. "They've been very accepting and very grateful and willing to share their knowledge."

His discovery led to a slight change in his original name with it becoming Georgetown Runners 2.0.

Ford said he wants a club that welcomes everyone, which led to the club's slogan — All Faces, All Paces.

"It's not just a running club," he said. "The plan is to emphasize the social side. It's a social group that uses running as a medium to get together."

Ford started with Sunday runs with 15 to 25 peo-



Herb Garbutt/Metroland

Kandice Raymond (left) and Joanne Colthard take part in the Georgetown Runners 2.0's weekly run at Centennial Public School.

ple, but it quickly expanded.

Every Tuesday at 6:30 p.m. at Centennial Public School there is a learn to run session. The introductory sessions where newcomers can walk or run on a small track, get tips on warm-ups, hydration, clothing and running techniques. There are also supported runs where an experienced runner will run at your pace, ensuring nobody gets left behind.

There are also weekly

runs Wednesday at 6:30 a.m. leaving from the parking lot of Shoppers Drug Mart on Mountainview Road, Thursday at 6:30 p.m. at the Georgetown Fairgrounds and Sunday at 8:30 a.m. leaving from various locations in town. Ford hopes to stage the group's first race in the fall as well as organize events like a pub run. For more information, visit the group's Facebook page at [facebook.com/groups/georgetownrunners](https://facebook.com/groups/georgetownrunners).




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