

Driving under the influence puts lives at risk

The dangers associated with impaired driving are well known. Nevertheless, every summer, countless drivers get behind the wheel either exhausted or under the influence of alcohol, medication or illicit drugs, putting the lives of others at risk as well as their own.

Are you planning on hitting the bar or attending a summer party? There's nothing wrong with having fun, as long as you don't get behind the wheel afterward! Public transportation, taxis, designated drivers — there are many ways to get home safe and sound without driving your personal vehicle. Other sensible solutions include staying the night or renting a room at a nearby hotel.

There's no foolproof way to remove alcohol from your system. Taking a cold shower or drinking black coffee will not lower your blood alcohol content. Your body needs time to break down the alcohol naturally — it's the only way!

Going prolonged periods of time without sleep (more than 17 consecutive hours) is equivalent to drinking several alcoholic beverages. That's why it's strongly recommended to avoid driving when sleep-deprived.

Did you know?

Mixing alcohol with drugs (prescription medication included) leads to a greater impairment of cognitive functions, increasing your risk of causing a crash.

Your blood alcohol level can continue to increase up to 90 minutes after you've consumed your last drink of the evening.

Drive Sober, Be Safe This Summer



Have a Safe and
Happy Canada Day
Long Weekend!



Tra-Scott Fire & Safety Inc. Complete Fire Protection

- Inspections • Repairs • Installations
 - Sprinkler Systems • Fire Extinguishers
 - Exit & Emergency Lights • Fire Suppression Systems • Kitchen Systems • Fire Alarms
- 16-55 Sinclair Ave., Georgetown, ON L7G 4X4
PO Box 65 STN Main Georgetown, ON L7G 4T1
Tel: 905-877-0055 Direct Line: 905-702-4725

D.Scott Campbell
Tel: 905-877-0055 | Fax: 905-877-2787
www.trascotffire.com



D. SCOTT CAMPBELL

55 Sinclair Ave., Unit #6 Georgetown, Ontario L7G 4x4

Telephone: (905) 877-0033

1-800-465-1575

Fax: (905) 877-2787

www.unitedfire.com



Happy Canada Day!
Stay Safe