



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### MEDICATIONS CAN BE DANGEROUS TO YOUR HEARING!

Ototoxicity is the term for medication that can be hazardous to your hearing health. If you presently take medication, be sure to ask your physician about possible effects on your hearing. Keep in mind that combinations of prescriptions increase the risk of ototoxicity. If you suspect your medication could be ototoxic, or develop a ringing in your ears, report this to your physician. For more information, please call.

The Georgetown



## HEARING CLINIC

*We care about your hearing!*

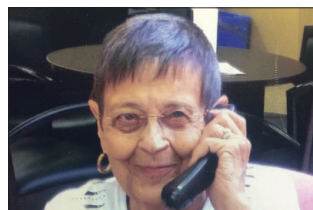
Professional Arts Building  
99 Sinclair Ave., Suite 210, Georgetown  
**905-873-6642**

*Serving the community of Halton Hills and surrounding areas since 1992*

## OPINION

# WELCOME BACK, KIM

## VOLUNTEERS HONOURED AT APPRECIATION NIGHT, WRITES FLORENCE RIEHL



FLORENCE RIEHL  
Column

She's back! I'm sure I speak for everyone in welcoming Kim's return after her maternity leave. We have missed her smiling face and are so glad to see her back with us.

It looks like Chico's hot-dogs and sausage on a bun

were a great success. I declare that if we keep eating like this we will all be in need of a diet program.

Speaking of eating — a word out to the men of the centre. Stay tuned for more information on the men's breakfast club coming soon.

Due to inflation, it has been necessary to increase the cost of the beverage card. It will now include a couple of cookies with your coffee or tea. The kitchen is no longer taking payment, so you will need to purchase your card from reception.

Some are still asking when our kitchen will open up more. It needs volunteers to do this. If you are interested, drop in to talk to Rosanne, our volunteer coordinator. She is in her office at the centre on Wednesday mornings at 10 a.m.

There's a new aqua fit

drop-in at the Gellert Centre. Purchase your pass with no expiry date. Stop in, or call the Gellert Centre for more information.

To all Mindfulness Monday participants, we are pivoting from Zoom to Mercuri calls to deliver the program. You log into the program by calling 416-900-2936 and enter the code 244041# every Monday at 10 a.m. You will be connected to your instructor Jill. The program is free to Hillsview members.

There is a new trip on the travel desk. Please come by and take a look. The time to sign up is limited.

Thank you to our Rosanne for her time and effort in putting together a wonderful volunteer appreciation evening. The weather was great and a great time was had by all. Thanks, Rosanne.

It is great to realize that the many hours put in by the many local volunteers are recognized and appreciated. If you have an interest in volunteering in some phase of life in Georgetown and Acton, please get in touch with Rosanne. Enjoy the summer and all the activities that are available.

*Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown. She can be reached at [freeflo@sympatico.ca](mailto:freeflo@sympatico.ca).*

## MORE ONLINE

SIGN UP FOR OUR  
WEEKLY NEWSLETTER AT  
THEIFPCA

# Culligan Water

## Summer of Love-Your-Water SALES EVENT

# \$350 OFF

Whole Home Water Combo



*Dealer participation may vary*

5 Mountainview Rd N, Georgetown

(905) 877-6242

[www.culligan.com](http://www.culligan.com) [info@culliganwater.ca](mailto:info@culliganwater.ca)

Schedule your Free Water Test

\*Some restrictions apply. Please ask your Culligan Representative for details. Limited time offer, dealer participation varies. Based on OAC and terms.

# Mountainview

The Only Family Owned & Operated  
Retirement Home In Halton Hills.

## TERRACE BY THE GLEN

You've worked hard to enjoy retirement, now it's our pleasure to make this the best time of your life in a family, friendly atmosphere. Our residents enjoy weekly housekeeping, social meals & activities to support their independent lifestyle.

- 5+ Acre Property
- All Suites Are Private Accommodations
- 1 Bedroom Suites with Kitchenette & Large Storage Closet
- Indoor & Outdoor Activity Options
- Encouraging Social, Physical & Mental Wellbeing



## RETIREMENT HOME

222 Mountainview Road North,  
Georgetown  
905-877-1800

[www.mountainviewresidence.com](http://www.mountainviewresidence.com)

