



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### LOSS OF HEARING DUE TO NON-AGING FACTORS

Hearing loss due to aging can be compounded by other things. A few of these include noise exposure, disease and ear infections.

Hearing loss due to age and noise are cumulative. That is, hearing loss from noise exposure will be added on to hearing loss due to aging. Neither are medically correctable. There is something to be said for protecting the hearing we have left by wearing hearing protectors while doing shop work or target shooting.

Each of us reacts differently to hearing loss. We may totally or partially deny that a problem exists. Typical "denial" statements are "you're mumbling again", or "I was not paying attention" and can be a way of concealing hearing difficulties.

The Georgetown



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### OPINION

# WHAT IF NATIONAL INDIGENOUS DAY COULD TALK TO US?

COLUMNIST JOYCE JONATHAN CRONE LOOKS AT JUNE 21 THROUGH THAT DAY'S 'EYES'



JOYCE JONATHAN CRONE  
Column

June 21, is National Indigenous Day in Canada. What if this day spoke and told us a few things, what would NID say?

I am a storyteller of

sorts, a time before you existed, a time before I existed. I am not simply a token day. A day to stop and think. A day to give homage.

I am not a political agenda item, or the feather in someone's cap. I not something to frown upon and say, "here we go again!"

I am far from any of these.

I came into being in 1996, when the Governor General of Canada proclaimed me official. June 21 is the longest day of the year, the summer solstice. I am called "an observance" and not a statutory holiday in Canada.

I guess my friends, Boxing Day and Canada Day, are important enough to be given official status. I guess I am non-status. Some

things never change.

Funny though, I am a statutory holiday in the Northwest Territories.

Thank you for elevating me to such honour and respect. To tell you about my actual birth, I began in 1945 when I was first celebrated as "Indian Day" by the chiefs throughout North America.

Oh, that word "Indian" reminds me of "The Indian Act." Some things never change.

My original name was "Aboriginal Day," then I received my new name, "National Indigenous Day," in 2017. I like this name better; it sounds hopeful, that one day all Canadians will truly get to know me.

Here are some of the nations who know me. Maybe you should get to know

them, too.

Athapaskan, Slavey, Dogrib, Tutchone, Tlingit, Tsimshian, Haida, Salish, Kwakiutl, Heiltsuk, Nootka, Nisga'a, Senakw, Gitksan, Blackfoot, Káinawa, Sarcee, Peigan Cree, Chipewyan, Anishinaabe, Algonquin, Iroquois, Huron, Beothuk, Maliseet, Innu, Abenaki, Mi'kmaq, Cree, Ojibway, Saulteaux, Menominee, Nunatamiut (Ummarmiut), NunatuKavut people (Labrador Métis or Inuit-Métis) and Inuvialuit.

Excellent sites to learn and celebrate with Indigenous people of Canada.

<https://www.ictinc.ca/blog/national-indigenous-peoples-day-2022>

<https://www.ictinc.ca/blog/11-ways-to-virtually-celebrate-national-indigenous-peoples-day>

*Joyce Jonathan Crone is Mohawk, born on the Six Nations Reserve. A retired teacher, she now makes Huntsville her home.*



## Used Book Sale!

### Georgetown MarketPlace Mall

June 17: 5pm-8pm

June 18: 10am-6pm

June 19: 12pm-5pm

Gently Used Books

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Children/Youth: \$0.25-\$0.50



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