THINGS TO DO MENTAL HEALTH AND WELL-BEING SESSIONS

The Halton District School Board is hosting a series of mental health and wellbeing sessions targeted at issues of concern raised by parents/guardians.

Sessions will include: Building executive function skills in teenagers, Tuesday, April 5, 6:30 to 7:30 p.m. Supporting a child who is grieving, Thursday, April 7, 6:30 to 7:30 p.m. Black-mixed race children and identity, Wednesday, April 27, 6:30 to 7:30 p.m. Mental health, well-being and Autism Spectrum Disorder, Thursday, May 5, 6:30 to 7:30 p.m. Celebrating neurodiversity, Monday, May 9, 7 to 7:45 p.m. Supporting 2SLGBTQIA+ students, Tuesday, May 17, 6:30 to 7:30 p.m. Anxiety and depression in youth Thursday, May 19, 6:30 to 7:30 p.m.Registration for the Google Meet sessions is required, and space is limited. Parents/guardians can register by completing the information session registration form. Registrants will be emailed a link to access the event.

Closed captioning will be available in various languages.

There will be the opportunity to submit questions when completing the registration form or during the session.

Mental health experts will lead sessions.



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The IFP - Halton Hills | Thursday, April 7, 2022



Monday, April 11, 2022 at 6 p.m. via Zoom virtual meeting

To join the virtual meeting, use one of the following methods and a staff member will admit you when the item is being discussed.

Enter Zoom ID 831 0785 0476 in the Zoom app OR call 647-374-4685

The Town of Halton Hills is undertaking a comprehensive review and update of its Community Improvement Plan (CIP). The CIP is a tool of the Planning Act to encourage, accelerate and facilitate desirable revitalization and redevelopment that has clear public interest goals. The Town's existing CIP has been in place since 2010, and over a decade later, an update is required to ensure its continued use as a modern and effective economic development tool that is aligned with key strategies, goals and plans.

Please note: the Council Meeting will commence at 6 p.m. but there may be other preceding items which could impact the 6 p.m. start time for this Public Meeting. Please consult the Council agenda available online the Friday before the Monday meeting.

The purpose of this project is to:

- Tailor incentive programs that are responsive to local needs and maximize community benefits;
- Leverage strengths of the existing CIP while advancing multiple town priorities; and,
- Support existing businesses, their growth and job retention.

To date the study has achieved the following milestones:

- A Background Discussion Report, prepared by Sierra Planning and Management approved by Council on July 5, 2021;
- Extensive public engagement including consultation with internal and external stakeholder committees, subject matter experts, focus groups, and online engagement via Let's Talk Halton Hills
- A Directions Report for the draft CIP approved by Council on February 7, 2022; and
- The Draft CIP, prepared by Sierra Planning and Management.

The purpose of the Public Meeting is to:

- Provide background information on the project to date;
- Present an overview of the Draft CIP along with next steps for the project; and,
- Solicit public input on the Draft CIP for consideration into the Final CIP that will be presented to Council.

Additional information about the CIP update is available at <u>letstalkhaltonhills.ca/community-improvement-plan</u> or can be obtained by contacting Nicole Pal at 905-873-2600, ext. 2975 or via email at npal@haltonhills.ca. A copy of the related Staff Report will be available on Friday, April 8, 2022, on the Town's website at <u>calendar.haltonhills.ca/meetings</u>.