



By Cory Soal  
R.H.A.D.

## ... Lend Me Your Ears

### TWO MORE REASONS TO QUIT!

Exposure to cigarette smoke may hasten hearing loss as you grow older. Monitoring more than 3,500 people between the ages 48 and 92 for 3 years, University of Wisconsin Medical School researchers found that smokers were almost twice as likely as non-smokers to have trouble hearing. Some scientists think cigarette smoke has a toxic effect on inner-ear cells, while others believe it may constrict blood flow to the inner ear. For more information on preserving your hearing please call...

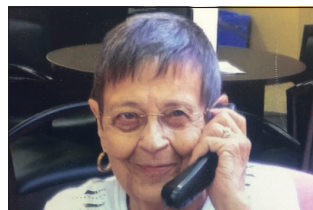
The Georgetown  
**HEARING CLINIC**  
*We care about your hearing!*  
Professional Arts Building  
99 Sinclair Ave., Suite 210, Georgetown  
**905-873-6642**

Serving the community of Halton Hills and surrounding areas since 1992

## OPINION

# HILLSVIEW CENTRE CLOSED, BUT PROGRAMS CONTINUE

WE'RE STILL HERE TO SERVE OUR MEMBERS, WRITES FLORENCE RIEHL



FLORENCE RIEHL  
Column

I was hoping to have better news to report, but unfortunately the Georgetown and Acton active living centres are closed down again.

Service delivery has shifted to virtual, telephone and curbside programming.

This will mean that our outdoor lending library will still be open for books, puzzles, movies, etc.

You may renew your

membership by filling out the renewal form and dropping off payment with a completed form in the drop box in the vestibule.

Please support the centre by renewing your membership as soon as possible.

Money for the 50/50 draw should be put in an envelope with your name on the front and dropped in the box in the vestibule.

To purchase ActiVan/Taxi tickets, call the centre at 905-877-6444. Payments must be made by credit card over the phone.

Hillsview members can sign up for free programming being offered through Art Your Service. This program offers fitness, meditation, art, trivia and socials.

The Town of Halton Hills will offer virtual fitness classes. Also available is our Wi-Fi to go. You may sign out an iPad with a WiFi stick.

As part of our health/social programs, the Food for

Life program will be offered Tuesdays and Fridays for pick up at the centre, on a first-come, first-served basis. Please call the centre for more information. Sherry and Heather are there to assist you throughout the closure and will keep you updated.

Registration for the cannabis presentation on Jan. 31 at 1 p.m. with Dr. Rattan S. Panesar of the CannaWay Clinic is now open. Please call the centre, as registration is limited.

Some changes have been made to the ActiVan and Taxi Scrip programs. You can now book seven days a week from 7 a.m. to 8 p.m. on-

line at haltonhills.ca/transit. ActiVan now offers cross boundary trips to Oakville Trafalgar Memorial Hospital and Mount Pleasant GO Station in Brampton.

ActiVan has increased the ticket price. Tickets now cost \$40 for a sheet of 10 tickets. ActiVan users can now purchase monthly passes for \$100, and receive unlimited trips.

Stay safe and healthy. We will get through all this.

*Florence Riehl is an active member of the Hillsview Active Living Centre in Georgetown. She can be reached at freeflo@sympatico.ca.*

## MORE ONLINE

SIGN UP FOR OUR WEEKLY NEWSLETTER AT THEIFP.CA

## 2021 BABY Honour Roll

Attention Parents of all babies born in the year 2021!

The price is \$35.00

+hst  
Please note that payment must be received before the photo can be in the feature.



Submit a COLOUR PHOTO along with the Baby's Full Name and Date of Birth.



The DEADLINE for Booking and Material Submissions is Friday, January 21st 2022

The PUBLICATION date is January 27th 2022

Please email photo and information to Kelli Kosonic:

[kkosonic@starmetrolandmedia.com](mailto:kkosonic@starmetrolandmedia.com) • Call: 905-873-7162

## TORONTO STAR

LIMITED-TIME OFFER!

**46% OFF**  
WEEKEND HOME DELIVERY  
NOW \$3.99\* a week for 12 months



SUBSCRIBE ONLINE: [tsoffers.ca/deal/CTSWGIFT](https://tsoffers.ca/deal/CTSWGIFT)  
OR CALL: 416-367-4500 and quote code CTSWGIFT

\*Plus HST. See full terms and conditions at [tsoffers.ca/deal/CTSWGIFT](https://tsoffers.ca/deal/CTSWGIFT). This introductory offer is not available to current Toronto Star subscribers. Offer includes the Saturday and Sunday edition of the Toronto Star Newspaper and Starweek magazine. The New York Times International Weekly and Book Review section is not included. Save 46% off the newsstand rate. Home delivery will continue after the 12-month introductory period at the regular home-delivery rate then in effect. Contact customer service at 1-800-268-9213 or 416-367-4500 to get the regular rate for your area. Payment must be made by credit card only. View our subscriber agreement at [thestar.com/agreement](https://thestar.com/agreement) and our privacy policy at [thestar.com/privacy](https://thestar.com/privacy). \*\*The \$25 Metro gift card will be delivered to you once your first payment is processed successfully. Please allow 2-4 weeks for delivery of your gift card. Refunds are not available for the value of the gift card. Subscriptions cancelled prior to the end of the subscription term will be charged back for the value of the gift card. Offer expires February 28, 2022.