



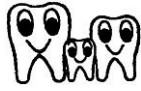
Ask the Professionals

Find local professionals here every Thursday!

For advertising information please call 905-234-1018 or email kkosonic@theifp.ca

DR. ANOOP SAYAL

Family and Cosmetic Dentistry



located in
Georgetown
Marketplace Mall

905-877-CARE (2273)



DR. ANOOP SAYAL

Q: How do I get my kids to brush their teeth?

A: You know it's important for your child's health. As a parent, you want to do the right thing. When it comes to regular tooth brushing, though, it's become a struggle just to get your child to brush their teeth.

Some parents, unfortunately, give in and allow their children to neglect good oral hygiene. Don't make the mistake! Your children should be taught very early how to brush. This can be encouraged as a regular habit by using some of the flavored children's toothpastes now available. Try to reserve brushing for the same time each day so it comes to be an expected activity. If your child still resists, make a game of it. You may even wish to pretend to be a "dentist" for your child, in the process doing the needed brushing for them. Older children may respond to a reward system that you establish.

Perhaps most important, set a good example. Your daily brushing, flossing, and avoidance of sweets will do more to develop good dental habits than anything else.

SPREADING HOLIDAY CHEER



Letitia McDougall photo

Twisters U13BB players surprised and delighted shoppers at the Food Basics plaza in Georgetown Dec. 14 by handing out gift cards. The random act of kindness was the initiative of the two team captains, with the rest of the team quickly jumping on board.

Driving under the influence: YOU HAVE EVERYTHING TO LOSE

5 things you could lose as a result of impaired driving

Getting behind the wheel after consuming drugs or alcohol can have dire consequences. Here are five things you may lose as a result of this choice.

1. Your licence

One potential penalty for driving under the influence is that your licence may get revoked. In some regions, first-time offenders are prohibited from driving for a period ranging from several months to a year.

2. Your money

In addition to getting fined for the infraction, you'll need to pay for a lawyer. You can also expect to spend more on car insurance for many years to come. Additional expenses may be involved too. Depending on the circumstances, you may have to settle up with a victim or pay into a compensation fund. You may also need to pay for a breath alcohol ignition interlock device.

3. Your clean criminal record

If you're found guilty of driving under the influence, you'll end up with a criminal record, which could complicate many facets of your life, from landing a job to travelling.

4. Your job

If your job requires you to operate a vehicle (for example, if you're a trucker, delivery person or taxi driver) you may be forced to leave it. This may also be the case if your employer demands that you have a clean criminal record.

5. Your life

Impaired driving heightens your risk of being in an accident, and if you add poor road conditions to the equation, it could make matters worse. If you get into a car crash, you could be seriously injured or killed, or you could injure or kill your passengers or other road users.

If you plan to consume drugs or alcohol, make sure you have a safe way to get home. Call a taxi, hire an Uber or catch a ride with a friend.



CARPET ONE
FLOOR & HOME

CARPET BARN & CARPET ONE
Floor and Home
The One Store For Your Perfect Floor
26 Guelph St.,
Downtown Georgetown
www.carpetone.ca
<http://carpetonegeorgetown.goldbook.ca>
905-877-9896
THREE EASY WAYS TO SHOP.

LOCKYER + HEIN LLP
BARRISTERS + SOLICITORS

A Full Service Firm, Including Civil Litigation, Family Law, Employment, Real Estate, Corporate Law, and Wills & Estates.

OFFICE LOCATIONS www.lhllaw.ca

GEORGETOWN,
8 Guelph Street
905.452.7400

Brampton Office (Main)
350 Rutherford Road S., Suite 320
905.452.7400

CALEDON EAST
15955 Airport Road, Suite 201
905.584.4545

Proud member of **B2C**
HALTON HILLS
Division of Companies

DEKER eLeCTRIC Ltd.
ESA #7003060
905-702-0515
info@dekerelectric.ca
www.dekerelectric.ca

ORDER AHEAD, PICK UP AT CURBSIDE.

JUST USE THE **M APP**

App download, registration and activation required. Curbside service available at participating McDonald's restaurants in Canada, curbside hours vary.

185 Guelph Street, Georgetown
374 Queen Street East, Acton

MARKETPLACE DENTAL CENTRE
Georgetown Marketplace Mall

Family & Cosmetic Dentistry
New Patients & Emergencies Welcome!
Asleep Dentistry Available, Teeth Whitening
Proudly Serving Georgetown Since 1994.

Located inside Georgetown Marketplace Mall
905-877-CARE (2273)
georgetowndental.com