

# HIGH SEASON SHOULDN'T MEAN HIGHER RATES



**Metroland Parcel Services** delivers packages for large-scale businesses to over 3.5 million Ontario households – without price hikes during peak season. If that, plus reliable, affordable and timely delivery sounds good to you, get on board.

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[metrolandparcelservices.ca](https://www.metrolandparcelservices.ca)

 save.ca

## Cut out paying more

Your only destination for more coupons, more flyers, more savings.

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Save \$1.00 on any Nature's Bounty product



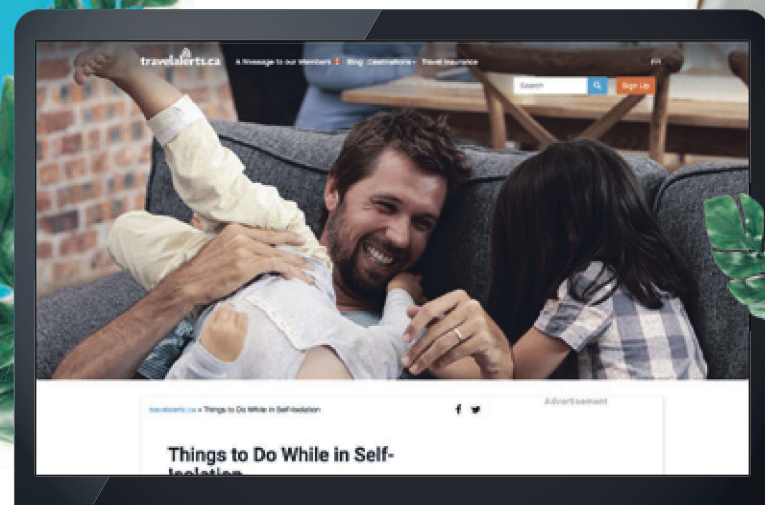
Scan to get coupons

[save.ca/coupons](https://www.save.ca/coupons)

# Stay Inside. Stay Informed.

As the COVID-19 pandemic continues to unfold, we will be making some changes to our website and newsletter. In regards to Canada's federal government advising against all unnecessary travel, we will not be promoting any flights, travel deals and travel packages until further notice.

But, just because our travel deals have been put on hold, our team is dedicated to providing YOU, our amazing subscribers, with inspiring and informative blog content during this time! If you haven't done so yet, please sign up for our weekly newsletter so we can keep you up to date!



**Please Visit [Travelalerts.ca](https://www.travelalerts.ca) for fresh travel content, exclusive tips and more!**

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